

કચ્છીય શિક્ષણ અને કૌશલ વિકાસ સંસ્થા (કચ્છીય)

ક્રિયાઓની અમલીકરણ સૂચનાઓ (Activity Implementation Guideline) જુન, ૨૦૧૪



કચ્છીય શિક્ષણ અને કૌશલ વિકાસ સંસ્થા (કચ્છીય)
કચ્છીય શિક્ષણ અને કૌશલ વિકાસ સંસ્થા, બ-૪/૧૯, અમી મુલ સર્કલ, ગજવડ, જીવડ-૧૨૦૭
સંપર્ક: ૯૬૬૬૬૬૬૬

fugKv

Rj evqy cwieZB GKk kZtKi GKuW AbZg enkK SgK | Rj evqy cwieZBbi cfvte wetkji qWZMÖ-t`kmgñi gta` ersjv`k AbZg | Rj evqy cwieZBbi qWZKi cfvtei cKkuz I we-wZ mWKFvte tgvKvtejvi Dti`tk MYcRvZSg ersjv`k miKvi ersjv`k KvBtgU tPA ÷vUuR GU GvKkb cwb (weWmGmGwc), 2009 cVqb KitiQ | cieZBZ 2010 mtj miKvi weWmGmGwc ev-evqtbj j`q` Dbqb mnthvMx t`kmgñi Avw_R mnvqZvq GKuW Znvej Mvb Kti hv ersjv`k KvBtgU tPA tiwvj tqY dvU (weWmAviGd) bvtg cwi vPZ | weWmAviGd-Gi MfubS KvDwYj GbuRI t`i gva`tg ev-evqtbj Rb` eivl KZ 10 kZvsk A_cwi Pvj bvi `vqZj c jx-Kg@mnvqK dvDtekb (vctKGmGd)-Gi Dci b`-KitiQ | GB j`q` vctKGmGd, KugDibul KvBtgU tPA cR± (wmmwmc) bygK GKuW cKri MhY KitiQ | wmmwmc Rj evqy cwieZBbi wefc cfvte tgvKvtejvq `wi` RbMvxi AwfthvRb qgZv epxi j`q` Kvr KitiQ | cKti i Dti`k` ARBKi vctKGmGd GbuRI mgñi gva`tg GKuW KvhKi Abj vbfvEK Aww_R e`-vcbv cZov KitiQ | Rj evqy SmKcY Gj vKvq mgvRwfEK AwfthvRb Kvhfmgmgn Znvej mieivn Ges vctKGmGd-Gi msvMvbK `qZv Avil tRvi`vi Kivi t`q` cKri w ubtm`tn GKuW bZb gviv thvM Kite | cU_wgKfvte, cKri w j eYvZv, Liv I ebv Avmvs-wZbul cAvb Rj evqy SmKcY Gj vKvq Kvr KitiQ |

cU_wgKfvte AvMhx GbuRI mgn nZ Dc-cKti i msvqB avi YvcI MhY Kti hvPvBceR ubevPZ GbuRI t`i KvQ we-wi Z cKri -cUvebv Avnevb Kiv nq | D3 cKri cUvebv mgn chqj vPbv mvtct`q t`Lv hvq th cUq cZwU c`vebvZB emZ wFuv DPkiY, `v`m=sZ j`wUv wbgfY, cWdgñi Mfxi I AMfxi bj Ke `vcb, KugDibul wUdel tqj cWdg (mvavi Y), tmPi Rb` Mfxi bj Ke, Zviv cvu/Wvc tmU cvu, cKri cptLbb, DcKj xq Gj vKvq num cvj b, emZwFuv Avtkcvtk evmK ev JIwa MvQ tivcY, QvMj cvj b, Aa@Avex cxwZtZ gj wM cvj b e`-vcbv, cU m`vU wd`evi, cwi tek evUe Dbz Pj v, KuKov Pvl, cU kbx Lvgi, tmjvi tnvq wmt`g, tKtPv mvi Drcv`b BZ`w` KgRvE itqtQ | G chqj dvDtektbi Af`siY cKri cUvebv chqj vPbv I tbtMwmtqktbi Rb` MwZ KugwU KZK wmxvS-MvxZ nq th wmmwmc Gi Avl Zvq ev`ewqZe` mKj KgRvEK mggvb ev ÷vUvi WBR Kivi Rb` GKB aiti bKkv ev gWj cVqb I wbt`kbv cUvb Kiti Zv cwi exqY, chqj Y Ges e`-vcbv mnR nte | G tcvvctU cKri e`-vcbv BDubU (wmmwmc) msvk`-wefbemi Kwii I temi Kwii ms`vi mv` Avtj vPbv mvtct`q I `Bw be`wc KgRvj vi wfvEz cUg `dvq wFuv DPkiY, cwi evi wfvEK `v`m=sZ j`wUv wbgfY Ges wUdel tqj i cWdg`Gi GKuW bKkv c`Z KitiQ | Dti` th, gwU ai b, RvqMvi AvqZb, mtevP ebvi D`PZv, Avgv` i t`tk e`eUZ `v`m=sZ j`wUv ai b, cUzkj Avenl qvq wUtk `vKvi qgZv, mtevP e`envi I cwi tek evUe chvS, KugDibul Mo AvKvi, m`e` e`envi Kvixi mSLv, Ges tmB mv` thSvK Lipi velq BZ`w` wetePbv Kti Ges wetklAMtYi gZvGZ I D3 Gj vKvi e`w`eM` mv` Avtj vPbv wfvEz GB wbt`Rbv cUv Kiv nqtQ |

Dti` th GwU GKuW cwieZBkj WKtgu hv wefbwmq ev`eZvi AvtjvK cwieZB I cwieaB nZ cvti Ges GZmsvS-th tKvb gZvGZ mv`ti MhY Kiv nte |

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mvavi Y vbt` Rbv

1. th tkvb KgrvE`ii`i cte`Aek`B ckr`i ev`evqb BDvbtK (wGgBD) AevnZ KitZ nte Ges ckr`Rtb Abtgv`b vbtZ nte|
2. GB vbt` kkv einfZ tkvb vsvs-vbtZ ntj ev KivR KitZ ntj Aek`B vmmimic Gi ckr`i ev`evqb BDvbtUi ce`Abtgv`b vbtZ nte|
3. vmmimic-Gi ckr`i ev`evqb BDvbtUi vbt` Rbv tgvZvteK mvBtevW`Zwi KitZ nte|
4. vmmimic ntZ vbgZe` cZvU AeKvVtgv Mvtq Omimimic, wctKGMgd0 tj Lv_vkZ nte thb Zv`k`gvb I tUKmB (tLv`vB Kti ev vUtb i tct#) nq|
5. thtkvb AeKvVtgv vbgvYi tqt` vbgZe` AeKvVtgv `vbi `vqxZi Kgctq 10 eQi nte tm wltq `i`Zi c0vb KitZ nte|
6. th mKj cwi evi wvfbems`v t_tK cte`GKB aitbi mjev tctqt0 hv eZvrb `k`gvb tm mKj cwi evi vmmimic ntZ A_vqbkZ Dc-ckr`i i Dckvi tfvMx vntmte wPvYZ Kiv hvte bv|
7. Dc-ckr`i ntZ c0weZ tkvb kvhpvg Abtkvb ckr`i ev ms`vi kvhpvtgi mv_t`tkvb Ae`vZB **Overlapping** ev **Duplicaiton** nte bv|
8. kvgdvbtU tgvkvbRg `Zwi i tqt` Dckvi tfvMx`i Aw_R msuk0Zv_vkZ nte/ `vqxZi avi Yv `Zwi KitZ nte|
9. mKj ckr`i vtqi tqt` vmmimic-Gi mq vbt` kkv AbvniY KitZ nte|
10. `vbxq RbtMvxi m0vZvq Dckvi tfvMx vbevPY KitZ nte|
11. vmmimic KZR Abtgvw`Z evtRtU vmmimic Astki E0Z At`P AvZwi 3 LiP Kiv hvte bv|
12. ckr`i i cwi ki bv Abhvqx Dckvi tfvMx`i c0qvRbxq ckr`iY w`tZ nte|
13. Avq evxgj K KgrvEi Pj wZ gj atbi (QvMj /gvvM/ nvm tkbv eve`) Rb` c0qvRtb mntvMx ms`v t_tK qz` FY tbqv thtZ cvti |
14. QvMj i tqt` Kgctq 2wU I num-gj vMi tqt` 20wU c0vYm0` cvj b KitZ nte| gvPv/Ni c0vZtZ I Ab`vb` Kwii Mvi mrvqZv Dc-ckr`i ntZ t`qv nte|
15. GKB Dckvi tfvMxK GtKi Awak Avq evxgj K KgrvE` c0vb Kiv hvte bv|
16. mKj tqt` Dckvi tfvMx chvq Askx`vii Z; vbt0Z KitZ nte Ges Zv my`u0fvte wj wceX KitZ nte| KgrvE` Dckvi tfvMxi Aw_R AskMbtbi tqt` UvKvi cwi gvY ms`vc0Z mybw`0_vkZ nte|
17. th tkvb KgrvE` ev`evqtb i tqt` Dckvi tfvMx A_ev kvgdvbtUi mv_t` KgrvE` ev`evqtb `vq`vqxZi `vqxZi I kZv` my`u0ki tbi Rb` mgtSvZv Pw` tqt`i KitZ nte|
18. tkvb Dc-ckr`i ev`evqtb i evtRU GB MvBWj vBb tgvZvteK BDvbtU LiP Kg`tevk ntj vmmimic0i Abtgv`b mvctq` Dckvi tfvMxi msL`v evx/nvm Kiv hvte| vmmimic0i ce`btgv`b mvctq` tgvU evtRU Acvii eZvZ` ti tL thsv`K Kvi tb AvstLvZ mgsq` Kiv hvte|
19. Dckvi tfvMxK bM` A`c0vb (QvMj /gvvM/nvm cvj b, KivKov tgvUvZvRvKi Y, c0k`Pv Lvqvi, Fvq`Kt`vut`-i Ges Avq ea0gj K KgrvEi Rb` c0vR`)

bM` c0vbi tqt` ckr`i t_tK Aw_R mrvqZvi m0ze`envi vbt0Z Kivi j`q` QvMj /gvvM/nvm cvj b Ges Avq ea0gj K KgrvE` ckr`i i b`v Ges vbt` Rbv Abhvqx gv chvq mWk fvtv ev`evqZ/`wcz nt`Q wK bv wltqvU mmeR Z`vi wK I `YMZgvb wAvBic vbt0Z Kite| Dckvi tfvMxK bM` gvj vgvj vtq wAvBic0i KgrZwY mrvqZv Kite, Gtqt` KgrvE` ii` Ges KgrvE` m0vbnlqvi ci `YMZgvb hvPvB ceR Dckvi tfvMxK c0hvRtbi vbt0L GKvwaK wKv`Z UvKv c`vb Kiv thtZ cvti | tkvb Aw_R Avbqg M0YthvM` bq|

emZwFUV DPkiY

b`x wetašZ evsj vt`tk eb`v mgm`v GKwU mvariY welaq ntj l Rj evqy cwi eZB l cŃKwZK Ab`vb` Kvi tY eZgvtb eb`vi
ai b, ZxeZv Ges msNUbgvŃvq wewfbæcKvi cwi eZB bi dtj gvbŃli tFvMwš-ewx tctqtQ| t`tki DEi l ga` AĀj
mewak eb`vcŃY| G Qrov t`tki` wŃY AĀtj i wæ GjvKv tRvqvi-fvUvi Kvi tY cweZ nq| G mKj GjvKvi wbgæ
AĀtj i` wi` RbtMvŃx, hv`i ewo-Ni cŃqkB cwbŃZ Wte hvq Zviv GB Spki mteŃP chŃq i tqtQ| ZvB GB Spk
cŃkgŃbi j tŃŃ Ges` wi` RbtMvŃxK GB cŃKwZK wect`i mvt_ Lvc LvBŃq Pj vi Rb` wŃklĀM tYi gZvgZ Ges D³
GjvKvi e`w³etM^P ci vgtk^P wŃwĒtZ wmwmmmc cŃkt`i Avl Zvq msukŃ- GjvKvq emZwFUV DPki tYi KvR nvtZ tbcq
ntqtQ| emZwFUV DPkiY msµvš-KvgDwbU KvBŃGU tPĀ cŃRt±i (mwmmmmmc) wŃt`Kv wbgæfc:

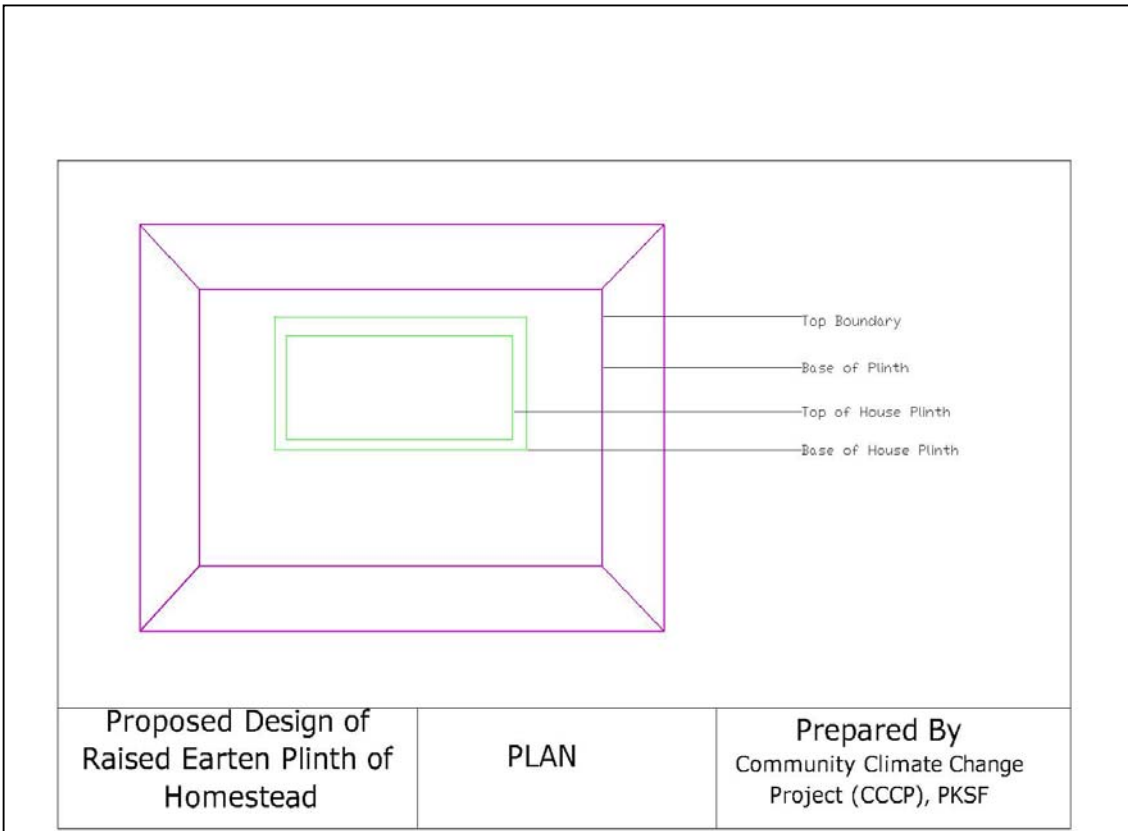
1. wŃkl tKškj x ntq GB KvŃŃg ev`evqb Ki tZ nte thb AŃŃvKZ abx tj vtKi KvŃQ AwZ` wi` DcKvi tFvMx
e`w³/cwi eviU Zvi DPkZ ewoiU wewu Kti bv t`q| Permanent migrate Ki tZ cvti Ggb KvDŃK GB
KvŃŃg Ašf^P Kiv hvtebv| KtqKwU ewo GKmvt_ „QvKvti DPzKiv ntj` wŃqZj l mnbkj Zv ewote|
2. emZ wFUV DPki tbi mKj KvR „QvFvĒK nte| cŃZwU „t`Q KgctŃŃ Pvi (4)wU ewo` vKtZ nte|
3. „QvKvti wFUV DPki tYi tŃŃŃ cŃZwU Rvgi gwj K l cŃZwbŃt` i t`tK GKwU wj wLZ e³e` wŃtZ nte hvŃZ Kti
wFUVi tLjv Ask ev DVvb mKtj e`envi Ki tZ cvti Ges fweĀ tZ Zvt`i gŃt` tKvb mvgvRK mgm`v` Zwi bv
nq|
4. emZ wFUVq Aew`Z mKj Nti tŃŃŃ dtj i KgctŃŃ wŃ_Y RvqMv emZ wFUV DPki tbi Rb` wbevŃZ nte|
D`vniY wntmte ej v hvq th, hv` emZ wFUVq Aew`Z tgvU 10wU Nti tŃŃŃ dj 1000 eMŃU nq Zte D³ emZ
wFUV DPki tYi Rb` wbevŃZ RvqMv nte 2000 eMŃU|
5. DPkZ emZ wFUVq Aek`B` v`m`šZ j`wU b, wU DeĀ tŃj, mewR Pvl l cŃYm`u` cvj tbi` vb mŃw`Ń i vL tZ
nte|
6. mKj gwU i tŃŃŃ Xvtj i gvc KgctŃŃ 1t1.5 nte A_v^P D`PZv 1 dU ntj cvtk 1.5 dU nte| Dtj` th ewj
gwU i tŃŃŃ Xvtj i gvc KgctŃŃ 1t2 w`tj Zv tenk tUKmB nte| gwU „Yv` tYi Dci wŃwĒ Kti Xvj cwi eZB
Kiv thŃZ cvti|
7. ewoi wFUV DPzKivi tŃŃŃ cŃZ 2 dU D`PZvi ci`k (10⁹) BwĀ Kti t`c ev LR i vL tZ nte (b- v AbŃvqx)|
8. Nti i wFUV DPzKivi tŃŃŃ cŃZ 1 dU D`PZvi ci`c^P (5⁹) BwĀ Kti t`c ev LR i vL tZ nte (b- v AbŃvqx)|
9. gwU KvUvi gRvi t`qvi tŃŃŃ Nb dU Ges w` bŃŃZ wntmte gRvi t` l qv hvte| Zte gtb i vL tZ nte th w` bŃŃZ
GKRb gRt`i gwU KvUvi cwi gvY thb bY`Zg 80 Nb dU nq|
10. Nti i wFUV DPzKivi mgq Nti t`gtS t`tK 1 dU bŃP cwj w`b KvMR wewŃtq w` tZ nte|
11. Nti i wFUVi Pwi cvtk 2-3 BwĀ wntgU-gwU i wgtŃYi cŃj c` w` tZ nte hv tKej ewj gwU (Pi GjvKv) Gi Rb`
cŃhvR`| wntgU-gwU i cŃj tci Rb` AwZwi³ LiP DcKvi tFvMx KZK cwi tKwAZ nte|
12. wFUV KZUKz DPzKivi tZ nte Zv wŃf^P Kite mteŃP eb`vi D`PZvi Dci A_w^R D³ GjvKvq eb`vi cwb wemZ
10/15 eŃti mteŃP` th D`PZvq DŃvŃQ wFUVi D`PZv Zv t`tK mvari YfŃte KgctŃŃ t`o t`tK` Ń dU tenk DPz
Ki tZ nte| Dtj` th wemZ 10/15 eŃti eb`vi cwb mteŃP` th D`PZvq DŃvŃQ Zv KvgDwbU tj vKt`i mvt_
Avtj vPbv Kti Ges mi KvŃi msukŃ- wŃwĒMi mvt_ Avtj vPbv Kti tmB Z` ti RŃj kb AvKvti wj wŃŃ Ki tZ nte|
13. wFUV DPki tbi ci Xvtj i Pwi w`tK` eŃNvm j vMvtZ nte|` eŃNvm Aek`B` t`o t`tK` Ń BwĀ Mfxi Kti
gwUmn tKtU Gtb Xvtj i Dci t`vcY Ki tZ nte| GQovl Xvtj i Dci ewk, Kj wMvQ, bwitKj MvQ, tLRj MvQ
mn Ab`vb` MvQ hv H cwi tŃki mvt_ hZmB Zv t`vcYKiv thŃZ cvti|
14. `eŃNvm j vMvtbvi cti wbgvqZ cwb w` tŃ cwi PhŃKi tZ nte|
15. `Ń/wZb` tŃ gwU Lp fvtj v Kti tVtm (compaction) w` tZ nte hvŃZ Kti ci eZŃZ tKvb Ask t`te bv hvq|
16. cŃZ eŃi eb`vi cwb mti hvŃ qvi cti wFUVi Xvtj i ŃwZMŃ-Ask D³ wFUVq emevmKvi x DcKvi tFvMxK wBR
DŃ`vŃM Zv tgi vqZ Ki tZ nte|

17. gwU KvUvi KvR i i "i cteAekB wmwmmwmc c0 E di tgu ciY Kti Abtgv`b wbtZ nte|
18. wFUv DPki iYi cteAekB D3 `vtbi Qwe Ztj ivLtz nte|
19. wFUv DPki iYi KvR KwL Rvgi gwU ev Dctii `fi gwU h_v mae cwi nvi Kitz nte| G tttit BGgGd Abmi bKitz nte|
20. wFUv DPki iYi tttit AekB wmwmmwmc KZR mieivnKZ b- v Abyni Y Kitz nte|
21. ewoi ga`Lvfb DPzti tL cwmb wvkwkbi Rb` Pwi w` tK c0qvRbxq Xvj ivLtz nte|
22. DPkZ wFUvq cwmb wvkwkbi e`e`v wvKUZ`' cwmbi Drtmi mvf_ msthvM Kti w` tZ nte|
23. Ni cpttvgvZ LiP Ges gwU muq Kivi tttit tKvb LiP wmwmmwmc enb Kite bv|
24. ewotZ hvTZ chfB Avtj v evZvm cvq tmw` K wetePbv Kti emZwFUvq mewR,dj` I Ab`vb` A_Rix MvQ j vMvTZ nte|
25. `vbxq RvtZi MvQ Ges thmKj MvQ dj I KvW` Bb nq tm_ tjtK clavb` w` tZ nte|
26. Z`jwvi KwgDwbwvi mvf_ Avtj vPbv mvfctt` ewoi D`PZv I MVb I Ab`vb` wcl tq wv`vS`tbqv thtz cvti |

Avw_R mrvqZvi cwi wa

i`agvI emZ-wFUv DPki iYi Rb` wbevPZ DckvifvMxi emZ-wFUv DPki iY c0qvRbxq cwi gvY gwU DfEj b LiP enb Kiv| Gi evBti i Ab` tKvb KgRvE G LvZi evtRtU eivI KZ A_`e`envi Kiv hvte bv| AtbKttttit emZ-wFUv DPki iYi mvf_ Ab` tKvb KgRvE thgb evmK MvQ j vMvb hw` hv` _vtK Zv ntj gwU KvUv I DfEj b Gi Rb` my`uó evtRU wfvRb _vKtz nte| c0ZwU emZ-wFUv DPki iY BGgGd, GmGgGd, c0KDi tguU, `vqxZi; DckvifvMx` i Askx` wvi Zi (Contribution), mvBb tevW, Rvgi gwUj Kvbr `Ej wcl qw` _i`ZmnKvti wetePbv Kitz nte|

emZwFUv DPki iYi Rb` wmwmmwmc c0 E b- v wbaifct



cwi evi wfiEK ^v^m=sZ tUKmB j^wUj

Avgt^i _vKvi Ni I Lvevi Ni thgb emoi GKuJ Acwi nvh^elq, tZgwb GKuJ ^v^m=sZ j^wUj GKuJ cwi evi i Rb^ Acwi nvh^ Avgt^i t^k Wwqvi qv GLbl wki gZi Ab^Zg c^vb Kvi Y| cuP eQti i bxp wki gZi msL^v evsj vt^k c^ZeQi c^q 7000, hvi Ab^Zg c^vb Kvi Y Awbi vc^ cwb I A^v^Ki j^wUj e^v| evsj vt^k c^Zu wki eQti Mto 3-4 evi Wwqvi qv t^vM| teik Am^Li c^Kvc gvtB teik A^LiP| mavi Yf^te ejv hvq th^wi^v GB ai^bi Am^L teik t^vM, Kvi Y cwb Ges cqtub^vkt^bi g^Zv tg^Sj K m^eav t^k Zviv ew^Z| kvi wki m^gZvB hv^i Avtqi c^vb Dm, ^wi^tgvKwej vi Rb^ my^Zvi weK^i Zv^i tB| GKuJ MtelYv t^k c^B djvdtj t^Lv hvq th^v^m=sZ j^wUj e^envi I m^c^q cwb cv^bi dtj Wwqvi qvi c^f^e 99 kZvsk Ges Avgt^i ci^f^e 90 kZvsk ch^S-Kgv^bv m^e| ZvB ^wi^Rb^Mvxi my^v^ w^vZ Ki^Yi gva^tg w^vKrmvRwbZ Li^Pi gv^v Kvg^q Rj evq^cwi eZ^bi mv^_Lvc LvBtq Zv^i Rxb I RxeKvi gvb mg^Z ivLvi j^q^| wmw^m^c c^k^i Avl Zvq ms^k^Gj vKvq cwi evi wfiEK ^v^m=sZ tUKmB j^wUj ^v^bi KvR n^Z tbqv nt^q| cwi evi wfiEK ^v^m=sZ tUKmB j^wUj ^v^b m^v^S-KvgDubiU KvBtqU t^P^ c^R^i (wmw^m^c) w^k^v w^v^c:

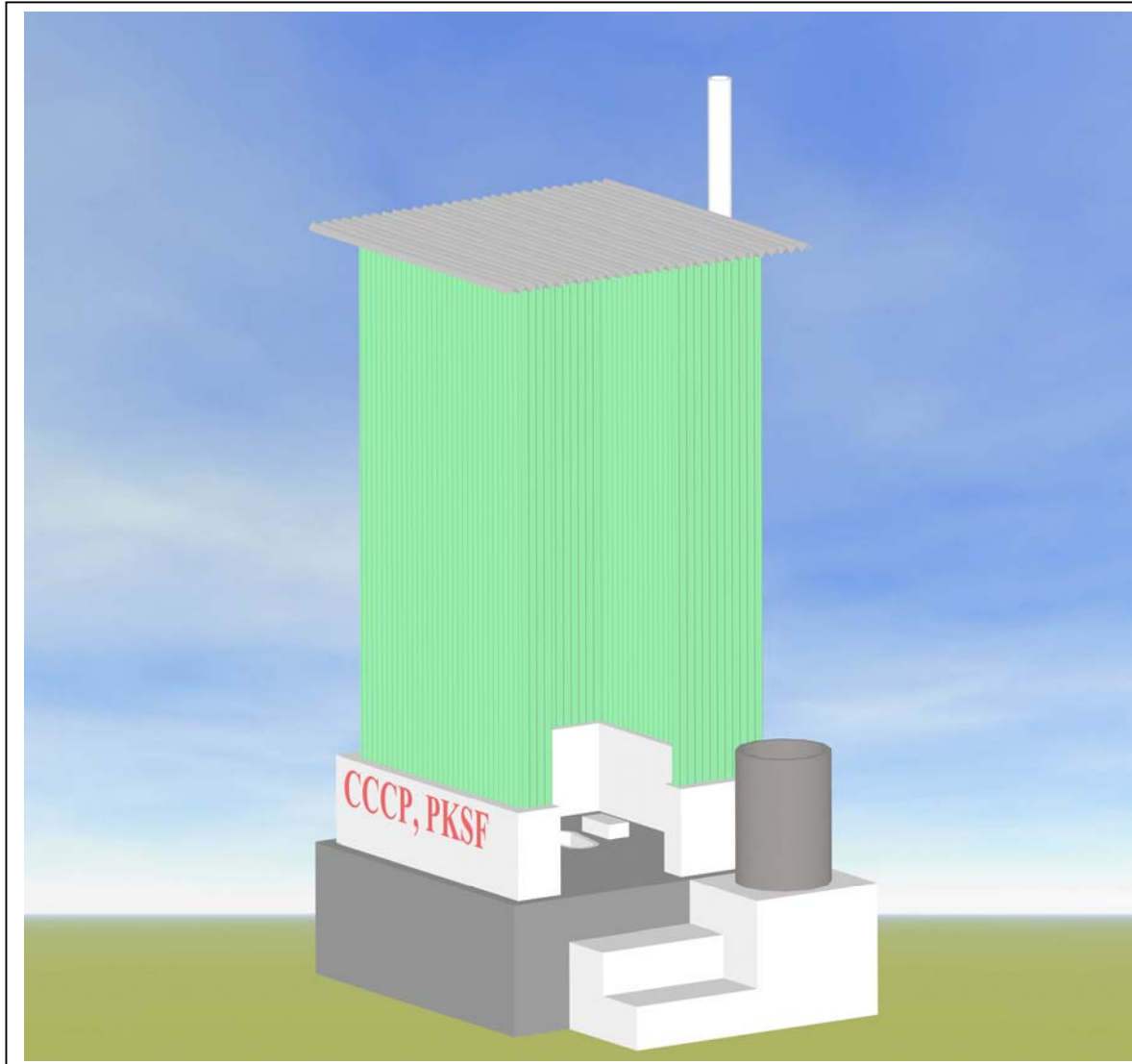
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2. c^Zu mn^hvMx ms^v wmw^m^c KZ^ mieivnKZ bKkv Abyni c^tg GKuJ g^Wj ^Zvi Kti wmw^m^c t^k Ab^gv b m^c^q| cieZ^Z Zv m^q w^k^v tgvZv^eK ev^evq^b Ki^e|
3. ^v^m=sZ j^wUj ^v^bi Rb^ w^v^Z ^vb nte emoi Lp Kv^Q thLv^b emoi g^v^v I wki iv mn^R mKj mgq (w^b I iv^Z) mn^R hvZvqv Ki^Z cv^i|
4. j^wUjbi Kqv Ges wDel t^q^i g^a^ ^Zj Kgc^q 30 dtj ivLv wetePbv Ki^Z nte||
5. tKvb Rj vkq ev Lv^j i mv^_ j^wUjbi Kqv m^hvM t^I qv hvte bv|
6. ^v^m=sZ j^wUjbi I qvUvi mxj (I qvUvi mxj n^Q j^wUjbi c^vb Ges Kqv m^hvM^j cwb Avex ivLv Rb^ GKuJ we^k^i e^v) tKvb Ae^v^ZB t^f^0 dtj v hvte bv|
7. j^wUjbi nte Ad^mU GK Kqv w^k^0 A^v^ Brvi wfiU Ges MZ^Avj v^v nte Ges cv^Bc ^vi v msh^ _vKte|
8. j^wUjbi gvc nte 4 dtj x 4 dtj x 7 dtj (D^PZv)
9. bZb tZv v g^wU^Z j^wUj Kiv hvte bv| t^q^t^ g^wU (Compaction) Kgc^vKkb w^vZ Kivi Rb^ A^Z GKuJ el^Kj AwZew^Z Ki^Z w^Z nte|
10. j^wUj ^v^bi t^q^t^ _YMZgvb thb eRvq _v^k t^w^k tLqv ivL^Z nte|
11. j^wUjbi Kw^gv ^Zvi ^Z e^uZ Kw f^v^v Kti wRb Kti Zv^Z Avj KvZiv g^wU^q i^w^k^q e^envi Ki^Z nte|
12. j^wUjbi w^Z^i GKuJ k^3 nvZ^i i e^v Ki^Z nte hv^Z Kti ex Ges m^sb m^ev g^v^v iv nvZ^i a^i I Vv-emv Ki^Z cv^i|
13. j^wUjbi t^Si Xj Ggb f^te nte hv^Z mKj cwb c^v^bi g^a^ c^o|
14. j^wUjbi Pj Ges teovi g^t^S 4-6 Bw^ dvK ivL^Z nte thb Zv evZim Pj vPj m^rvh^ Kti|
15. j^wUj mKj mgq cwb ch^BZv w^vZ Ki^Z GKuJ eo evj wZ ev U^v^4 j^wUjbi ev^i w^k^Sj ^wUj j^v^Mvqv ivL^Z nte|
16. j^wUj w^q^Z cwi^vi Ki^Z nte hv^Z Kti g^wU Dc^e bv nq|
17. j^wUjbi Kqv XvKbv tKvb Ae^v^ZB tLv^v ivLv hvte bv|
18. c^k^i Gj vKvq j^wUj ^Zvi c^e^c^tg GKuJ g^Wj j^wUj ^v^b Kti wmw^m^c t^k Ab^gv b Kti w^v^Z nte|
19. j^wUjbi e^envi w^v Ges ^v^ w^l^q m^PZbZv e^v^i Rb^ w^q^Z ^j xq Avtj vPvi e^v Ki^Z nte|

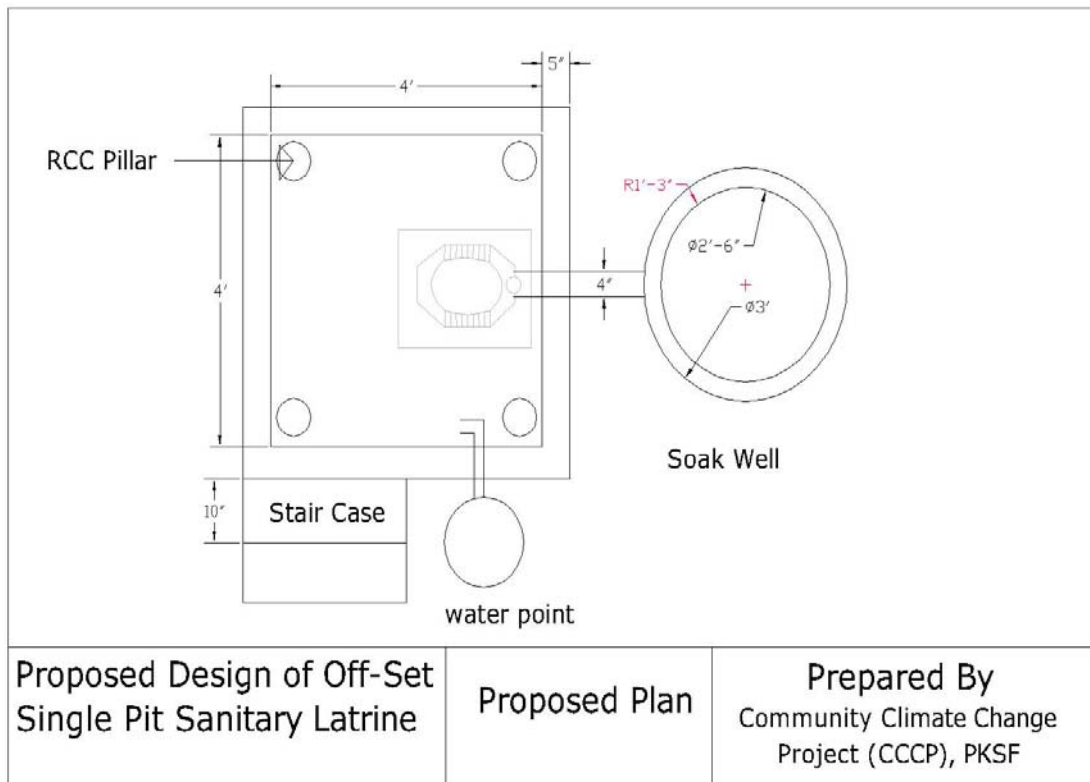
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21. g#b ivL#Z n#e th `#`m#sZ j`wU#bi PviwU %enkó` (1.gj t`Lv hv#e bv, 2.gkv-gwQ XK#e bv, 3.`M# n#e bv, 4.cwi#ek `#Y Ki#e bv) thb mKj mgq eRvq_#tK|

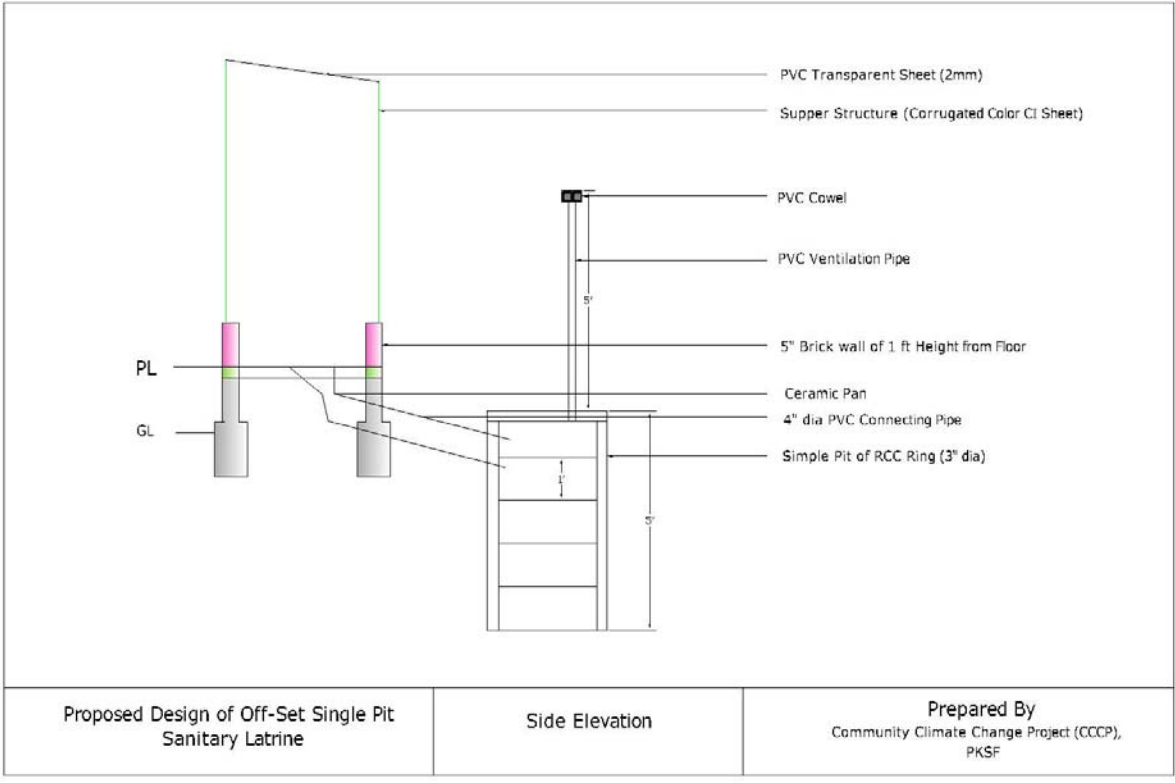
Aw_# mrvqZvi cwi wa

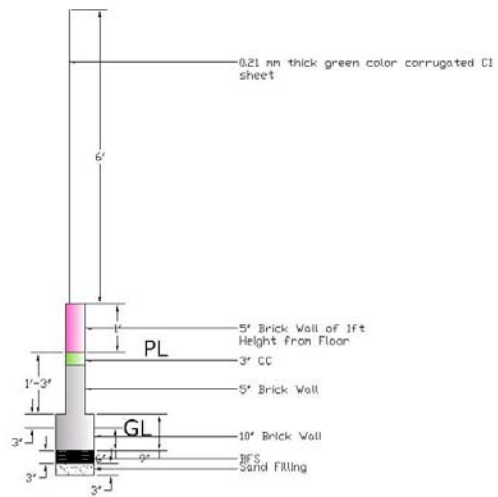
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cwi evi wfWĚK 77'm=SZ tUKmB j "vUtb Gi Rb" wmmmmmc cŃ Ě bKkv vlogie/c









Proposed Design of Off-Set Single Pit Sanitary Latrine

Section

Prepared By
Community Climate Change Project (CCCP),
PKSF

cwi evi wfWĒK ṽṽ'mṽZ tUKmB j ṽWUṽbi Rbṽ LiP wēeiYt

Specification of Activities:

- Size of latrine: 4'-0" X 4'-0"
- Type of latrine: Off Set Single Pit
- Base of sitting place: Brick structure with ceramic pan
- Super structure: Corrugated colored (green) sheet in side and corrugated semi transparent sheet in roof.
- Pit: Made of RCC ring with height of 5 feet

Sl no	Brief description of item	Unit	Quantity	Rate	Amount (Tk)
1	Earthwork in excavation of foundation trenches, including layout, by excavating earth to the lines, grades and elevation as shown in the drawing providing center lines, local bench mark pillars, fixing bamboo spikes and marking layout with chalk powder filling baskets, carrying and disposing of all excavated materials at a safe distance designated by the E-I-C in all types of soils except rocky, gravelly, slushy or organic soil, leveling, ramming, dressing and preparing the base, etc. all complete for an initial excavation depth of 2m and an initial lead not exceeding 20m, including arranging all necessary tools and equipment at work site, etc. complete as per direction of the E-I-C.	cft	79.38		
2	Sand filling in foundation trenches and inside plinth with sand (minimum FM 0.80) in 150mm layers in/c leveling, watering and consolidating each layer up to finished level etc. all complete as per direction of the E-I-C. Dry density after compaction shall not be less than 95% of MDD (STD).	cft	11.79		
3	Single layer brick flat soling with 1st class or picked bricks, true to level, camber/super elevation and grade including carrying bricks, filling the interstices tightly with sand of minimum FM 0.80, etc. all complete as per direction of the E-I-C.	sft	16		
4	Mass concrete work in foundation or floor with Portland cement, sand (minimum FM 1.20) and 1st class/picked brick chips 20mm down graded (LAA value not exceeding 40), including shuttering, mixing by concrete mixer machine, casting, laying compacting and curing for the requisite period breaking bricks into chips etc. all complete as per direction of the E-I-C. Cylinder crushing strength of concrete should not be less than 170kg/cm ² at 28 days of curing (suggested mix proportion 1:2:4). Additional quantity of cement to be added if required to attain the strength at the contractors own cost.	cft	2.79		
5	125mm brick work with 1st class bricks in cement	sft	43		

	mortar (1:6) and making bond with connected walls in/c necessary scaffolding, raking out joints, cleaning and soaking the bricks at least for 24 hours before use, washing of sand, curing for requisite period, etc. all complete as per direction of the E-I-C for all floors. (Minimum FM of sand:1.2)				
6	250 mm Brick work with 1st class bricks in cement mortar (1:6) in foundation and plinth, filling the interstices tightly with mortar, raking out joints, cleaning and soaking bricks at least for 24 hours before use, washing of sand, curing for requisite period, etc. all complete as per direction of the E-I-C. (Minimum FM of sand:1.2)	cft	7.49		
7	Minimum 12mm thick cement plaster (1:4) to dado and plinth wall up to 150mm below ground level with neat cement finishing in/c washing of sand, finishing the edges and corners and curing for the requisite period etc. all complete as per direction of the E-I-C (Sand minimum FM 1.2).	sft	82.12		
8	Wood work	cft	1.31		
9	Asian Water Closet 18 cm (long pan), size: 505x390x200mm, RAK or Equivalent	nos	01		
10	uPVC Pipe 100mm dia	ft	3		
11	uPVC Syphone	nos	1		
12	Supply of RCC Ring of 3 feet dia an 1feet height of minimum thickness 1.5 inch	nos	5		
13	RCC cover	nos	1		
14	RCC Pillar	nos	4		
15	Clamp	nos	8		
16	0.21 mm thick corrugated color (green) CI Sheet	nos	8		
17	2 mm thick corrugated uPVC transparent sheet	nos	2		
18	Nails/ Nut bolts/ Screw/ Spikes	kg	1		
19	Water supply system	LS	1		
	Total				

KingDibulUwfwEK "v"-m=sZ j "wUj (cj "l)

tLjv "vfb gj gġ Z"m Kiv cwi tek Ges "v"i Rb" gvi vZK úgwK "ġc| w"tb w"tb hw"l tLjv "vfb gj gġ Z"vMi Af"m axti axti cwi enZZ n"Q Ges mi Kwi l temi Kwi weirfbœ cKí Ges Dġ"m MhġYi gva"tg ewo ewo j "wUj "vctbi mdj Zv mġsh RbK| wekIKti mnmtā Dbqj j "ġ"gvġvq uba"wi Z j "ġ" (j "ġ" 7) ARġbi tġġġ teimK m"wbġUkb welġq evsj vġ"tki mvdj " Dġġ ġ"hvM" | wKŠ"weirfbœcKvi cġKwZK "ġhvM Ges gvbġli mġPZbZvi Afvte GB mvdġġi avivewnkZv i "ġv Kiv Avgvġi Rb" GLb meġPġq eo P"vġġġ | Dġġ ġ" th cwi evi wfwEK j "wUj Ges m"wbġUkġbi tġġġ Avgvġi mvdj "Mu v_Kġġ I KingDibulU chwġq A_ġr nvU, evRvi, Kve, "ġ BZ"v" "vfb chwġb j "wUj bv _vKvq gvbġ thgb tġvMwšġ "ġKvi nq tZgub cwi tek nq "ġvZMġ-hvi cġve wġq cġi D³ GjvKvi gvbġli "v"i Dci | Avgvġi t"tki Mġtg Aew"Z Awakvsk nvU-evRvi _ġvġZ tKvb cġKvi j "wUj _vġK bv | tKv_vl tKv_vl j "wUj _vKġġ I tm _ġġv e"envġi i AbġthvMx, hv D³ nvU-evRvġi Avmv _ġvKġi Rb" GKilU cġvb mgm"vi welq | GB mgm"vi K_v weġePbv Kġi Ges nvU-evRvi j vġMvq cwi tek i "ġv Kġi gvbġli mġ"v" vbwġZ Kiġbi j tġġ" wmwimwic cġġġi i Avl Zvq msiké-Gj vKvq "v"-m=sZ KingDibulU j "wUj "vctġi KivR nvġZ tġqv nġqġQ | KingDibulUwfwEK "v"-m=sZ j "wUj "vcb mspvš-KingDibulU KvġġU tPġ cġRġġi (wmwimwic) wġ"ġKv wġġġc:

1. "v"-m=sZ KingDibulU j "wUj "vctbi vbw"ġ RvqMv nġġv maviYZ Mġġi nvU, evRvi, "ġ ev gv"mv |
2. j "wUj "vctbi Rb" "vb wbevġġbi Rb" D³ nvU ev evRvġi i KZġġ, msiké-BDwbq cwi tġi i tPqvi g"vb ev Ab"vb" m"m"mn GjvKvi MY"gvb" e"v"eM"vġq GKilU KugilU Kġi "vb wbevġb KiġZ nġe | wbevġZ "vctbi gwġj Kvbv Ggb nġZ nġe thb D³ j "wUj mKġġi e"envġi i Rb" Dbġġ _vKġe | G welġq wġLZ GKilU P"v"bvġv _vKġġ f"vġġv nq |
3. j "wUj "vctbi Rb" wbevġZ "vb vbw"ġ KiġYi Rb" wmwimwic KZġ Abġġv" b wġZ nġe |
4. j "wUj "vctbi tġġġ wmwimwic KZġ mi ei vnKZ mġbw"ġ bKkv Abġni Y KiġZ nġe |
5. j "wUj "vctbi cġeB cwbi cġc"Zvi wel qulU vbwġZ KiġZ nġe | Gtġġġġ bj Ke "vcb, cvkġZġ cġġi i cwlb mSMġni e"v" ev tġġġ wekġl gUi Pwġj Z cvġ"ui gva"ġġ | G e"v"v Kiv thġZ cġġi |
6. j "wUġbi Kqv Ges wUDeġ tġġġ i gġa" "ġZi Kgġġġ 30 dġġ weġePbv KiġZ nġe |
7. tKvb Rj vkq ev Lvġġi mġġ_j "wUġbi Kqvi mšġhvM t"l qv hvġe bv |
8. bZb tZvġv gwUġZ j "wUj Kiv hvġe bv | tmġġġġ gwUi KgġvKkb vbwġZ Kivi Rb" AšZ GKilU elġKj AwZewvZ KiġZ w"ġZ nġe |
9. j "wUjwU Pvj j ivLv Ges i "ġbvġeġġY I tġivġġZi Rb" BRviv wfwġġZ A_ev tUKmB tKvb e"v"vq eivġ w"ġZ nġe | c"vZ Pevš- Kġi wmwimwic t_ġK Abġġv" b wġZ nġe |
10. j "wUj "vctbi tġġġġ _YMZgvb thb eRvq _vġK tmv"ġK tLqj i vLġZ nġe |
11. j "wUġbi e"envi wewa Ges "v" welġq mġPZbZv wel qK mvBġewġġ "wUġbi mvġġb w"ġZ nġe |
12. ġġb ivLġZ nġe th "v"-m=sZ j "wUġbi PviwU "ewkó"; (1.gġ t"lv hvġe bv, 2.gkv-gwQ Xġġe bv, 3."Mġ nġe bv, 4.cwi tek "ġbKiġe bv) thb mKj mgq eRvq _vġK |

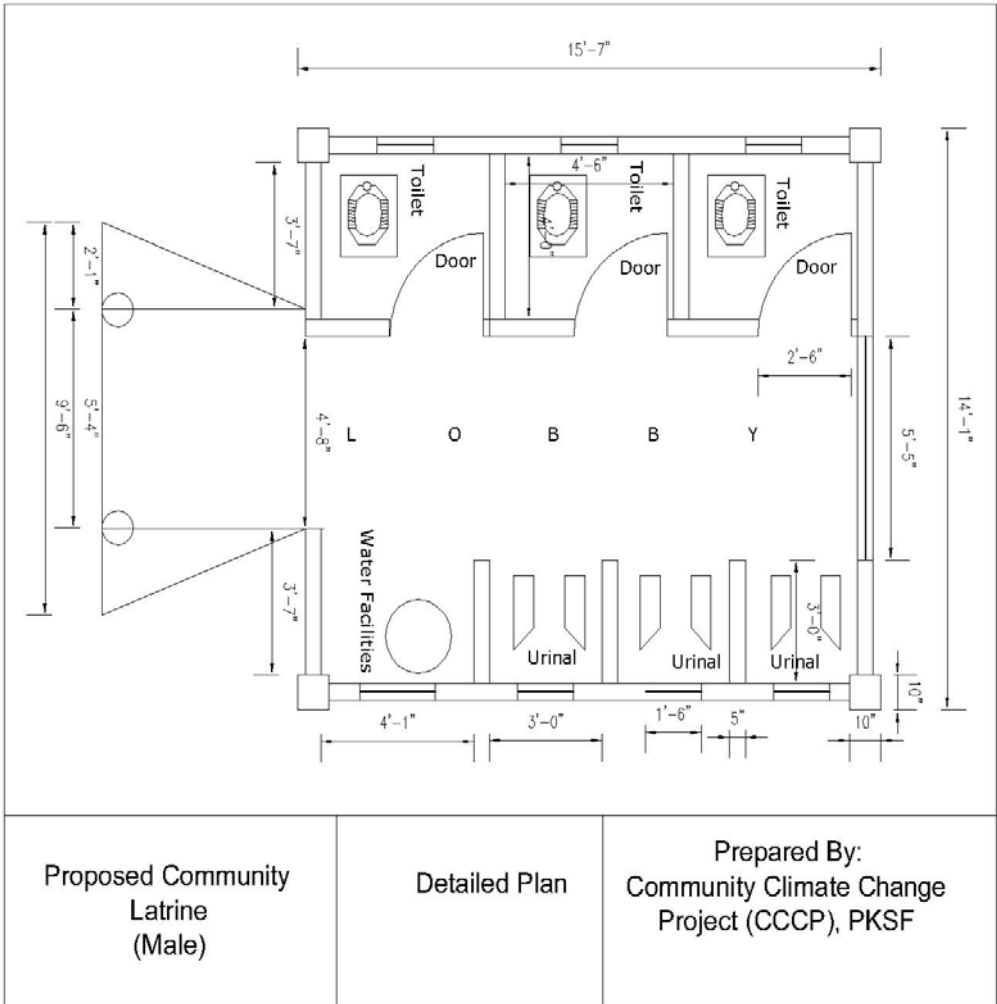
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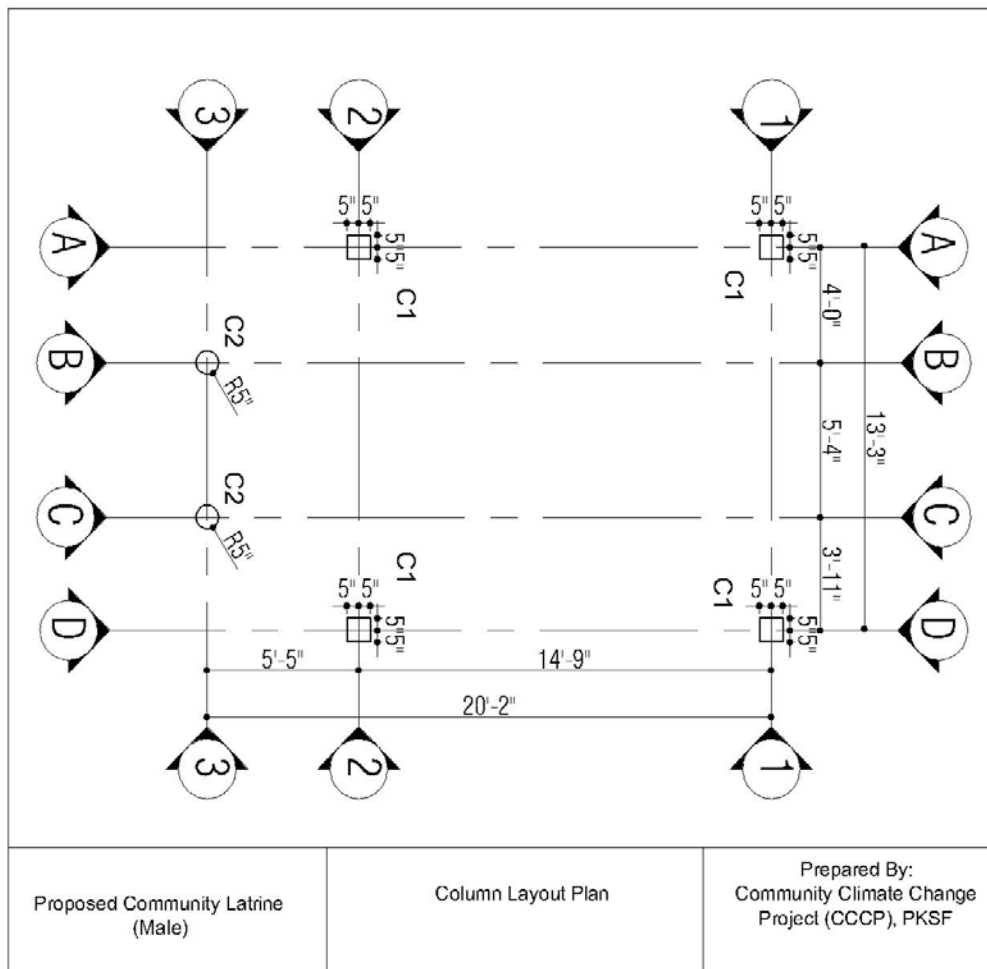
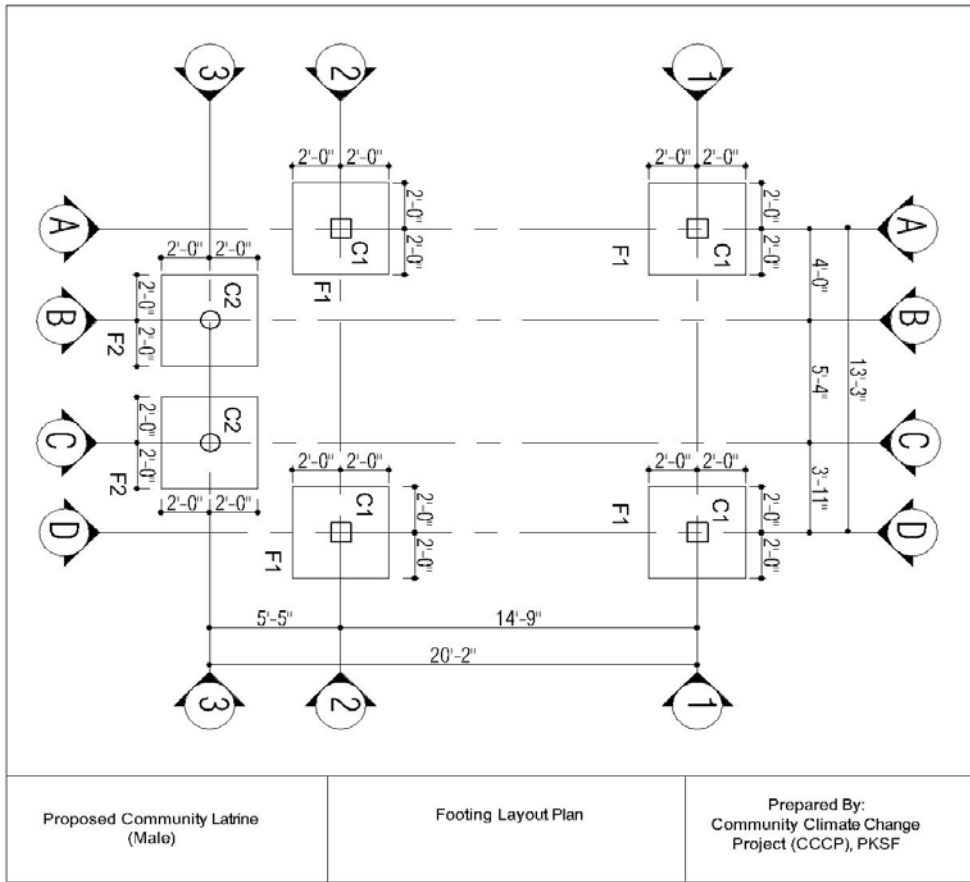
i agvġ cġġġi wRvRbB l UKubK"vj wġ"ġ Rbv Abġhvqj j "wUj wġġġ G LiP Kiv hvġe | evġRġUi AwZwi³ LiP DcKvi tġvMx/KingDibulU i Ašġ cġe | Gi evBġi tKvb Kgġvġġ cġġġi i G LvġZi tKvb A_ġe"envi Kiv hvġe bv | D³ KvġR BGgGd, GmGgGd, cġKDiġU, "vqZi; DcKvi tġvMxġi i Askx" wii Zġ (Contribution), mvBb tewW"Rwġi gwġj Kvbv "ġi wel qw" "i"ZmnKvġi weġePbv KiġZ nġe |

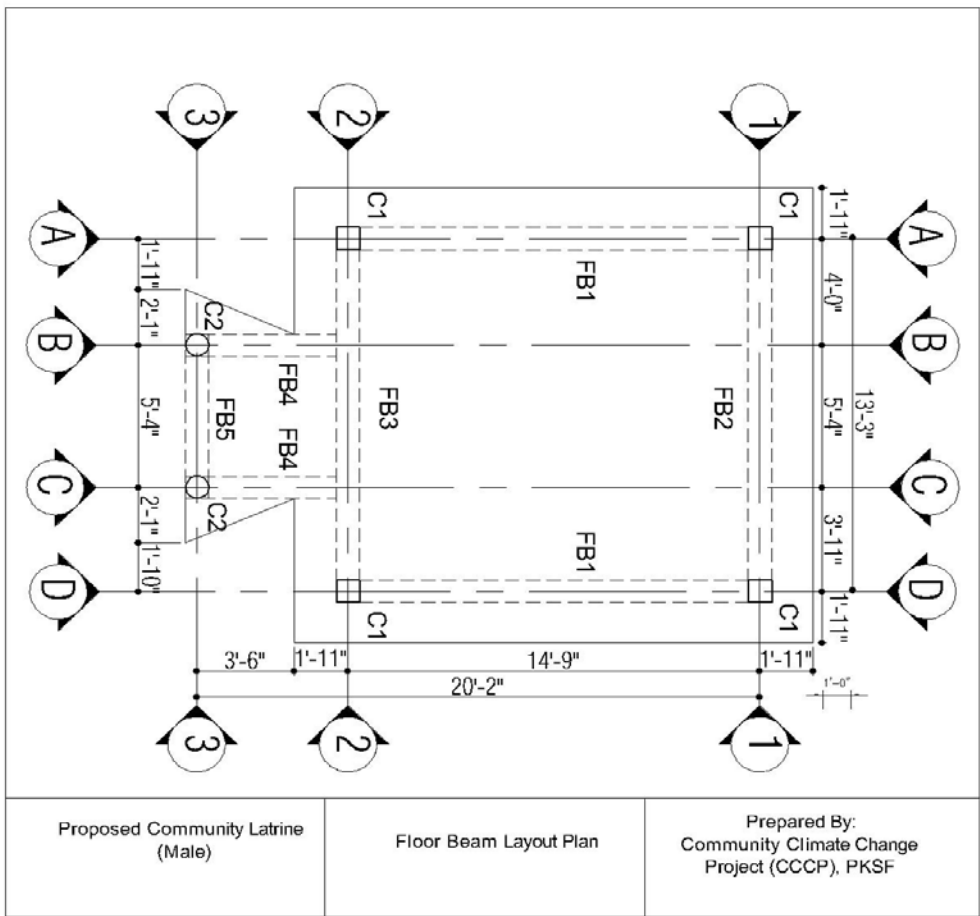
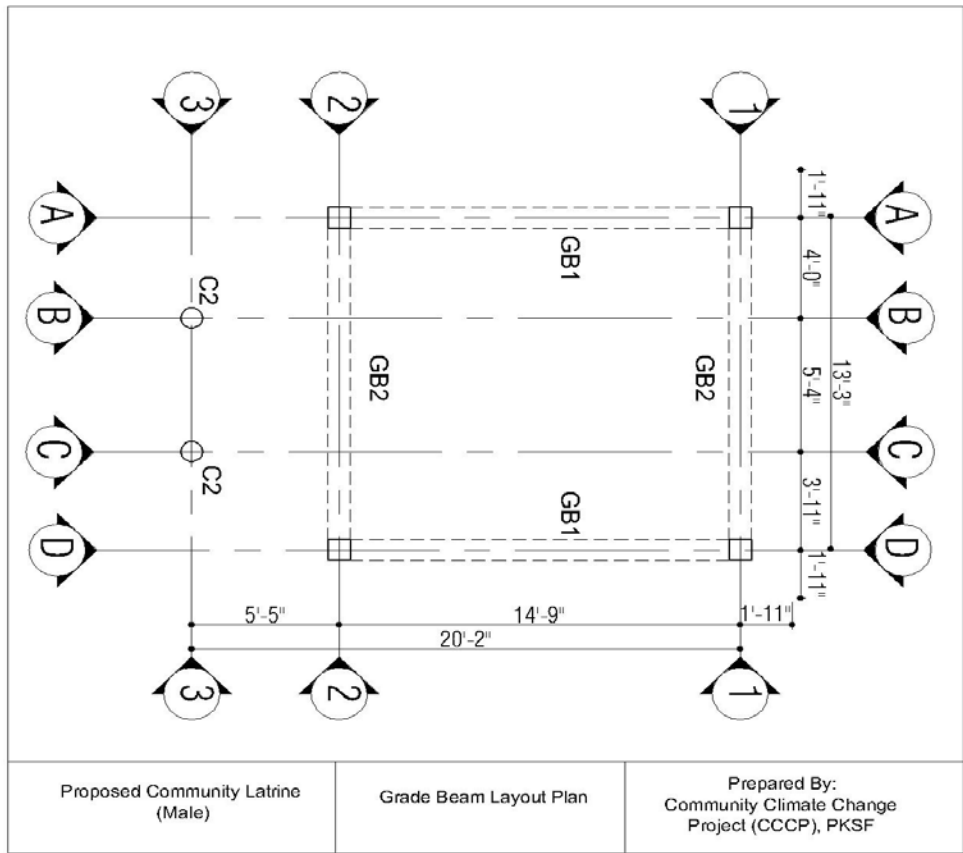
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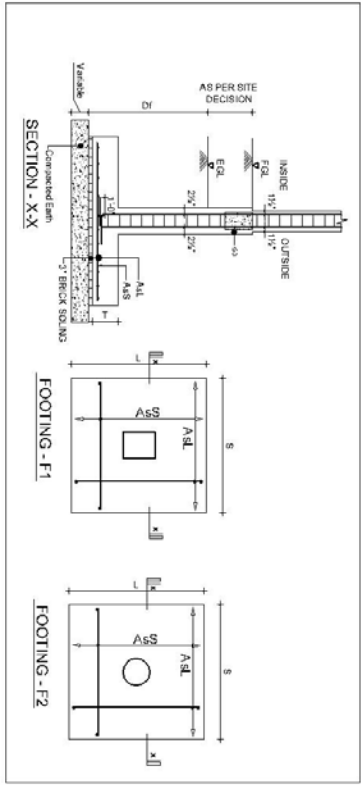












FOOTING SCHEDULE:

FOOTING INDEX	FOOTING SIZE			FOOTING REINFORCEMENT		SLAB THICKNESS
	L	S	DI	As	As'	
F-1	4'-0"	4'-0"	4'-0"	16 mm Ø @ 6.5" C/C	16 mm Ø @ 6.5" C/C	12"
F-2	4'-0"	4'-0"	4'-0"	16 mm Ø @ 6.5" C/C	16 mm Ø @ 6.5" C/C	12"

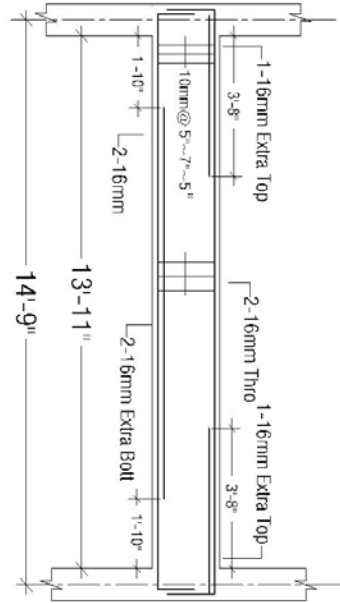
COLUMN SCHEDULE

COLUMN INDEX	COLUMN DIMENSION		COLUMN REINFORCEMENT UP TO ROOF	COLUMN TIE SPACING	COLUMN TIE PLACEMENT
	BELOW F.G.L.	ABOVE F.G.L.			
C-1	13" x 13"	12" x 20"	4-18Ø	5" - 7" - 5"	
C-2	D 13"	D 10"	4-18Ø	5" - 7" - 5"	

Prepared By:
Community Climate Change Project (CCCP),
PKSF

Detailed Drawing of Footing and Column

Proposed Community Latrine
(Male)

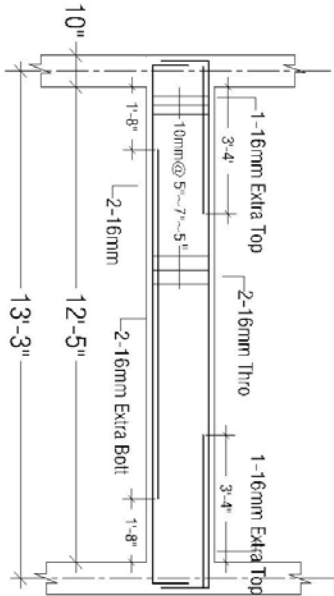


Grade Beam - GB-1 (10" X 15")

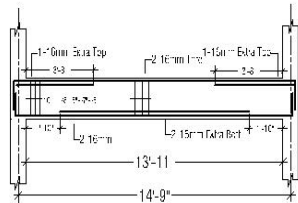
Prepared By:
Community Climate Change
Project (CCCP), PKSF

Detailed drawing of Grade
Beam

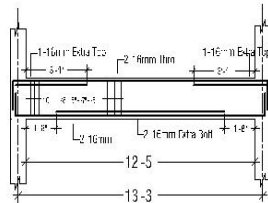
Proposed Community Latrine
(Male)



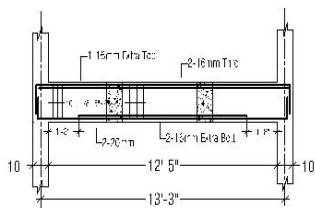
Grade Beam - GB-2 (10" X 15")



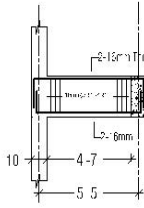
Floor Beam -FB-1(10"X15")



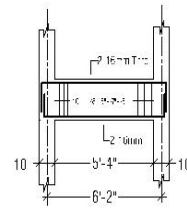
Floor Beam -FB-2(10"X15")



Floor Beam -FB-3(10"X15")

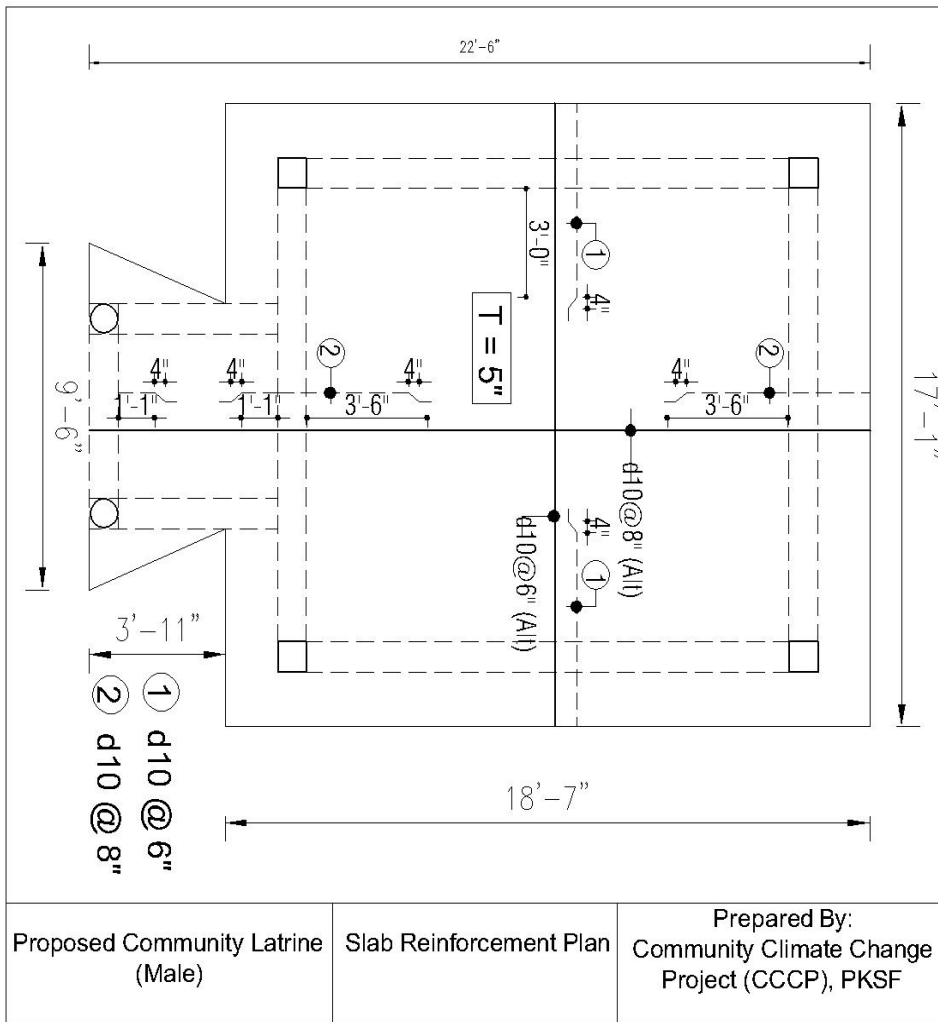


Floor Beam -FB-4(10"X12")



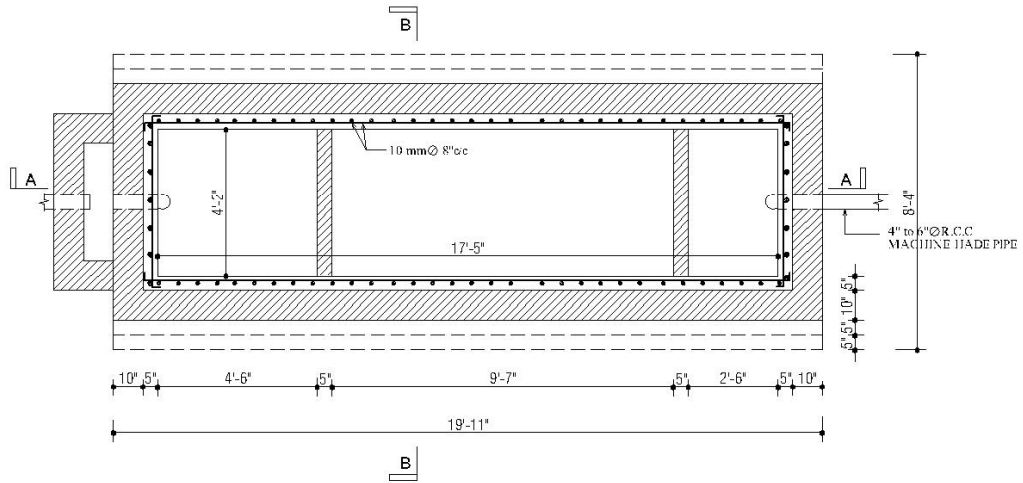
Floor Beam -FB-5(10"X12")

<p>Proposed Community Latrine (Male)</p>	<p>Detailed Drawing of Floor Beam</p>	<p>Prepared By: Community Climate Change Project (CCCCP), PKSF</p>
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100 USER HOUSE HOLD SEPTIC TANK

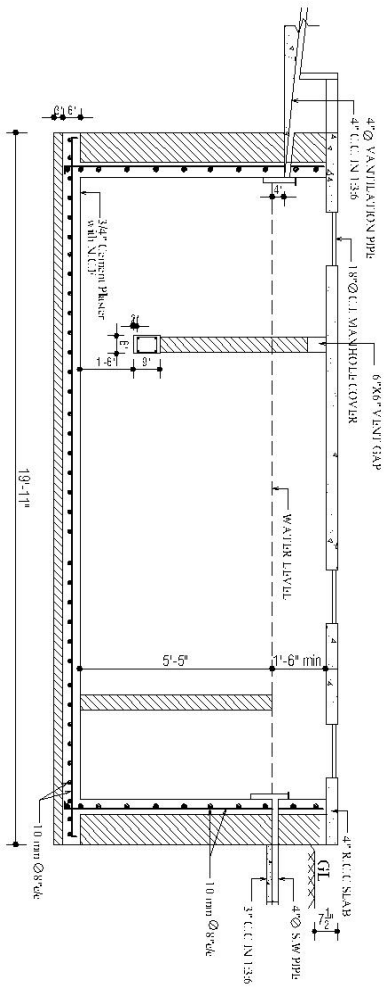
NO OF USER (HOUSE HOLD)	L CLEAR	B CLEAR	D-LIQUID DEPTH	CUBICAL CONTENT
100	17'-5"	4'-2"	5'-5"	450 CFT



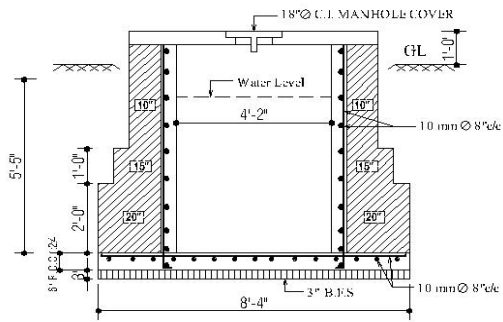
Septic Tank of Proposed
Community Latrine
(Male)

Detailed Plan of Septic Tank

Prepared By:
Community Climate Change
Project (CCCP), PKSF



<p>Septic Tank of Proposed Community Latrine (Male)</p>	<p>Detailed of Section A-A</p>	<p>Prepared By: Community Climate Change Project (CCCP), PKSF</p>
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<p>Septic Tank of Proposed Community Latrine (Male)</p>	<p>Detailed of Section B-B</p>	<p>Prepared By: Community Climate Change Project (CCCP), PKSF</p>

KingDibwU wfwEK ^f"m\$Z j "wU#bi (cj"l) Rb" LiP weeiYt

Sl no	Brief description of item	Unit	Quantity	Rate	Amount (Tk)
Section A					
1	Providing Layout and carry over Bench Mark (BM) at site from nearby BM pillar, demarcating property lines, existing ground level (EGL), formation ground level (FGL), highest flood level (HFL), plinth level (PL). Setting and marking all pillars, markers, pegs etc. showing and maintaining reduced levels (RLs) including locating, establishing, protecting all public utilities within the premise of work and finally all to be presented in black and white etc. all complete as per direction of the E-I-C.	sft	348		
2	Earthwork in excavation of foundation trenches, including layout, by excavating earth to the lines, grades and elevation as shown in the drawing providing center lines, local bench mark pillars, fixing bamboo spikes and marking layout with chalk powder filling baskets, carrying and disposing of all excavated materials at a safe distance designated by the E-I-C in all types of soils except rocky, gravelly, slushy or organic soil, leveling, ramming, dressing and preparing the base, etc. all complete for an initial excavation depth of 2m and an initial lead not exceeding 20m, including arranging all necessary tools and equipment at work site, etc. complete as per direction of the E-I-C.	cft	600		
3	Sand filling in foundation trenches and inside plinth with sand (minimum FM 0.80) in 150mm layers in/c leveling, watering and consolidating each layer up to finished level etc. all complete as per direction of the E-I-C. Dry density after compaction shall not be less than 95% of MDD (STD).	cft	335		
4	Single layer brick flat soling with 1st class or picked bricks, true to level, camber/super elevation and grade including carrying bricks, filling the interstices tightly with sand of minimum FM 0.80, etc. all complete as per direction of the E-I-C.	sft	270		
5	Mass concrete work in foundation or floor with Portland cement, sand (minimum FM 1.20) and 1st class/picked brick chips 20mm down graded (LAA value not exceeding 40), including shuttering, mixing by concrete mixer machine, casting, laying compacting and curing for the requisite period breaking bricks into chips etc. all complete as per direction of the E-I-C. Cylinder crushing strength of concrete should not be less than 170kg/cm ² at 28 days of curing (suggested mix proportion 1:2:4). Additional quantity of cement to be added if required to attain the strength at the	cft	50		

	contractors own cost.				
6	125mm brick work with 1st class bricks in cement mortar (1:4) and making bond with connected walls in/c necessary scaffolding, raking out joints, cleaning and soaking the bricks at least for 24 hours before use, washing of sand, curing for requisite period, etc. all complete as per direction of the E-I-C for all floors. (Minimum FM of sand:1.2)	sft	578		
7	Reinforced cement concrete works (1:2:4) having minimum cylinder crushing strength 170kg/cm ² at 28 days with Portland cement, best quality coarse sand (50% quantity of sand of minimum FM 1.2 and 50% quantity of coarse sand of minimum FM2.5) and 20mm down graded picked brick chips in/c breaking chips and screening, centering, shuttering, making shuttering fully leak proof (shuttering with plain 28/26 BWG steel sheet fitted over 38mm thick wooden plank panels suitably braced), placing of rod in position, mixing the aggregates with mixer machine, pouring, casting, compacting by vibrator machine and curing at least for 28 days (excluding the cost of reinforcement and its fabrication) etc. all complete as per direction of the E-I-C.	cft	429		
8	Supplying and fabrication of M.S High strength deformed bar/ Twisted bar reinforcement of required size and length for all types of RCC work in/c straightening the rod, removing ruts, cleaning, cutting, hooking, bending, binding with supply of 22 B.W.G. GI wire, placing in position, in/c lapping, spacing and securing them in position by concrete blocks (1:1), metal chairs, etc. complete in/c cost of all materials, labour, local handling incidentals necessary to complete the work as per specifications, drawings and direction of the E-I-C. (Measurement will be based on standard weight of 490 lbs/ft ³ . Chairs, laps and separators will not be measures for payment. The cost of these remains inclusive in the unit rate)	kg	1362		
9	Minimum 12mm thick cement plaster (1:4) to dado and plinth wall up to 150mm below ground level with neat cement finishing in/c washing of sand, finishing the edges and corners and curing for the requisite period etc. all complete as per direction of the E-I-C (Sand minimum FM 1.2).	sft	100		
10	Minimum 12mm thick cement plaster (1:6) to wall both inner and outer surface, the corner and edges in/c washing of sand cleaning the surface, scaffolding and curing for the requisite period etc. all complete as per direction of the E-I-C (Sand minimum FM 1.2).	sft	2000		
11	Supplying, fitting, fixing and installation of ordinary type MS gate (double leaf) with 38mmx38mmx6mm MS angle frame, top and bottom parts provided with 25mmx6mm F.I. bar placed vertically @150mm c/c and the middle part covered with 18 BWG MS sheet and fixed with four nos. 38mmx6mm F.I. bar placed	sft	45		

	diagonally and four nos. 38mmx6mm F.I. bars placed horizontally and vertically, all passing through the center as design in/c locking arrangement on 3mm thick MS plate providing 38mmx38mmx6mm MS angle clamps fitting and fixed with the outer frame of the gate, the clamp be embedded in the R.C.C. or masonry pillars with C.C. (1:2:4) in/c. cutting holes and mending good the damages in/c. riveting, welding as and where necessary, painting two coats of synthetic enamel paint over a coat of anti-corrosive paint etc. all complete as per drawing, design and direction of the E-I-C.				
12	White glazed wall tiles (RAK or equivalent Bangladesh standard)	sft	900		
13	White glazed floor tiles (RAK or equivalent Bangladesh standard)	sft	200		
14	Supplying, fitting and fixing Bangladesh pattern "BISF STANDARD" Long Pan (Model-314E, size 525mmx 295mmx 285mm, Bowl size-410mmx 225mm x 170mm or equivalent) with foot rest of vitreous China and preparing the base of pan with cement concrete and wire net or rods including making holes wherever required and mending good the damages, etc. all complete as per direction of the E-I-C	no	3		
15	Supplying, fitting and fixing "BISF STANDARD" glazed vitreous Wash Hand Basin (Model-213, size-450x405x180mm, Bowl size-375x275x136mm) including fitting fixing the same in position with heavy type C.I. brackets, 44mm dia PVC waste water pipe with brass coupling (not exceeding 750mm in length), 12mm dia plastic connection pipe with brass coupling, 12mm dia brass stop cock, 12mm dia C.P. pillar cock, 30mm dia C.P. Basin waste with chain plug including making holes in walls and floors and fitting with royal plug, screws and mending good the damages etc. all complete as per direction of the E-I-C.	no	2		
16	Supplying 25mm to 200mm dia (inside) best quality uPVC pipes having specific gravity 1.35-1.45, and other physical, chemical, thermal, fire resistivity properties etc. as per BSTI approved manufacturer standards or ASTM, BS/ISO/IS standards fitted and fixed in position with sockets head and shoes, bends, clamps and nails etc. all complete in all floors as per direction of the E-I-C.	ft	50		
17	Cement paint of approved quality and colour (Bangladesh made) from authorized manufacturer in a seal container, having highly water resistant, high bond ability, flexible in two coats Applying one vertical and one horizontal coat for each coat and successive coat is to be applied after drying up of previous coat by brush/roller/spray in/c cleaning the plinth, floors, doors, windows, portions and ventilators by washing, rubbing, as necessary and sand papering the surface and necessary scaffolding, etc. curing for the requisite	sft	1100		

	period etc. all complete for all floors i/c cost of all materials as per direction of the E-I-C.				
18	High window with thai fittings	sft	21		
19	M.S Grill with Thai fittings	sft	21.64		
20	Manufacturing, supplying, fitting and fixing collapsible gate made of 20mm x 20mm x3mm/25mmx25mmx25mm MS angle placed@112mm c/c vertically and connecting the same with each other with 20mmx3mm/25mmx3mm MS flat bar scissors 525mm/600mm long provided in three rows in/c cutting the different MS members to required sizes, fabricating welding, riveting with required size rivets, providing required size wheels, pulling candles on both sides, suitable looking arrangement and finally placing the same in position in between two nos, 50mmx50mmx6mm MS Tee rail made by welding two nos, 50mmx6mm MS flat bar fitted and fixed at top and bottom with RCC. Lintel/root slab, floors and side wall with required nos. 150mm to 225mm long 38mmx 6mm MS flat bar clamps one end welded with the gate member and the other end bifurcated and embedded in CC (1:2:4) in/c cutting holes and mending good the damages, painting two coats with approved synthetic enamel paint over a coat of anticorrosive painting etc. all completed as per drawing and design and direction of E-I-C. Collapsible gate made of 20mmx20mmx3mm MS angle as vertical member and 20mmx3mm FI bar as scissors.	sft	30.25		
Sub Total of A					
Section B					
21	Construction of Septic Tank with 125mm thick masonry works in main and partition walls in cement mortar (1:6) as per approved plan over a single layer brick flat soling and 150mm thick cement concrete flooring (1:2:4), in/c 20mm thick cement plaster (1:4) to inside of walls with neat cement finishing, 25mm thick patent stone (1:2:4) flooring with neat cement finishing including supplying fitting and fixing of two RCC Tees and providing 450mm dia water sealed heavy type C.I. M.H. cover with necessary locking arrangements, 100mm thick RCC (1:2:4) top slab with minimum 1% reinforcement including centering, shuttering, fabricating, casting, curing etc. complete upto required depth. The item is inclusive of necessary earth work in excavation and shoring, bailing out water and side filling including the cost of all materials, operations and incidental charges etc. all complete as per the approved plan and direction of the E-I-C.	nos	1		
22	Construction of soak or leaching pit including supplying and fitting of 760mm dia 38mm thick 305mm height RCC (1:2:4) ring with 3 layers of No. 10 BWG wire as reinforcement placing in position one above another at equal spacing, placing in position,	nos	10		

	filling interstices with local sand, placing pit, jointing with 1:6 sand-cement mortar, making hole to RCC ring for inlet pipe and vent pipe including all fittings and jointing including labour, site cleaning, all complete as per drawing and direction of E-I-C.				
23	Construction of masonry inspection pit with 250 mm thick brick work in cement mortar (1:4) including necessary earth work side filling and one layer brick flat soling, 75 mm thick (1:3:6) base concrete for making invert channel and 12 mm thick (1:2) cement plaster with neat finishing up to a depth of 700 mm etc. all complete and as per direction of the E-I-C.	nos	2		
24	Construction and placing of R.C.C inspection pit cover (slab) with supplying and provisions for placing, fitting, fixing 450 mm dia C.I Man-hole cover with locking/ unlocking arrangement including concrete (1:2:4) with approx. 1% reinforcement necessary earth cutting, or cleaning side filling, curing, etc. with minimum 12 mm cement plaster (1:4) and neat cement finishing on edges and top etc. all complete and as per direction of the E-I-C.	nos	2		
Sub Total of B					
Total (A+B)					

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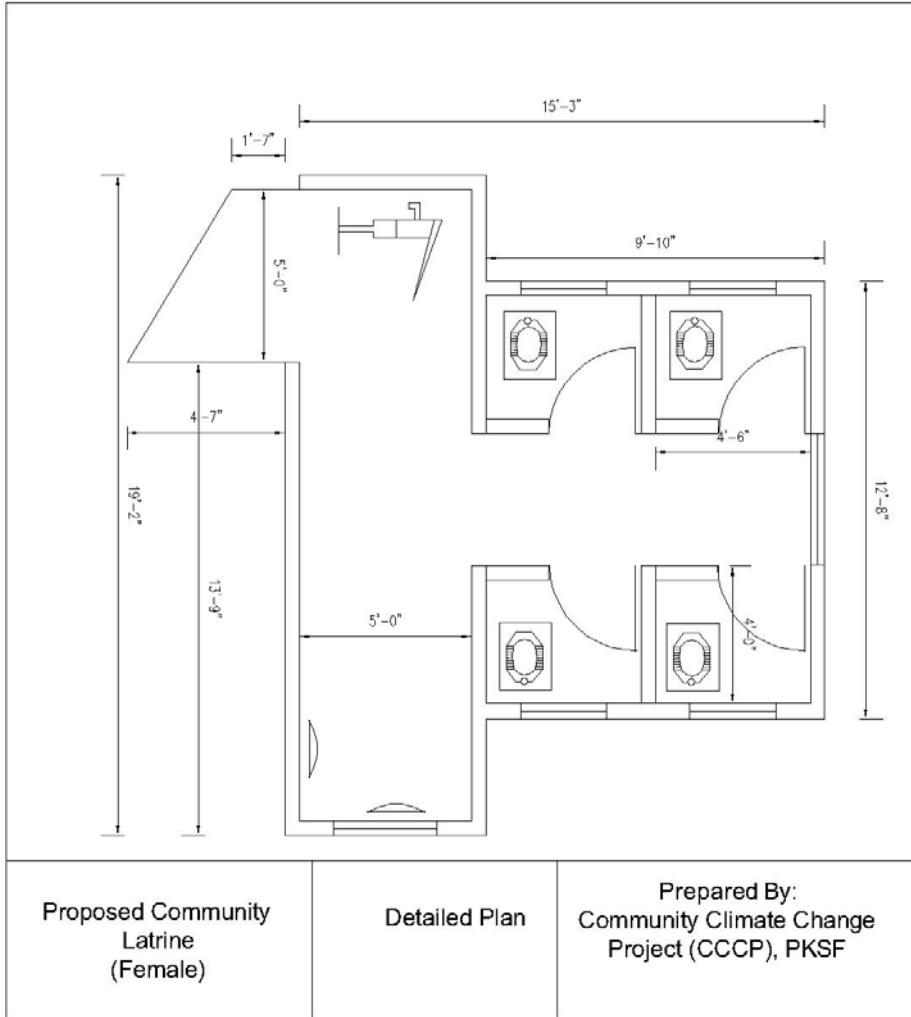
tLvj v ṽtb gj gġ Z“M Kiv cwitek Ges ṽ“i Rb“ gvivZK ūgwk ṽ“c| w`tb w`tb hw`l tLvj v ṽtb gj gġ Z“tMi Af“v axti axti cwievZŽ nt“Q Ges mi Kwi l temi Kwi weirfbœ cKĭ Ges Dġ““M MōtYi gva’tg ewo ewo j“wUtb ṽtctbi mdj Zv mtšwRbK| wetklkĭi mnmtā Dbqbj j“ġwġvq wbaŋi Z j“ġ (j“ġ 7) ARġbi tġtġi teimK m`wbUtkb wetq evsj ṽ`tki mvdj“ Dġ LġhwM“| wkS“weirfbœcKvi cōKwZK`ṽhwM Ges gvbtli mġPZbZvi Afvte GB mvdġ“i avivewnKZv i“ġv Kiv Avgvġ“i Rb“ GLb metPtq eo P“vtj Ā| Dġ L“ th cwievivwEĶ j“wUtb Ges m`wbUtktbi tġtġi Avgvġ“i mvdj“Mv_v_vKtj l KugDibulU chwġq A_ŋ nvU, evRvi, Kve, `ġ BZ“w` ṽtb chwB j“wUtb bv_vKvq gvbl thgb tŋvMwš“i wkKvi nq tZgub cwitek nq ġlvZMō`hvi cġve wġq cġi D³ GjvKvi gvbtli ṽ“i Dci| mgġq cwievZġbi mvt_ mvt_ gvbtli ms“wZtZi cwievZġ AvmtQ| msmvti i %bw`b KvtRi evBti l cwievti tgġq`i GLb Ab“vb“ KvR KiġZ nq| t`tki weirfbœ`ṽtb GLb gunjv v evRvi Kti| wkQy wkQy ṽtb cġ“l“i Rb“ j“wUtb i e`v_vKtj l gunjv`i Rb“ tKvb cKvi mġe`v bv_vKvq Zv`iġK weirfbœcKvi mgm`vi tgvKwej v KiġZ nq| GB mgm`vi K_v wetePbv Kti Ges nvU-evRvi j vtMvq cwitek i“ġv Kti gvbtli mġ“v wbowZ KiġYi j tġġ“ umimimic cKġi i Avl Zvq msikē-Gj vKvq gunjv`i Rb“ ṽ“m=SZ KugDibulU j“wUtb ṽtctbi KvR nvZ tbq ntqtQ| KugDibulUwFwEĶ ṽ“m=SZ j“wUtb ṽtcb msġvš-KugDibulU KvtġU tPĀ cġRġi (umimimic) wbt`ĶKv wbgie/c:

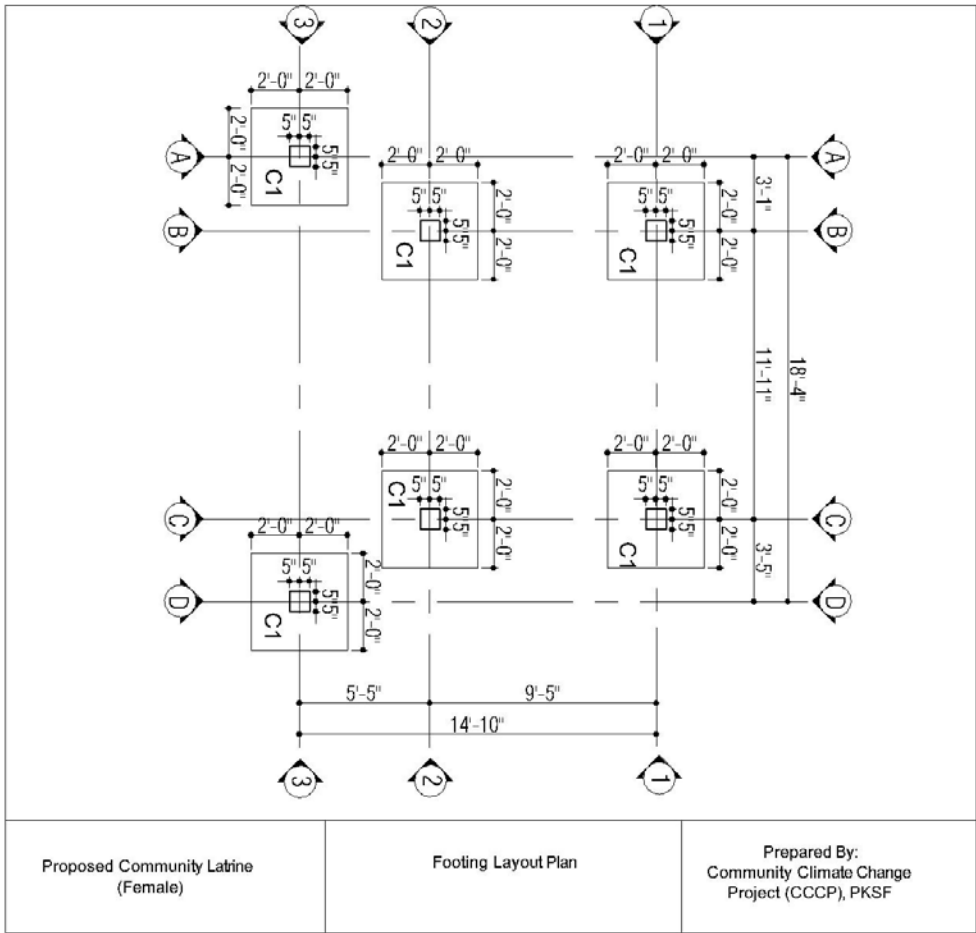
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3. j“wUtb ṽtctbi Rb“ wberPZ ṽb wbw`ŋ KiġYi Rb“ umimimic KZġ Abġgv`b wbtZ nte|
4. j“wUtb ṽtctbi tġtġi umimimic KZġ mieivnKZ mġbw`ŋ bKkv Abjvi Y KiġZ nte|
5. j“wUtb ṽtctbi cġeB cwibi cōC`Zvi wēl qU wbowZ KiġZ nte| Gtġtġi bj Ke `tcb, cvkġZġcġkġi cwib mSġŋi e`v ev tġtġi wetktl gUi Pwġ Z cvt`ui gva’tg| G e`v Kiv thġZ cvġi|
6. j“wUtb i Kqv Ges wUDe l tġtj i gta` `ġZġKgtġ 30 dtj wetePbv KiġZ nte|
7. tKvb Rj vkq ev Lvġ i mvt_ j“wUtb i Kqv msthwM t`l qv hvte bv|
8. bZb tZvj v gvUġZ j“wUtb Kiv hvte bv| tmġtġi gvUġi Kgc`vKkb wbowZ Kivi Rb“ AšZ GKul elġKv AwZevnZ KiġZ w`Z nte|
9. j“wUtb i Pvj yivLv Ges i“ġYvteġY l tġivgtZi Rb“ BRviv wFwEġZ A_ev tUKmB tKvb e`v q eviv` w`Z nte| c`xwZ Povš-Kti umimimic t`ġK Abġgv`b wbtZ nte|
10. j“wUtb ṽtctbi tġtġi ūYZgvb thb eRvq_vtK tmw`ġK tLqv i vLġZ nte|
11. j“wUtb i e`envi wēw Ges ṽ“w wet q mġPZbZv wēl qK mvBtevWġ“wUtb i mvgtb w`Z nte|
12. GKB evRvġi ev KugDibulUġZ hw`cġ“l Ges gunj v DfqcKvi j“wUtb ṽtcb KiġZ nq Zte tm tġtġi D³ j“wUtb q cvkvcwk Kiv hvte bv|
13. gtb ivLġZ nte th ṽ“m=SZ j“wUtb i Pvi w %wko“; (1.gj t`Lv hvte bv, 2.gkv-gwQ Xġte bv, 3.`Mġ nte bv, 4.cwitek `tb Kiġte bv) thb mKj mgq eRvq_vtK|

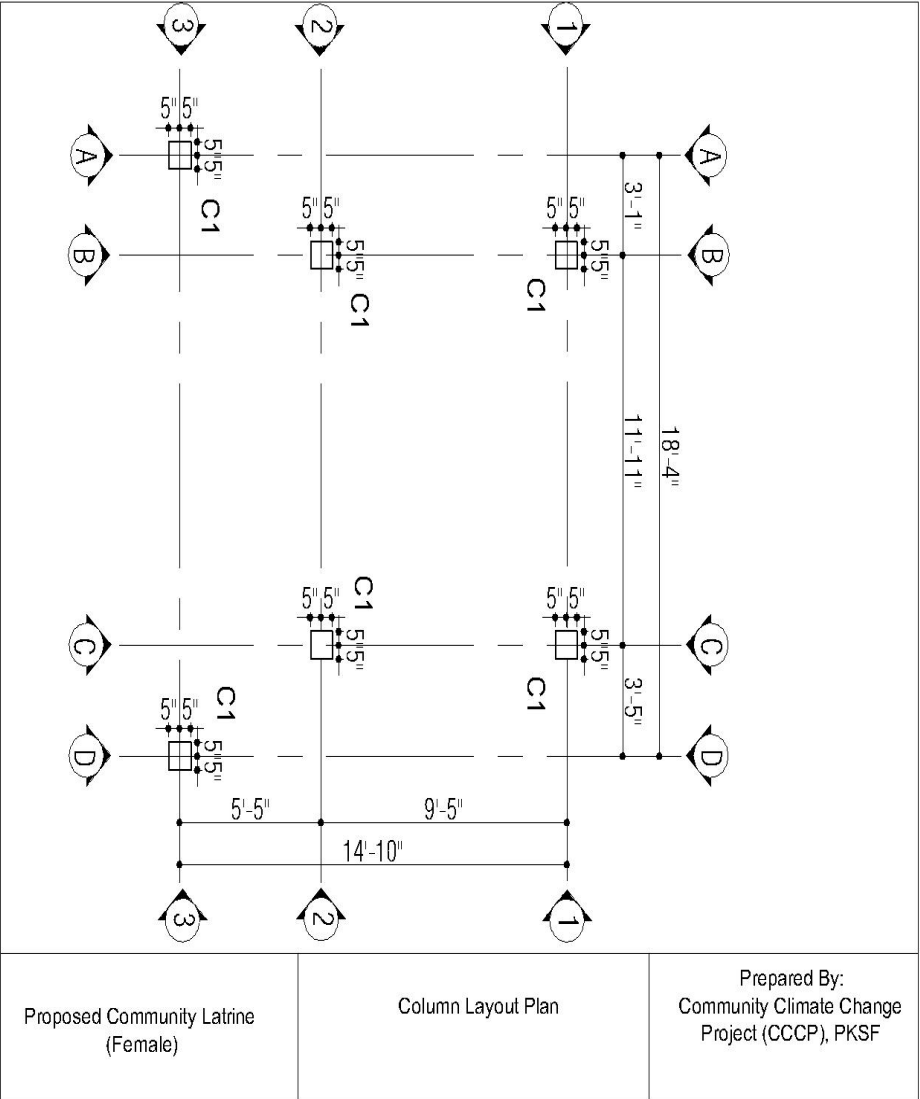
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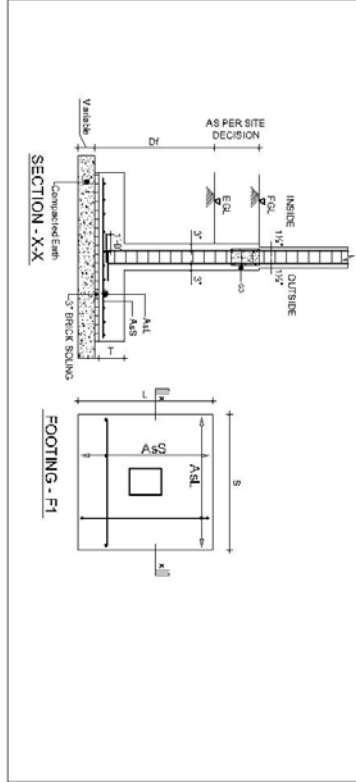








Proposed Community Latrine (Female)	Column Layout Plan	Prepared By: Community Climate Change Project (CCCP), PKSF
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COLUMN SCHEDULE

COLUMN INDEX	COLUMN DIMENSION BELOW F.G.L.	COLUMN DIMENSION ABOVE F.G.L.	COLUMN REINFORCEMENT UP TO ROOF	COLUMN REINFORCEMENT COLUMN THE SPACING	COLUMN THE PLACEMENT
C-1	13" x 13"	10" x 10"		5" - 7" - 5"	

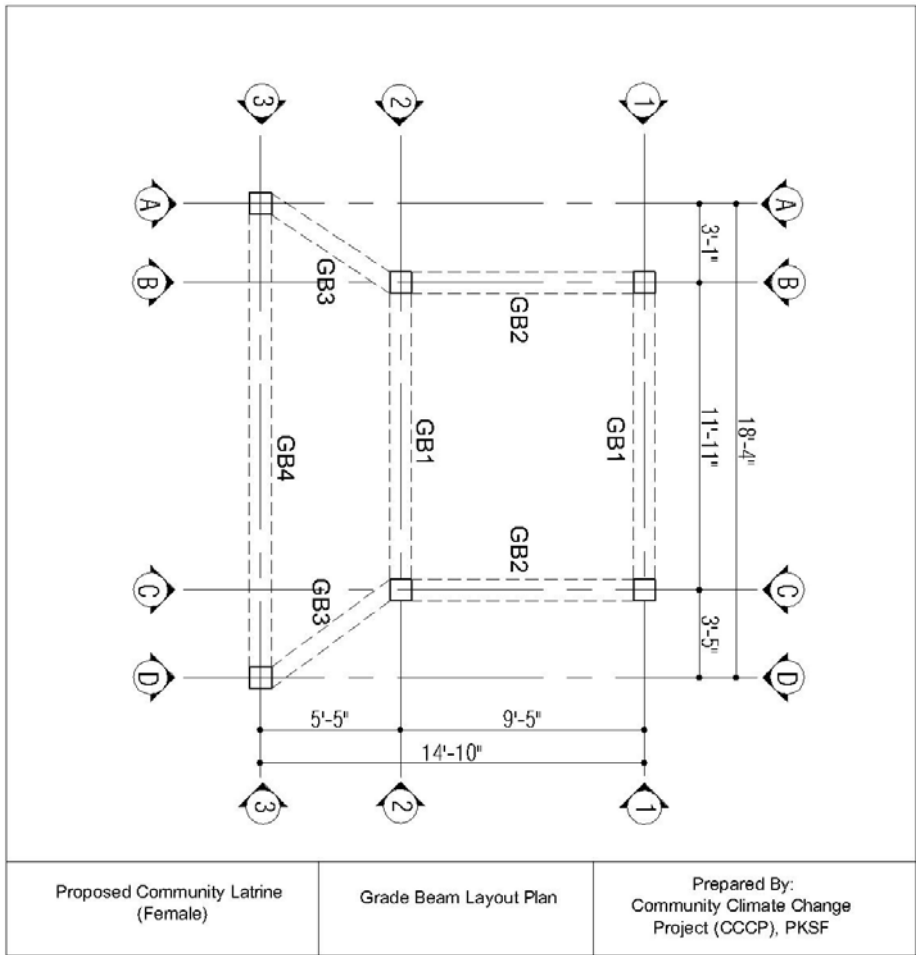
FOOTING SCHEDULE.

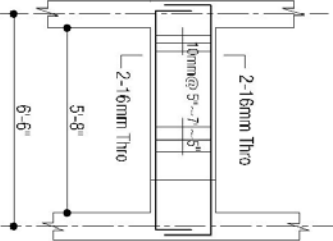
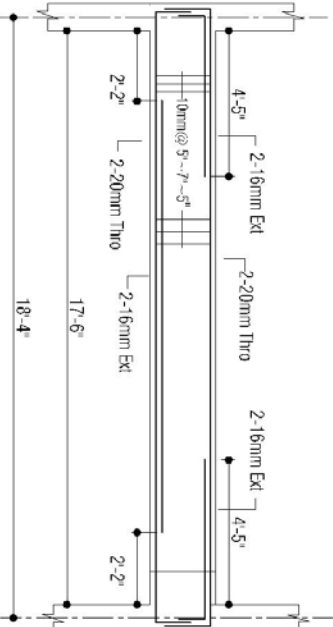
FOOTING INDEX	FOOTING SIZE			FOOTING REINFORCEMENT		SLAB THICKNESS
	L	S	Df	AsT	AsS	
F-1	4'-0"	4'-0"	4'-0"	18 mm @ 8.5" C/C	18 mm @ 8.5" C/C	14"

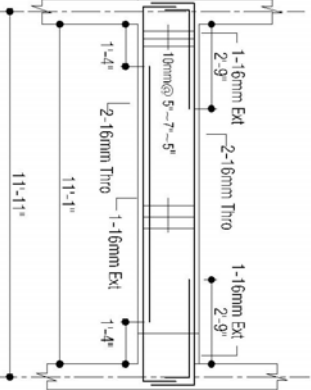
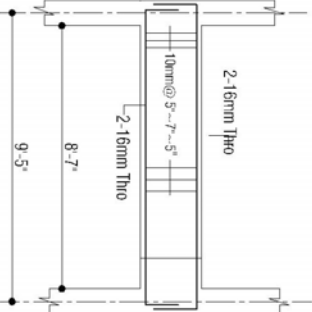
Prepared By:
Community Climate Change Project (CCCP),
PKSF

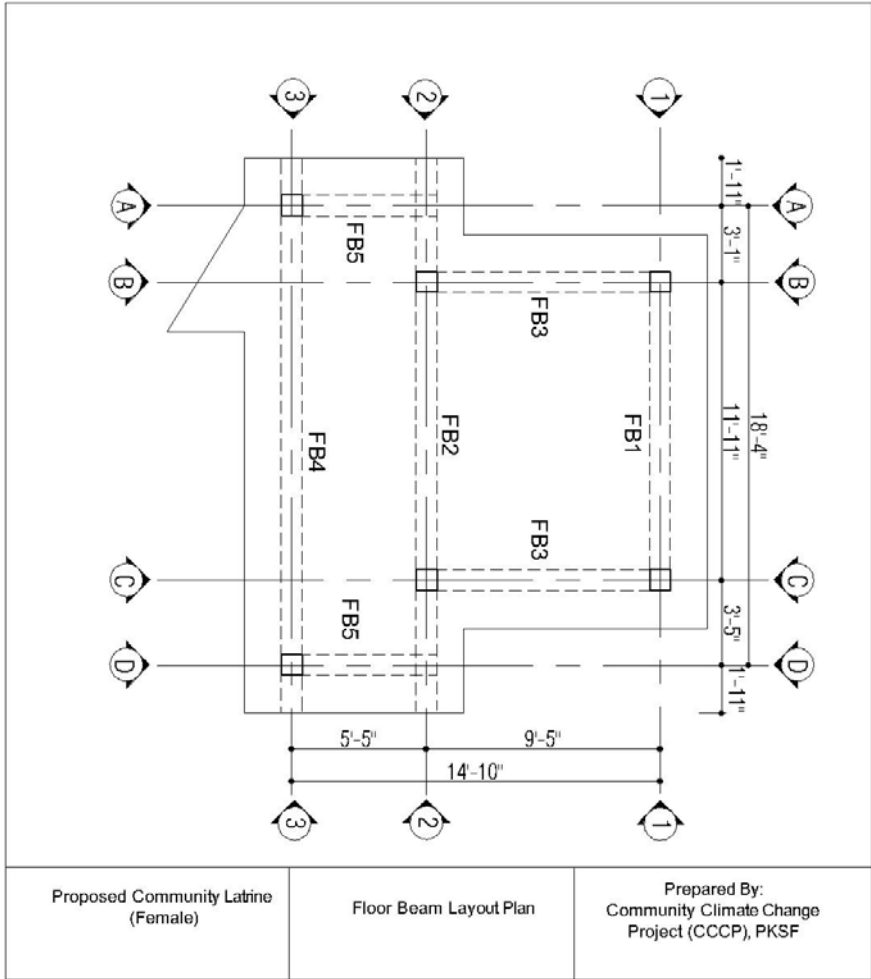
Detailed Drawing of Footing and Column

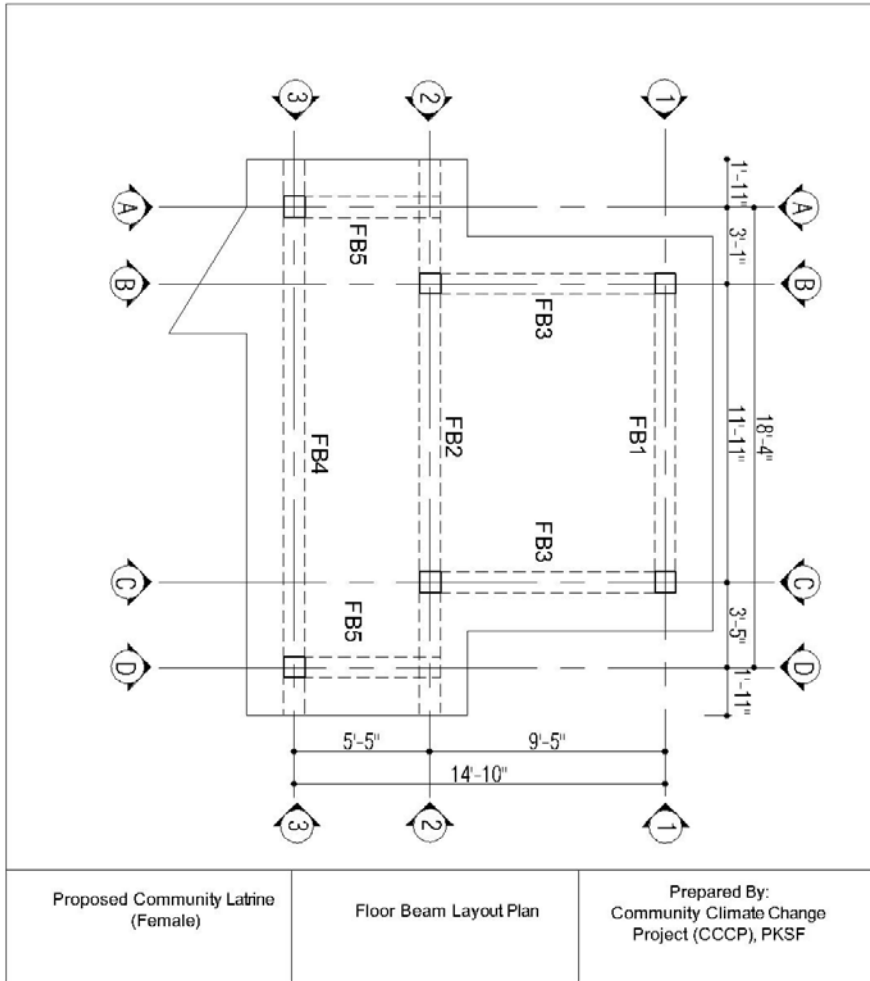
Proposed Community Latrine
(Female)

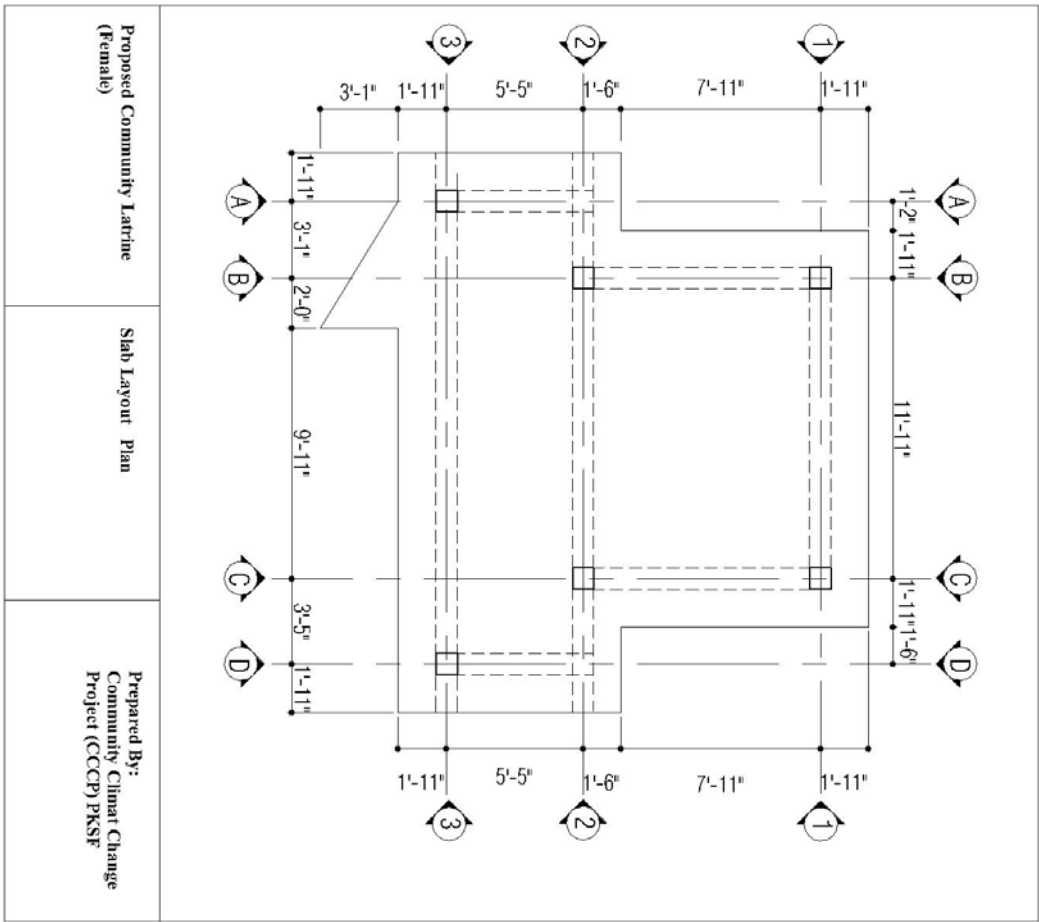


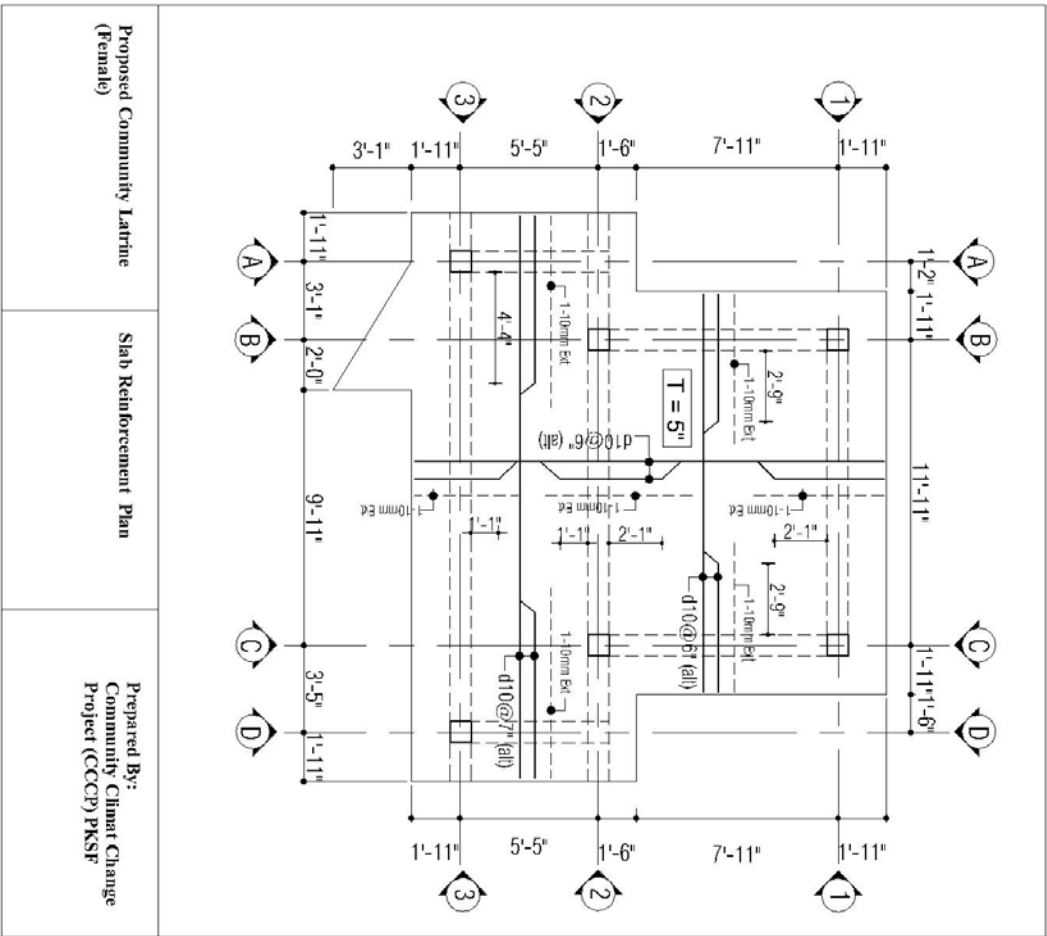
 <p style="text-align: center;">Grade Beam: GB-3 (10" X 12")</p>	 <p style="text-align: center;">Grade Beam: GB-4 (10" X 18")</p>	<p>Proposed Community Latrine (Female)</p>	<p>Detailed drawing of Grade Beam</p>	<p>Prepared By: Community Climate Change Project (CCCP), PKSF</p>
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 <p style="text-align: center;">Grade Beam: GB-1 (10" X 12")</p>	 <p style="text-align: center;">Grade Beam: GB-2 (10" X 12")</p>	<p>Proposed Community Latrine (Female)</p>	<p>Detailed drawing of Grade Beam</p>	<p>Prepared By: Community Climate Change Project (CCCP), PKSF</p>
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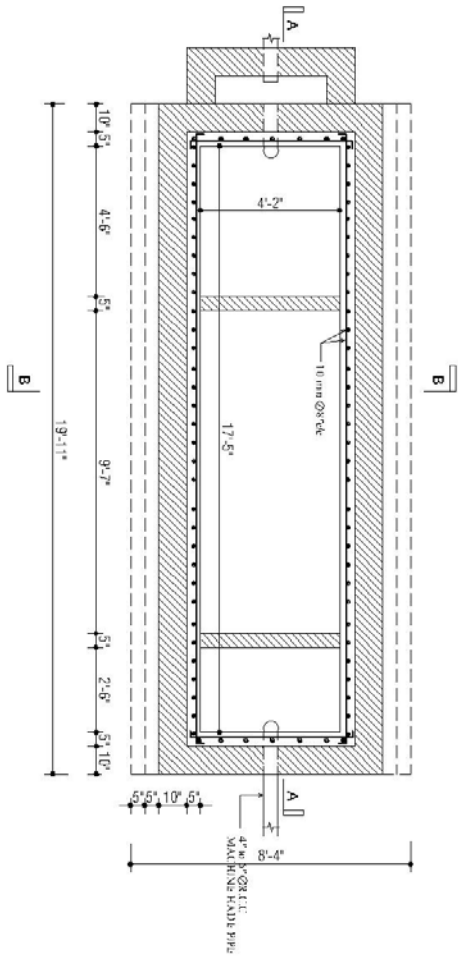






100 USER HOUSE HOLD SEPTIC TANK

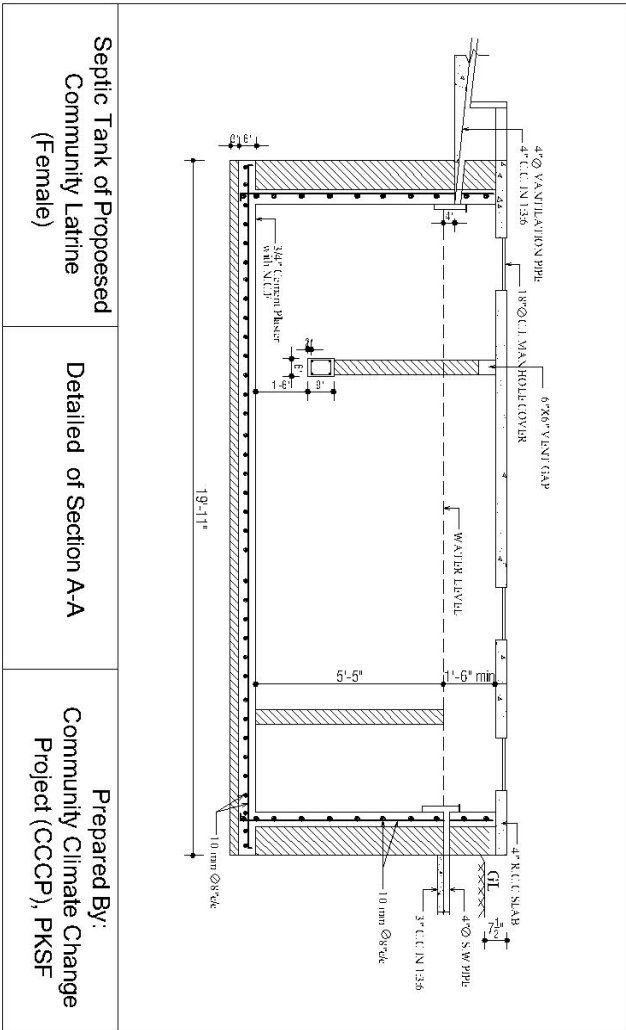
NO. OF USER (HOUSE HOLD)	L CLEAR	B CLEAR	D-110/120 DEPTH	CUBICAL CONTENT
100	17'-5"	4'-2"	5'-4"	450 GFT

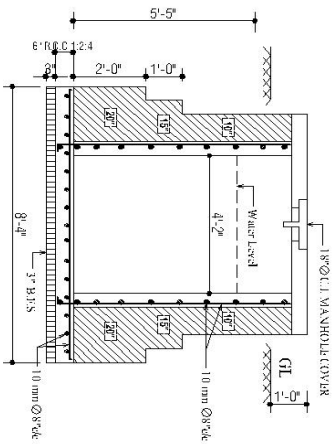


Septic Tank of Proposed
Community Latrine
(Female)

Detailed Plan of Septic Tank

Prepared By:
Community Climate Change
Project (CCCCP), PKSF





<p>Septic Tank of Proposed Community Latrine (Female)</p>	<p>Detailed of Section B-B</p>	<p>Prepared By: Community Climate Change Project (CCCP), PKSf</p>
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Kıy DıbnıU wıfıEK ı^ı'mı\$Z j ıvUııbi (gıııj v) Rb ı LiP ıeeıYt

Sl no	Brief description of item	Unit	Quantity	Rate	Amount (Tk)
Section A					
1	Providing Layout and carry over Bench Mark (BM) at site from nearby BM pillar, demarcating property lines, existing ground level (EGL), formation ground level (FGL), highest flood level (HFL), plinth level (PL). Setting and marking all pillars, markers, pegs etc. showing and maintaining reduced levels (RLs) including locating, establishing, protecting all public utilities within the premise of work and finally all to be presented in black and white etc. all complete as per direction of the E-I-C.	sft	358		
2	Earthwork in excavation of foundation trenches, including layout, by excavating earth to the lines, grades and elevation as shown in the drawing providing center lines, local bench mark pillars, fixing bamboo spikes and marking layout with chalk powder filling baskets, carrying and disposing of all excavated materials at a safe distance designated by the E-I-C in all types of soils except rocky, gravelly, slushy or organic soil, leveling, ramming, dressing and preparing the base, etc. all complete for an initial excavation depth of 2m and an initial lead not exceeding 20m, including arranging all necessary tools and equipment at work site, etc. complete as per direction of the E-I-C.	cft	480		
3	Sand filling in foundation trenches and inside plinth with sand (minimum FM 0.80) in 150mm layers in/c leveling, watering and consolidating each layer up to finished level etc. all complete as per direction of the E-I-C. Dry density after compaction shall not be less than 95% of MDD (STD).	cft	440		
4	Single layer brick flat soling with 1st class or picked bricks, true to level, camber/super elevation and grade including carrying bricks, filling the interstices tightly with sand of minimum FM 0.80, etc. all complete as per direction of the E-I-C.	sft	280		
5	Mass concrete work in foundation or floor with Portland cement, sand (minimum FM 1.20) and 1st class/picked brick chips 20mm down graded (LAA value not exceeding 40), including shuttering, mixing by concrete mixer machine, casting, laying compacting and curing for the requisite	cft	113		

	period breaking bricks into chips etc. all complete as per direction of the E-I-C. Cylinder crushing strength of concrete should not be less than 170kg/cm ² at 28 days of curing (suggested mix proportion 1:2:4). Additional quantity of cement to be added if required to attain the strength at the contractors own cost.				
6	125mm brick work with 1st class bricks in cement mortar (1:4) and making bond with connected walls in/c necessary scaffolding, raking out joints, cleaning and soaking the bricks at least for 24 hours before use, washing of sand, curing for requisite period, etc. all complete as per direction of the E-I-C for all floors. (Minimum FM of sand:1.2)	sft	745		
7	Reinforced cement concrete works (1:2:4) having minimum cylinder crushing strength 170kg/cm ² at 28 days with Portland cement, best quality coarse sand (50% quantity of sand of minimum FM 1.2 and 50% quantity of coarse sand of minimum FM2.5) and 20mm down graded picked brick chips in/c breaking chips and screening, centering, shuttering, making shuttering fully leak proof (shuttering with plain 28/26 BWG steel sheet fitted over 38mm thick wooden plank panels suitably braced), placing of rod in position, mixing the aggregates with mixer machine, pouring, casting, compacting by vibrator machine and curing at least for 28 days (excluding the cost of reinforcement and its fabrication) etc. all complete as per direction of the E-I-C.	cft	332.26		
8	Supplying and fabrication of M.S High strength deformed bar/ Twisted bar reinforcement of required size and length for all types of RCC work in/c straightening the rod, removing ruts, cleaning, cutting, hooking, bending, binding with supply of 22 B.W.G. GI wire, placing in position, in/c lapping, spacing and securing them in position by concrete blocks (1:1), metal chairs, etc. complete in/c cost of all materials, labour, local handling incidentals necessary to complete the work as per specifications, drawings and direction of the E-I-C. (Measurement will be based on standard weight of 490 lbs/ft ³ . Chairs, laps and separators will not be measures for payment. The cost of these remains inclusive in the unit rate)	kg	1605		
9	Minimum 12mm thick cement plaster (1:4)	sft	90		

	to dado and plinth wall up to 150mm below ground level with neat cement finishing in/c washing of sand, finishing the edges and corners and curing for the requisite period etc. all complete as per direction of the E-I-C (Sand minimum FM 1.2).				
10	Minimum 12mm thick cement plaster (1:6) to wall both inner and outer surface, the corner and edges in/c washing of sand cleaning the surface, scaffolding and curing for the requisite period etc. all complete as per direction of the E-I-C (Sand minimum FM 1.2).	sft	1281		
11	Supplying, fitting, fixing and installation of ordinary type MS gate (double leaf) with 38mmx38mmx6mm MS angle frame, top and bottom parts provided with 25mmx6mm F.I. bar placed vertically @150mm c/c and the middle part covered with 18 BWG MS sheet and fixed with four nos. 38mmx6mm F.I. bar placed diagonally and four nos. 38mmx6mm F.I. bars placed horizontally and vertically, all passing through the center as design in/c locking arrangement on 3mm thick MS plate providing 38mmx38mmx6mm MS angle clamps fitting and fixed with the outer frame of the gate, the clamp be embedded in the R.C.C. or masonry pillars with C.C. (1:2:4) in/c. cutting holes and mending good the damages in/c. riveting, welding as and where necessary, painting two coats of synthetic enamel paint over a coat of anti-corrosive paint etc. all complete as per drawing, design and direction of the E-I-C.	sft	60		
12	White glazed wall tiles (RAK or equivalent Bangladeshi Standards)	sft	705		
13	White glazed floor tiles (RAK or equivalent Bangladeshi Standards)	sft	202		
14	Supplying, fitting and fixing Bangladesh pattern "BISF STANDARD" Long Pan (Model-314E, size 525mmx 295mmx 285mm, Bowl size-410mmx 225mm x 170mm or equivalent) with foot rest of vitreous China and preparing the base of pan with cement concrete and wire net or rods including making holes wherever required and mending good the damages, etc. all complete as per direction of the E-I-C	no	4		
15	Supplying, fitting and fixing "BISF STANDARD" glazed vitreous Wash Hand Basin (Model-213, size-450x405x180mm, Bowl size-375x275x136mm) including	no	2		

	fitting fixing the same in position with heavy type C.I. brackets, 44mm dia PVC waste water pipe with brass coupling (not exceeding 750mm in length), 12mm dia plastic connection pipe with brass coupling, 12mm dia brass stop cock, 12mm dia C.P. pillar cock, 30mm dia C.P. Basin waste with chain plug including making holes in walls and floors and fitting with royal plug, screws and mending good the damages etc. all complete as per direction of the E-I-C.				
16	Supplying 25mm to 200mm dia (inside) best quality uPVC pipes having specific gravity 1.35-1.45, and other physical, chemical, thermal, fire resistivity properties etc. as per BSTI approved manufacturer standards or ASTM, BS/ISO/IS standards fitted and fixed in position with sockets head and shoes, bends, clamps and nails etc. all complete in all floors as per direction of the E-I-C.	ft	50		
17	Cement paint of approved quality and colour (Bangladesh made) from authorized manufacturer in a seal container, having highly water resistant, high bond ability, flexible in two coats Applying one vertical and one horizontal coat for each coat and successive coat is to be applied after drying up of previous coat by brush/roller/spray in/c cleaning the plinth, floors, doors, windows, portions and ventilators by washing, rubbing, as necessary and sand papering the surface and necessary scaffolding, etc. curing for the requisite period etc. all complete for all floors i/c cost of all materials as per direction of the E-I-C.	sft	740.44		
18	High window with thai fittings	sft	16		
19	M.S Grill with Thai fittings	sft	13.5		
20	Manufacturing, supplying, fitting and fixing collapsible gate made of 20mm x 20mm x3mm/25mmx25mmx25mm MS angle placed@112mm c/c vertically and connecting the same with each other with 20mmx3mm/25mmx3mm MS flat bar scissors 525mm/600mm long provided in three rows in/c cutting the different MS members to required sizes, fabricating welding, riveting with required size rivets, providing required size wheels, pulling candles on both sides, suitable looking arrangement and finally placing the same in position in between two nos, 50mmx50mmx6mm MS Tee rail made by welding two nos, 50mmx6mm MS flat bar	sft	58.87		

	fitted and fixed at top and bottom with RCC. Lintel/root slab, floors and side wall with required nos. 150mm to 225mm long 38mmx 6mm MS flat bar clamps one end welded with the gate member and the other end bifurcated and embedded in CC (1:2:4) in/c cutting holes and mending good the damages, painting two coats with approved synthetic enamel paint over a coat of anticorrosive painting etc. all completed as per drawing and design and direction of E-I-C. Collapsible gate made of 20mmx20mmx3mm MS angle as vertical member and 20mmx3mm FI bar as scissors.				
Sub Total of A					
Section B					
21	Construction of Septic Tank with 125mm thick masonry works in main and partition walls in cement mortar (1:6) as per approved plan over a single layer brick flat soling and 150mm thick cement concrete flooring (1:2:4), in/c 20mm thick cement plaster (1:4) to inside of walls with neat cement finishing, 25mm thick patent stone (1:2:4) flooring with neat cement finishing including supplying fitting and fixing of two RCC Tees and providing 450mm dia water sealed heavy type C.I. M.H. cover with necessary locking arrangements, 100mm thick RCC (1:2:4) top slab with minimum 1% reinforcement including centering, shuttering, fabricating, casting, curing etc. complete upto required depth. The item is inclusive of necessary earth work in excavation and shoring, bailing out water and side filling including the cost of all materials, operations and incidental charges etc. all complete as per the approved plan and direction of the E-I-C.	nos	1		
22	Construction of soak or leaching pit including supplying and fitting of 760mm dia 38mm thick 305mm height RCC (1:2:4) ring with 3 layers of No. 10 BWG wire as reinforcement placing in position one above another at equal spacing, placing in position, filling interstices with local sand, placing pit, jointing with 1:6 sand-cement mortar, making hole to RCC ring for inlet pipe and vent pipe including all fittings and jointing including labour, site cleaning, all complete as per drawing and direction of E-I-C.	nos	10		
23	Construction of masonry inspection pit with	nos	2		

	250 mm thick brick work in cement mortar (1:4) including necessary earth work side filling and one layer brick flat soling, 75 mm thick (1:3:6) base concrete for making invert channel and 12 mm thick (1:2) cement plaster with neat finishing up to a depth of 700 mm etc. all complete and as per direction of the E-I-C.				
24	Construction and placing of R.C.C inspection pit cover (slab) with supplying and provisions for placing, fitting, fixing 450 mm dia C.I Man-hole cover with locking/ unlocking arrangement including concrete (1:2:4) with approx. 1% reinforcement necessary earth cutting, or cleaning side filling, curing, etc. with minimum 12 mm cement plaster (1:4) and neat cement finishing on edges and top etc. all complete and as per direction of the E-I-C.	nos	2		
Sub Total of B					
Total (A+B)					

Lvevi cwmbi Rb" n-Pwj Z bj Ke vcb
(Mfxi bj Ke/AMfxi bj Ke/Zviv cvau/WVC tmU cvau)

RjevqycwieZfbi cfvte th mKj ctkuZK mau` metPiq tenk qvZM0' nt"Q Zvi gta" cwmb mau` Ab"Zg, wetkl Kti Lvevi cwmbi m/4U DEtivEi epv cvt"Q| evsj vt`tkl w b w b Lvevi cwmbi m/4U Zxe^a t_ik ZxeZi nt"Q| t`tki `wqY AAjtj i tenki fvM GjvKvi f-Mf^o cwmb j ebv³ ntq hvl qvq Lvevi cwmbi m/4U Zxe^a t_ik ZxeZi nt"Q| Ab" w tK t`tki Liv cEY DEi I DEi-cwOgvAtj Livi cfvte epv cvl qvq i^o tgsmfg Lvevi cwmbi m/4U gvivZK AvKvi aviY KitQ| GOvovl t`tki DEi I gaivAj cOZeQi eb"v Avmuvs-nq, dtj eb"vKvj xb mgfq Lvevi cwmbi Afve t`Lv t`q Ges wevfbe cKvi cwmb ewnz tivtMi cO fve cwi j wqZ nq| Lvevi cwmbi m/4U tgvKvtejq umimimic-Gi Avl Zvfj³ GjvKvq n-Pwj Z bj Ke vctbi KvR vPwY Z Kiv ntqtQ| Daj E th GjvKv vfvEtZ f-Mf^o cwmbi t` vfbocKvZi nl qvq n-Pwj Z bj Ktci bKkv vfbocGes Zvt` i bvgI vfboc GRb" msukE-GjvKvi vbxq DcRjv Rb"v" cOKSkj Awa`Bi t_ik D³ GjvKvi Rb" cOhr" bKkv mslMh Kti Zv ev"evqb KitZ nte| KugDibwU KvBtGU tPA cOR[±] (umimimic)-Gi Avl Zvq n-Pwj Z bj Ke vctbi vbt` Kkv vbaifc

K. bj Ke vcb mspvš-

- 1| bj Ke vcb KvRvGwU KugDibwUvfvEK ntZ nte|
- 2| KugDibwU mvt_ Avtj vPbv Kti bj Ke vctbi v b vbaifY KitZ nte thb mKtj B Zv mntR e"envi KitZ cvti |
- 3| bj Ke vctbi t`ttI miKvvi bwiZgvjv AbvniY KitZ nte| vbxq DcRjv Rb"v" cOKSkj Awa`Bi Gi Avdm t_ik D³ GjvKvi Rb" cOhr" b. v I cO j bmn mslMh Kti umimimic t_ik Abtgv` b mvtctq| bj Ke vctbi KvR KitZ nte| G t`ttI umimimic t_ik Avj v v tKvb b. v cOvb Kiv nte bv| GOvovl GZvvel tq Rb"v" cOKSkj Awa`Bi t_ik cOqvRbxq ci vqk^obl qv thtZ cvti |
- 4| NbemvZcyGjvKv vbevPb KitZ nte thb GKvU bj Ke t_ik mtePP msL`K cwi evi cwmb mslMh KitZ cvti |
- 5| bj Ke vctbi cte^ometPiq vKvU` Ab" GKvU bj Ktci cwmbi AvtmotKi gvIv mau^utK^otrtb vbtZ nte thb Zv mnbxq gvIvq v_tK| Z`yvi bj Ke vctbi ci cpivq AvtmotKi gvIv cixq|v Kti umimimic-tK Aevnz KitZ nte| tKvb vctbi cwmbtZ AvtmotKi cwi gvY 0.05 wg.M0/wj Uvi -Gi tenk ntj tmLvtb bj Ke vcb Kiv hvte bv|
- 6| bj Ktci cwmb e"envi i t`ttI mefvaviY mKtj i mgvb AwaKvi vKte|

L. e"vcbv mspvš-

- 1| msukE-crov/Motgi gvuj vt` i vbtq KvgU MVb KitZ nte|
- 2| bj Ke i qvYvteqYi Rb" mgevqvfvEK DcKvifvMx` i `jxq GKvU Znvej MVb Kiv thtZ cvti | Gt`ttI mgevqv` i RgvKZ UvKvi mgcwi gvY cOqvRtb umimimic t_ik cOvb Kiv nte| Daj E th-bj Ktci mi vmi DcKvifvMx e"ZvZ tKD D³ mgevvtq i m`m ntZ cvte bv|
- 3| GB KvgvU tK cOqvRbxq ctkqY cOvb Kti `q Kti Zj tZ nte Ges GB KvgvU KvQ bj Ktci gvuj Kvbv n"vst Kiv thtZ cvti | bj Ke vctbi ci vej cwi tktai t`ttI KvgvU Abtgv` b vbtZ nte|
- 4| KvgvU KZK gtbvbxZ GKrb i qvYvteqYKvix vKte vhb bj Ktci mveqYK i qvYvteqY I e"vcbvi `wqtZj vKteb| ZvtK cOqvRbxq ctkqY I Uj e. cOvb KitZ nte|
- 6| th RvgtZ bj Ke vcb Kiv nte Zvi gvuj Kvbv e"v³ tKv`K ntj KvgDibwU mKtj thb GUV Aevta e"envi KitZ cvti, Zv vbwDZ KitZ nte| G vel tq cOqvRbxq KvMRw`/Pw³cI mau` b Kiv thtZ cvti |

Avw_R mnvqZvi cwi wa

i agvI bj Kc vctbi mvt_ msukE-LiP enb Kite| tKv_vl tU÷ tevniS Gi Rb" G A_e"envi Kiv hvte bv| GOvovl `xN^o b cwmb cvl qv hvte bv Ggb RvqMvq bj Kc vcb Kiv hvte bv Ges bj Kc vctbi mvt_ hv evRtU Ab" tKvb KgRE h³ v_tK thgb c"wdgmn bj Kc, Zv ntj c"wdg^oLvtZ KZ UvKvi ms"vb vKte Zv evRU wefvRtb my"uofvte Daj E vKtZ nte| Gt`ttI KgRvE DcKvifvMx/KvgDibwU Askv`wi Zj (Contribution), mvBb teW^oRvgi gvuj Kvbv `Ejvel qw` i "ZmnKvti vetePbv KitZ nte|

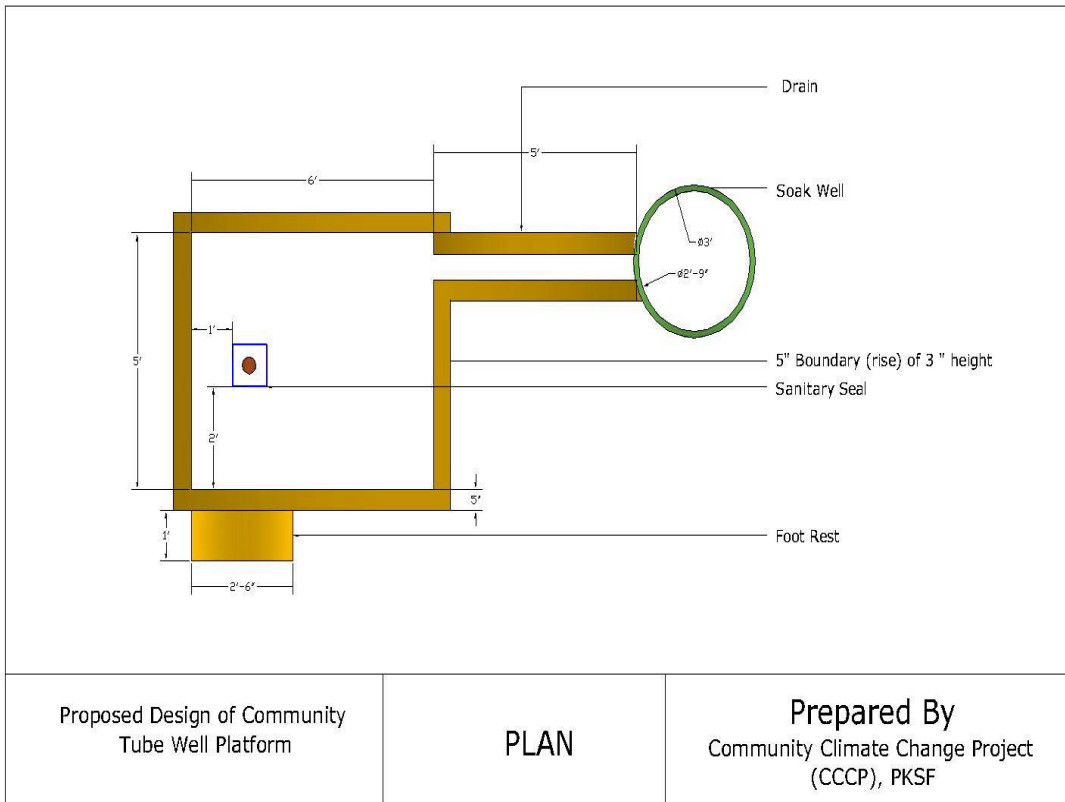
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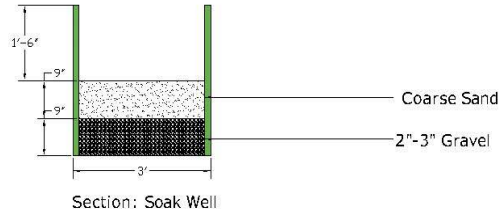
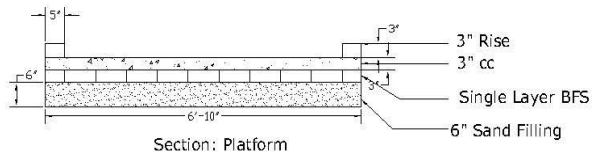
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1. c0ZiU bj Ke l Gi cWdg¶msuk0-KugDibwU mKtj i e`envt i i Rb" Db¶_vKte|
2. cWdg`vcb i t¶¶¶ wmwimwic KZR mieivnKZ bKkv Abyni Y Ki tZ nte|
3. cWditi gi Avkvi nte 5 dU x 6 dU|
4. bj Ktci cwb hvfZ h1Z1 wMtq cwi tek `tY bv Ki tZ cvti tmRb" cwb w0vktbi Rb" GKwU tmvKI tqtj `vcb Ki tZ nte|
5. tmvKI tqtj Gi Mfxi Zv nte 3 dU hv Aviwmm wis w`tq `Zwi nte| bxtPi wisU AtaR tgvUv ewj l AtaR eo tLvqv w`tq fti w`tZ nte|
6. wJDel tqtj i mvt_hy# cWditi g¶ m"wbUvi x mxj Gi gvc nte 1dU x 1dU x 1dU|
7. m"wbUvi x mxj t`tk cv`wbi `tZi nte Kgc¶¶ 2 dU|
8. cv`wbi gvc nte 2.5 dU x 1 dU|
9. cWditi gi Xij Ggb fite ntZ nte hvfZ cWditi g¶ Dci cwb Rtg bv_vtK|
10. cWditi g¶ wbgvZ i ¶bte¶¶bi Rb" e`envi Kvi t` i ga` t`tk GKwU KugwU Kti w`tZ nte| GB KugwU j Ke Ges cWdg¶Dfqb t` Lvtkvkv Ki teb|

Avw_R mnvqZvi cwi wat

mshj# b`v l tUKwbK"vj wbt` Rbv Abhvqx i agv1 cWdg`vcb i Kvtr msuk0-LiP enb Ki tZ nte| Gt¶¶¶ l KgRvtE DcKvi tFvMx/KugDibwU Askx`wi Zi (Contribution), mvBb teW, Rvgi gwj Kvbv `Ej weI qw`_i"ZmnKvti wetePbv Ki tZ nte|





<p>Proposed Design of Community Tube Well Platform</p>	<p>SECTION</p>	<p>Prepared By Community Climate Change Project (CCCP), PKSf</p>
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KugDwbUwFwEK bj Ktci cWdg©Gi Rb'' wmmmmmc0i LiP weeiY wbaifc

Specification of Activities:

- Size of platform: 6'-0'' X 5'-0''
- Soak well will be installed for sanitary protection

Sl no	Brief description of item	Unit	Quantity	Rate	Amount (Tk)
1	Earthwork in excavation of foundation trenches, including layout, by excavating earth to the lines, grades and elevation as shown in the drawing providing center lines, local bench mark pillars, fixing bamboo spikes and marking layout with chalk powder filling baskets, carrying and disposing of all excavated materials at a safe distance designated by the E-I-C in all types of soils except rocky, gravelly, slushy or organic soil, leveling, ramming, dressing and preparing the base, etc. all complete for an initial excavation depth of 2m and an initial lead not exceeding 20m, including arranging all necessary tools and equipment at work site, etc. complete as per direction of the E-I-C.	cft	42		
2	Sand filling in foundation trenches and inside plinth with sand (minimum FM 0.80) in 150mm layers in/c leveling, watering and consolidating each layer up to finished level etc. all complete as per direction of the E-I-C. Dry density after compaction shall not be less than 95% of MDD (STD).	cft	21		
3	Single layer brick flat soling with 1st class or picked bricks, true to level, camber/super elevation and grade including carrying bricks, filling the interstices tightly with sand of minimum FM 0.80, etc. all complete as per direction of the E-I-C.	sft	42.82		
4	Mass concrete work in foundation or floor with Portland cement, sand (minimum FM 1.20) and 1st class/picked brick chips 20mm down graded (LAA value not exceeding 40), including shuttering, mixing by concrete mixer machine, casting, laying compacting and curing for the requisite period breaking bricks into chips etc. all complete as per direction of the E-I-C. Cylinder crushing strength of concrete should not be less than 170kg/cm ² at 28 days of curing (suggested mix proportion 1:2:4). Additional quantity of cement to be added if required to attain the strength at the contractors own cost.	cft	9.25		
5	125mm brick work with 1st class bricks in cement mortar (1:6) and making bond with connected walls in/c necessary scaffolding, raking out joints, cleaning and soaking the bricks at least for 24 hours before use, washing of sand, curing for requisite period, etc. all complete as per direction of the E-I-C for all floors.	sft	7.5		

	(Minimum FM of sand:1.2)				
6	Minimum 12mm thick cement plaster (1:4) to dado and plinth wall up to 150mm below ground level with neat cement finishing in/c washing of sand, finishing the edges and corners and curing for the requisite period etc. all complete as per direction of the E-I-C (Sand minimum FM 1.2).	sft	60		
7	Supply of RCC Ring of 3 feet dia an 1feet height of minimum thickness 1.5 inch	nos	3		
8	RCC cover	Nos	1		
9	Providing compacted aggregate sand sub-base course with 38mm down Crusher run 1st class bricks/picked chips of LAA value not exceeding 40 & sand of minimum FM 0.80 mixed in proportion 1:1 by volume placed in layer(s), mixing properly, watering, compacting with 8~10 tone road roller to give compaction to 98% of MDD (modified) including supplying of all materials, labourers, tools and equipment etc. all complete as per direction of the E-I-C. Minimum CBR requirement for sub-base course is 30%.	cft	7.07		
Total					

tm̄Pi Rb̄ Mfxi bj Ke

evsj v̄ k GKw Kwl wbfP̄ t̄ k | Gt̄ t̄ ki RbmsL̄vi c̄lq 65% c̄Z̄ q̄ ev ct̄iv̄ q̄ f̄v̄te Kwl ē ē vi m̄t̄ R̄wZ | GKw t̄ K thgb RbmsL̄v̄ ev̄x̄ cv̄t̄ Q, Ab̄ w̄ t̄ K t̄ Zgb Kw̄ R̄ugi c̄wi gv̄ n̄m cv̄t̄ Q | dt̄j ev̄w̄Z RbmsL̄vi Rb̄ c̄lqv̄ Rbxq Lv̄ Drcv̄ b Kw̄b n̄tq c̄t̄t̄ Q | eZ̄ ḡv̄t̄b Gi m̄t̄ h̄j̄ n̄tq̄t̄ Q Rj ev̄qy c̄wi eZ̄ f̄bi w̄eifc c̄f̄ve | Rj ev̄qy c̄wi eZ̄ f̄bi dt̄j Liv c̄w̄oZ D̄Ei | D̄Ei-c̄w̄ōgv̄ Āj | j̄ eYv̄³ c̄EY w̄ q̄ Yv̄ Āj -Gi Kw̄ Drcv̄ b m̄ēt̄P̄t̄q t̄enk ē n̄Z n̄t̄ Q | Kvi Y G w̄ Āj AĀt̄j w̄gv̄ c̄w̄bi w̄ P̄ut̄c̄ Z̄v̄ c̄wi j̄ w̄ q̄ Z̄ nq | Rj ev̄qy c̄wi eZ̄ f̄bi dt̄j GB m̄gm̄ v̄ w̄ b w̄ b Av̄i | c̄K̄U n̄t̄ Q | Gmḡ -m̄gm̄ v̄ t̄j v̄ Aw̄Z̄m̄ḡ K̄t̄i w̄ Z̄ m̄geā ḡv̄b RbmsL̄vi P̄w̄n̄ v̄ t̄ḡUv̄t̄Z̄ ev̄w̄Z̄ Lv̄ Drcv̄ t̄bi Rb̄ D̄P̄ dj̄ bk̄j̄ k̄t̄m̄i c̄vk̄vc̄wk̄ tm̄P̄ Ab̄ Z̄ḡ c̄āvb̄ Dc̄KiY | tm̄Pi c̄w̄b m̄p̄y ē en̄vi K̄t̄i dm̄j̄ Drcv̄ t̄bi w̄beoZ̄v̄ | dj̄ b ev̄x̄i Rb̄ m̄p̄c̄wi Kw̄ Z̄ tm̄P̄ ē ē v̄cbv̄ K̄v̄h̄p̄uḡ M̄h̄Y Kiv GKv̄š-c̄t̄qv̄ Rb̄ | Kw̄ḡ D̄ib̄w̄U K̄v̄B̄t̄ḡU t̄P̄Ā c̄lR̄± (w̄m̄m̄m̄m̄c̄)-Gi Av̄i Z̄v̄q̄ tm̄Pi Rb̄ Mfxi bj Ke v̄ v̄ct̄bi w̄b̄t̄ K̄v̄ w̄b̄æi f̄c̄:

1. bj K̄t̄ci v̄b̄ | ī Z̄i w̄b̄Ȳ q̄ K̄t̄i Dc̄t̄R̄j v̄ tm̄P̄ Kw̄ḡUv̄t̄K̄ Aēw̄n̄Z̄ Kīt̄Z̄ n̄t̄e |
2. mi Kw̄i b̄w̄i Z̄ḡj v̄ Ab̄h̄v̄q̄ w̄ Āj Mfxi bj K̄t̄ci gā eZ̄ P̄ ī Z̄i Kḡc̄t̄ q̄ 2500 dU n̄t̄Z̄ n̄t̄e |
3. v̄b̄ w̄bēP̄t̄bi t̄ q̄ t̄i m̄K̄j̄ aīt̄bi K̄j̄ t̄ ki m̄w̄q̄ Ask̄M̄h̄Y w̄b̄w̄ōZ̄ Kīt̄Z̄ n̄t̄e |
4. Mfxi bj Ke v̄ v̄ct̄bi t̄ q̄ t̄i Liv Kew̄j̄ Z̄ GK̄ dm̄j̄ R̄uḡ w̄bēP̄b̄ Kīt̄Z̄ n̄t̄e Ges tm̄Pi ḡv̄āt̄ḡ dm̄t̄j̄ w̄beoZ̄v̄ ev̄x̄i w̄el̄q̄w̄ w̄b̄w̄ōZ̄ Kīt̄Z̄ n̄t̄e |
5. j̄ eYv̄³ AĀt̄j̄ th̄Lv̄t̄b̄ f̄M̄F̄ w̄gv̄ c̄w̄b̄ c̄āBi m̄w̄eb̄v̄ ī t̄q̄t̄ Q tm̄Lv̄t̄b̄ Mfxi bj Ke v̄ v̄cb̄ Kiv̄ th̄t̄Z̄ cv̄t̄i |
6. mi Kw̄i b̄w̄i Z̄ḡj v̄ Ab̄m̄i Ȳ K̄t̄i w̄ē j̄r̄ ev̄ t̄m̄s̄i w̄ē j̄r̄ ē en̄vi Kīt̄Z̄ n̄t̄e |
7. c̄lqv̄ Rbxq̄ tm̄P̄ AēK̄v̄w̄t̄ḡv̄ w̄b̄w̄ōZ̄ Kīt̄Z̄ n̄t̄e |
8. tm̄P̄ c̄l̄v̄t̄bi t̄ q̄ t̄i K̄j̄ K̄t̄K̄ t̄c̄vi m̄ c̄v̄Bc̄ ē en̄vi Kīt̄Z̄ n̄t̄e hv̄t̄Z̄ c̄w̄bi Ac̄P̄q̄ t̄i vā Kiv̄ hv̄q̄ |
9. Mfxi bj Ke v̄ v̄ct̄bi m̄s̄ik̄ē-Dc̄K̄vi t̄ f̄v̄M̄x̄ K̄j̄ K̄t̄i Aek̄ B̄ Aw̄i R̄ Ask̄M̄h̄Y w̄b̄w̄ōZ̄ Kīt̄Z̄ n̄t̄e |
10. Av̄t̄m̄b̄K̄ḡj̄ v̄ t̄b̄ v̄ v̄cb̄ Kīt̄Z̄ n̄t̄e |
11. cv̄t̄=ú̄i q̄ ḡZ̄vi w̄ f̄v̄Ēt̄Z̄ tm̄P̄ Ḡj̄ v̄K̄v̄ w̄b̄āf̄i Ȳ Kīt̄Z̄ n̄t̄e | Mfxi bj K̄t̄ci t̄ q̄ t̄i w̄K̄D̄t̄m̄K̄ c̄āZ̄ 30 GK̄i w̄b̄āf̄i Ȳ Kiv̄ th̄t̄Z̄ cv̄t̄i |
12. t̄ ū̄m̄m̄d̄t̄K̄k̄b̄ | b̄K̄k̄v̄ m̄s̄ik̄ē-mi Kw̄i m̄s̄ v̄i w̄b̄KŪ t̄ t̄K̄ w̄b̄t̄Z̄ n̄t̄e |
13. c̄wi P̄j̄ b̄v̄ | ī q̄ Ȳt̄ē q̄ Ȳ ē q̄ m̄s̄p̄v̄š-w̄el̄t̄q̄ mi Kw̄i b̄w̄i Z̄ḡj v̄ Ab̄m̄i Ȳ Kīt̄Z̄ n̄t̄e Ges Gi w̄ f̄v̄Ēt̄Z̄ c̄lqv̄ Rbxq̄ Ab̄m̄i Ȳq̄ cēR̄ w̄m̄m̄m̄m̄c̄ n̄t̄Z̄ Ab̄t̄ḡv̄ b̄ w̄b̄t̄Z̄ n̄t̄e |
14. Mfxi bj Ke ē ē v̄cb̄vi Rb̄ GK̄w̄ K̄v̄h̄R̄ix̄ Kw̄ḡŪ M̄Vb̄ Kīt̄Z̄ n̄t̄e Ges GB Kw̄ḡŪi M̄Vb̄Z̄š; w̄m̄m̄m̄m̄c̄ōi w̄b̄KŪ t̄ t̄K̄ Ab̄t̄ḡv̄ b̄ K̄t̄i w̄b̄t̄Z̄ n̄t̄e th̄Lv̄t̄b̄ Aek̄ B̄ x̄N̄q̄ḡv̄ x̄ ē ē v̄cb̄vi w̄ K̄-w̄b̄t̄ R̄b̄vi v̄v̄K̄t̄Z̄ n̄t̄e |

Aw̄i R̄ m̄n̄v̄q̄Z̄vi c̄wi wa

m̄s̄ik̄ē-mi Kw̄i m̄s̄ v̄ n̄t̄Z̄ M̄p̄x̄Z̄ b̄ v̄ Ab̄h̄v̄q̄ tm̄Pi Rb̄ Mfxi bj Ke v̄ v̄ct̄bi K̄v̄t̄R̄ A_ ē q̄ Kīt̄Z̄ n̄t̄e | c̄w̄b̄ c̄ēv̄t̄ni Rb̄ c̄v̄K̄v̄ ev̄ K̄v̄P̄v̄ b̄j̄v̄ v̄ Z̄w̄i K̄v̄t̄R̄ eiv̄i K̄Z̄ A_ LiP̄ Kiv̄ hv̄t̄e b̄v̄ | Ḡt̄ q̄ t̄i | KḡR̄v̄t̄Ē Dc̄K̄vi t̄ f̄v̄M̄x̄/K̄w̄ḡ D̄ib̄w̄Ūi Ask̄x̄ w̄i Z̄i (Contribution), m̄v̄B̄b̄ t̄eW̄i R̄ugi ḡw̄j̄ K̄v̄b̄ v̄ Ēj̄ w̄el̄q̄w̄ i Z̄m̄n̄K̄v̄t̄i w̄ēt̄eP̄b̄v̄ Kīt̄Z̄ n̄t̄e |

cKi cptLbb

Rj evqycwiczfbi metPtq teik cFve coTe cwbi Dci | evsvt`tki AmsL` Lvj , wej , cKi I Rj vktqi cwbi c0c0Zv c0vbZ ep0cvtZi Dci wbfPkj | ep0cvtZi aib cwiczfbi dtj G mg`-Rj vavi , wj weifb0fve cFweZ nq | elRktj GKw`tk thgb AwZwi³ cwib eb`vi mw0 Kti tZgub i`0, tgsmtg cwbi `p0c0Zv t`Lv t`q | dtj Lvevi cwbi thgb msKU nq tZgub dmtj tmPi cwbi I Afve nq | cKi cptLbb I Gi mwVK e`e`vcvbi gva`tg i`0, tgsmtg cwbi c0c`Zv ewx Kiv m0e | G j t`q` wmwmmw Liv I jeYv³ c0Y Gj vKvi Rb` cKi cptLbb GKw` i`ZcY`Kvh0ig wntmte M0Y Kti t0 | wbt0gcKi cptLb0bi wbt`0Kv c` E ntjv:

1. cKi cptLbb Kvh0igw KwgDwbUwfvE`K ntZ nte |
2. cKi wbe0Pb, Gi AvKvi I Mfvi Zv KwgDwbUj mvt_ Avtj vPbv Kti wba0Y Ki tZ nte | Liv Gj vKvq dmwj Rwgj w0KUeZ0`v0bi cKi tK AM0aKvi w` tZ nte |
3. Lvm cKi ev miKwi gwj Kvbvaxb cKti i t`q` t` t` vbxq miKvti i mvt_ Pw³/mgtSvZv `0iK `0`i Ki tZ nte Ges e`w³ gwj Kvbvaxb cKti i t`q` t` gwj tKi mvt_ mgtSvZv `0iK `0`i Ki tZ nte |
4. cKi cptLb0bb c0e`Gi %N0, c0` I Mfvi Zv cwigic Ki tZ nte Ges Avtj vKwP` msi`qY Ki tZ nte |
5. cKi cptLbb 00KvtRi wewbgtq A_`KgmP0- c`wZ tZ Ki tZ nte |
6. cKti i DcKvi tFvMxMY cptLbb KvR AskM0Y Ki te Ges ms`vi c0kvcwK Zviv Z`vi wK Ki te |
7. k0gtKi gRwi msik0-Gj vKvi mvt_ mvgAm`Zv ti tL wba0Y Ki tZ nte |
8. cKti i cwib cvb Kivi KvR e`e0Z ntj tmLvtb ewYwR`K fite gvQ Pvl (A0vr gv0i Lvevi t` l qv h0te bv) Kiv h0te bv |
9. Liv Gj vKvq m0uj K tmPi KvR cwib e`envi Kiv th tZ cvti |
10. jeYv³ Gj vKvq cKti i mvt_ wGmGd `vcv Ki tZ nte Ges Zv tKej Lvevi cwib wntmte e`envi Kiv h0te |
11. cKi e`e`vcv KwgU cKti i i`qYvte`qY, cwj AcmviY, cwbi Mjv`Y i`qYv BZ`w` KvR cwj Pvj bv Ki te |
12. cKi e`e`vcv I i`qYvte`qY i Rb` DcKvi tFvMx` i w0KU t` tK GKw` w0v 0 nvti Pw`v wbtZ nte | KwgU DcKvi tFvMx` i mvt_ Avtj vPbv Kti me00Zfite GB Pw`v wba0Y Ki te | Liv Gj vKvq tmP Kvth`e`e0Z cwbi t`q` t` c0Z N0v ev tgsmtg wntmte LiP wba0Y Kiv th tZ cvti Ges jeYv³ Gj vKvq wGmGd-Gi t`q` t` gw0K wmwte Pw`v wba0Y Kiv th tZ cvti |
13. cKi I wGmGd- Gi KwgDwbUwfvE`K e`e`vcv Aek`B c0Zw0Z Ki tZ nte Ges wmwmmw t` tK Ab0gv`b wbtZ nte |
14. cKti i cvto `vbxq RvtZi e`q` tivcY Ki tZ nte | G0rov JIwa MvtQi Pwv j vMvtbv th tZ cvti | Dtj 0` th, mwavi YZ th mKj MvtQi cvZv Stj bv tmB mKj MvtQK c0avb` w` tZ nte, Kvi Y MvtQi cvZv cKti i cwbtZ cotj Zv c0P cwib b0 ntq h0te |
15. `wi`a I AwZ `wi`a cwicwi evi , wj i Rb` AM0aKvi wfvE` tZ cwbi e`envi w0w0Z Ki tZ nte |
16. cKj Ges wGmGd-Gi e`envi wbt`0Kv wGmGd-Gi Mvtq wj tL w` tZ nte |

Aw`R mnvqZvi cwicwa

cKi cptLbb Qrov wGmGd tgivgZ/bZb `Zwi tZ eiv`KZ A_`e`envi Kiv h0te | cKi Lb0bi t`q` t` KvRi wewbgtq A_`wbt`0Kv Ges wGmGd-Gi t`q` t` μq b0wZgvj v tgb Pj tZ nte | Zte wGmGd tgivgtZi t`q` t` Aek`B KwgDwbU Kbmj tUkb w0qW` i` tZi mvt_ wetePbv Ki tZ nte | Gt`q` t` I KgRvtE` DcKvi tFvMx/KwgDwbUj Askx` wii Zi (Contribution), mwBb tewW0, Rwgj gwj Kvbv `E`i w0qW` i` ZmnKvti wetePbv Ki tZ nte |

cŪ m'vŪ wdëvi

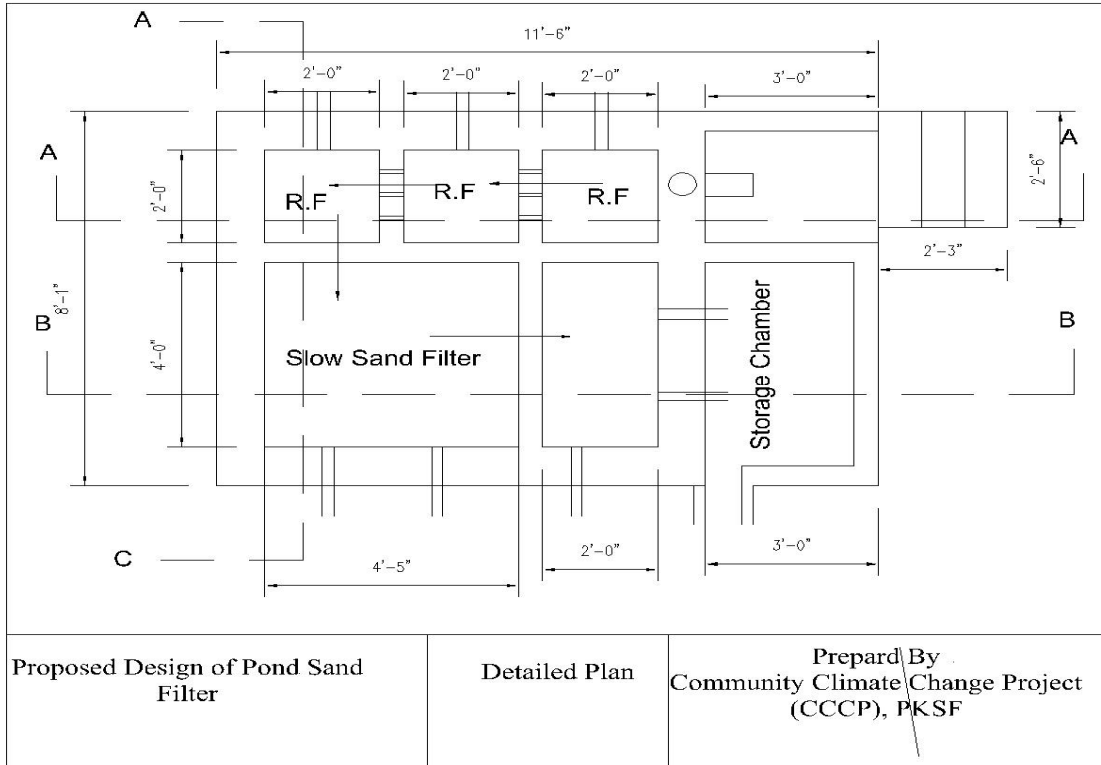
evsj vt`tki mgj DcKj eZj eYv³ Gj vKvq Lvevi cwbi m%U `xN⁹ tbi | Z`ycwi 2007 mvtj i mcyi mvBtKvb ŌmWi Ō Ges cieZ⁹Z 2009 mvtj msNiuZ NwSo AvBj vi Rb` GB m%U GLb Zxe⁹t`tk ZxeZi | DcKj eZ⁹ Gj vKvi kZKiv cŌq 74 fvM tj vtKi Lvevi cwbi mp'e`v tbB| bj Ke ev Mfxi bj Ke tKvbUB GLvtb KvRi bB KviY `f`ycwbi `t GB mKj Gj vKvq tbB ej tj B Pjt | DcKj xq Gj vKvi fMf⁹ cwbi j eYv³Zvi gvŷvi Av`kŌvb ntjv 1 wcuwU tmLvtb GB gvb weifb⁹vtb cŌq 10 wcuwU ev Zvi KvQvKwQ| Ab`w`tk DcKj xq Gj vKvi AvqZb w`b w`b epx cvt`Q| GLvbKvi Rbemuz `xN⁹ b atj Lvevi cwbi mvt_ mSMŌg Kti wUtk AvtQ| DcKj xq Gj vKvi GB cwbi m%U wbi mti Rb` Ab`Zg Dcvq ntjv cŪ m'vŪ wdëvi Gi e`envi | GLvbKvi Awævmxv mvariYZ tLjv cKti cwbi tKvb cKvi cwitkvab QvovB cvb Kti `vtK| dtj cwbi ewinZ weifb⁹ cKvi tivMm Ab`vb` Rwlj AmfL Zviv tfvM| GB tŋtŋ cŪ m'vŪ wdëvi GKwU fvjtj mgvavb| mvariYZ cKti cwbtK GB wdëvti gva`tg cëwnZ Kti wei x Kiv nq| DcKj xq Gj vKvi Lvevi cwbi GB m%U wbi mti j tŋtŋ wmwimic cKti Avl Zvq msiké-Gj vKvq cŪ m'vŪ wdëvi `vcb l tgvgtZi msµvš-Kvhŋg nrtZ tbqv ntqtQ| cŪ m'vŪ wdëvi `vcb l tgvgtZi msµvš-KvgDwbU KvBtGU tPÄ cŋRt±i (wmwimic) wbt`kKv wbaeŋc:

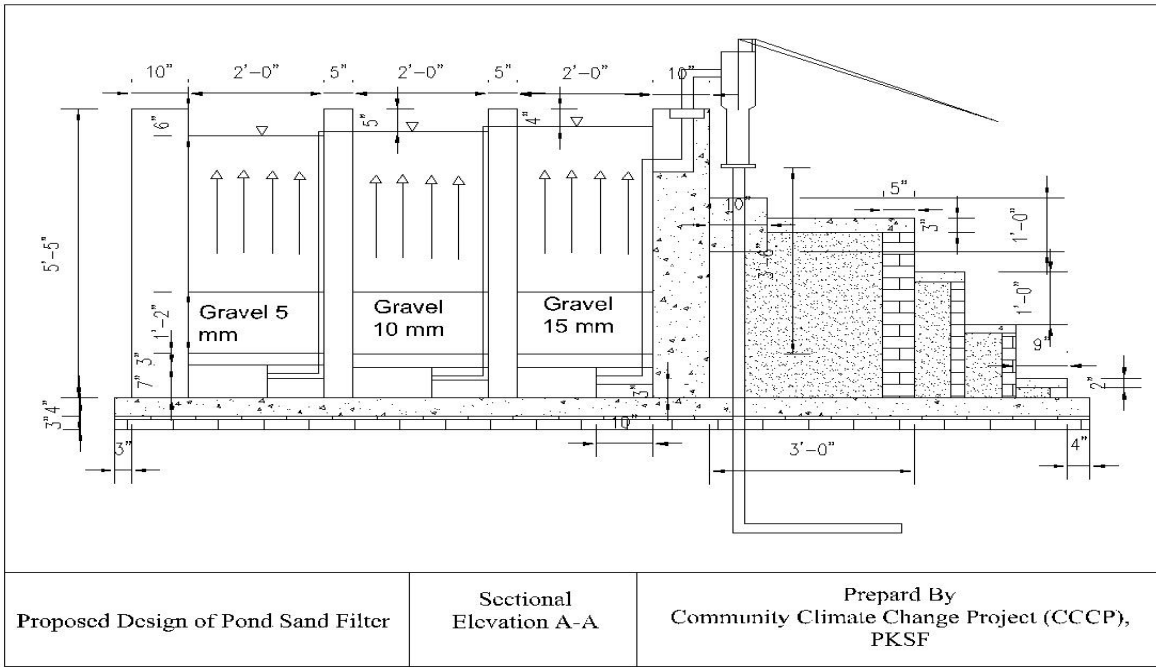
1. bZb cŪ m'vŪ wdëvi (wGmGd) `vctbi tŋtŋ wmwimic KZ⁹ mieivnKZ bKkv AbmiY KitZ nte|
2. tKvb cKti mvt_ hwi` cjuZb ev AKvhRi tKvb cŪ m'vŪ wdëvi `vtK Zte tmLvtb bZi wdëvi `Zwi bv Kti cŋePvB tgvgtZ Kti KvRix KitZ nte|
3. cŪ m'vŪ wdëvi-Gi Rb` wbaŋZ cKiuU Aek`B msiŋY KitZ nte hvZ tmLvtb tKvb cKvi gvQ Pvl, gvby ev Mi`-QvMjtj i tMvmj, nwo-cwZj favqv BZ`w` bv nq|
4. cŪ m'vŪ wdëvi `vctbi `vb wbevPti Rb` Gj vKvi MY`gvb` e`w³eMŋn msiké- BDwbqbw cwit`i tPqvi`gvb ev Ab`vb` m`m` wbtq GKwU KvgwU Kti `vb wbevPb KitZ nte| wbevPZ `vtbi gvij Kvb thb Ggb nq hvZ Kti D³ cŪ m'vŪ wdëvi mKtj i e`envi Rb` Db⁹ `vtK| G wltq wj wLZ GKwU Pw³ `vKtZ nte|
5. cŪ m'vŪ wdëvi Rb` wbevPZ `vb Ggb nte thb mKtj B Zv mntR e`envi KitZ cvti |
6. mri veQi wGmGd mPj i vLtZ nte cŋqvRtb elvRvtj hvZ wGmGd-Gi cwbi mSMŋ KitZ Amjeav bv nq tmRb` KvgDwbU KZ⁹ msthvM moK tgvgtZ Kti w`tZ nte|
7. cjuZb wGmGd ms⁹vti tŋtŋ wmwimic t`tk cerŋtgv`b wbtZ nte|
8. wGmGd tUKmB Kivi j tŋtŋ Aek`B KvgDwbUwfvE⁹K tKvb Kivvtgv cŌZwŌZ KitZ nte| Gtŋtŋ ŌD⁹ `v³wfvE⁹K e`e`vcbvŌ wlv qwU wetePbv Kiv thtZ cvti |

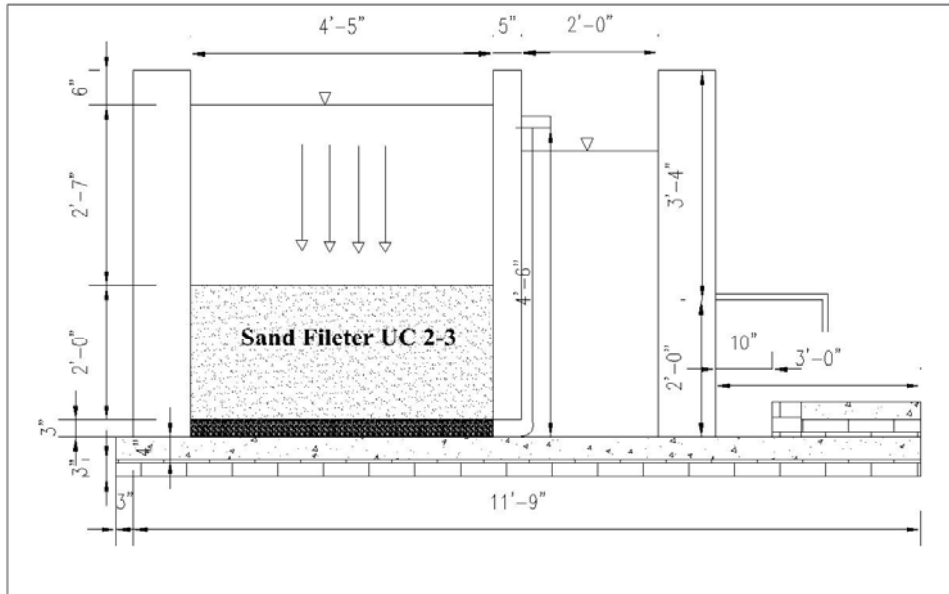
Avw`R mniqZvi cwia

i agvŷ cKti wWRvBb Abjvqx wGmGd wbgŋY G LiP Kiv hvte| evtRtUi AwZwi³ LiP DcKvi tfvMx/KvgDwbU Asik cofe| Gi evBti tKvb KgRvtE cKti G LvZi tKvb A`e`envi Kiv hvte bv| Gtŋtŋ I KgRvtE DcKvi tfvMx/KvgDwbU Askx`vwi Zj (Contribution), mvBb tewW⁹Rugi gvij Kvbv `Ej wlv qw` `i`ZmnKviti wetePbv KitZ nte|

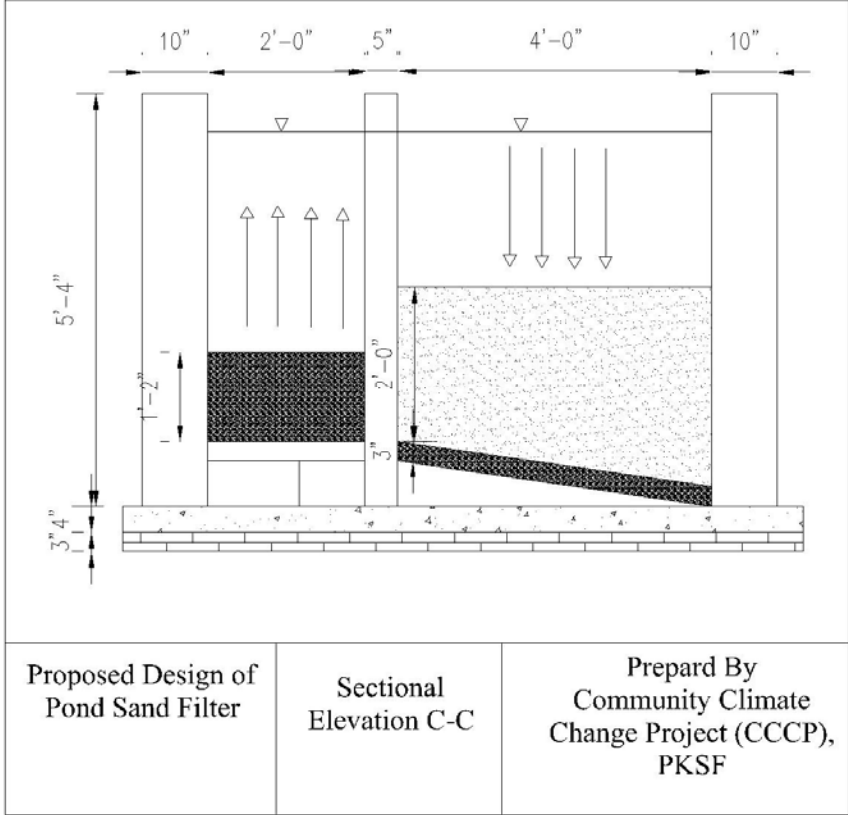
சுமீட்டுதலில் இயங்கும் குடிநீர் வலையில்







<p>Proposed Design of Pond Sand Filter</p>	<p>Sectional Elevation B-B</p>	<p>Prepared By Community Climate Change Project (CCCP), PKSF</p>
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cŪ m'vŪ wđēvŕi i Rb" LiP weei Yx wbaifc

Technical Specification of PSF

Sl. No	Description	Unit	Quantity	Rate	Total
A	Earth work, RCC and CC				
1	Earth work in excavation for the whole foundation leveling conforming the layout providing centre lines, benchmark pillars & marking the layout with chalk powder, providing necessary tools and equipments protecting and maintaining the trench dry etc. stacking the excavated earth at a safe distance removing the spoils etc.-all complete as per direction of the Engineer-in-charge.	cft	50.00		
2	Earth filling upto the FGL in a horizontal way upto 2'-6" from the tank wall. Then maintain 1:3 slope marge in the EGL. After filling every 6" layer have to be leveled including watering and compacting each layer upto finish level. Turfing in the exposed surface of the filled soil-all complete as per direction of the Engineer-in-charge.	cft	150.00		
3	Single layer brick flat soling wherever necessary including leveling & dressing the bed, filling up the interstices with local sand etc. all complete as per drawing and direction of Engineer-in-charges (with supply of necessary equipment and materials as per terms and condition).	sft	98.50		
4	Polythene Paper laying in floor or wherever necessary bellow cement concrete complete in all respect as per direction of Engineer in charges.	sft	98.50		
5	Mass concrete-CC (1:2:4) in foundation or floor with cement, sand (FM-1.2) and 3/4" down well graded picked jhama brick chips including breaking chips and screening, making, placing in position, making shutter water tight properly with laying polythine at the bottom of the slab casting in forms and curing at least for 7 days removing centering-shuttering all complete including cost of water, electricity, testing & other charges-all complete as per direction of the Engineer-in-charge	cft	33.00		
6	Reinforced Cement Concrete (RCC-1:2:4) of specified compressive strength $f_c' = 2700$ psi at 28 days on standard cylinder with cement conforming to BDS 232 & ASTM standard, best quality sand (sand of 50% FM-1.2 & sand of 50% FM-2.5) and 3/4" down well graded picked jhama brick chips including breaking chips and screening, making placing in position, making shutter water tight properly placing reinforcement in position mixing with mixer machine, casting in forms, compaction by vibrator machine and curing at least for 28 days, removing centering-shuttering all complete including cost of water, electricity, testing & other charges-all complete as per direction of the Engineer-in-charge.	cft	1.00		

7	Supplying fabrication 40 grade deformed bar with minimum fy=40,000 psi, ultimate strength = 70,000 psi and fixing to details as per design deformed bar reinforcement in concrete accordance with the BSTI standard in strengthening and cleaning rust, if any, bending and binding in position with G.I. wires etc.-all complete as per direction of the Engineer-in-charge	kg	3.00		
	Brick works				
8	10" thick brick works with 1st class brick in cement sand (FM-1.2) mortar (1:4) in exterior (Pudlo must be used) walls in filling the interstices with mortar, raking out joints, cleaning and soaking the bricks a least for 24 hours before use and washing of sand, necessary scaffolding, curing at least for 7 days etc. all complete including cost of water, electricity & other charges-all complete as per direction of the Engineer-in-charge.	cft	135.00		
9	5" thick brick works with 1st class brick in cement sand (FM-1.2) mortar (1:4) in exterior (Pudlo must be used) walls in filling the interstices with mortar, raking out joints, cleaning and soaking the bricks a least for 24 hours before use and washing of sand, necessary scaffolding, curing at least for 7 days etc. all complete including cost of water, electricity & other charges-all complete as per direction of the Engineer-in-charge.	cft	55.00		
	Plastering Works				
10	3/4" thick cement sand (FM-1.2) plaster with Neat Cement Finishing-NCF (1:3) in the floor with fresh cement (Pudlo must be used). Providing specified slope toward the outlet valve of each chamber and also providing provision for water passing from one chamber to the other-all complete as per drawing and direction of the engineer-in-charge.	sft	99.00		
11	3/4" thick cement sand (FM-1.2) plaster with Neat Cement Finishing-NCF (1:3) in both inner and outer surface with fresh cement (Pudlo must be used). Cleaning the surface, scaffolding and curing at least for 7 days etc. all complete including cost of water, electricity & other charges-all complete as per drawing and direction of the engineer-in-charge.	sft	310.00		
	Roof				
12	Supplying , fitting and fixing of roof frame (provision of single leaf) with 38mm x 38mm x 5mm M S angle & 25mm x 5mm flat iron bar with 20 gauge plain sheet. Netting system roof with galvanized wire mash 0.5" (4'-2" x 4'-7") & colouring (setting hinge 7 fixing with wall by clamp)-all complete as per drawing and direction of the engineer-in-charge.	sft	42.00		
E	Filter Media				
13	15 mm down graded jhama clips chips supplying, cleaning, laying & spreading in the Roughing Filter tank-all complete as per drawing and direction of the engineer-in-charge.	cft	5.00		

14	10 mm down graded jhama clips chips supplying, cleaning, laying & spreading in the Roughing Filter tank-all complete as per drawing and direction of the engineer-in-charge.	cft	5.00		
15	5 mm down graded jhama clips chips supplying, cleaning, laying & spreading in the Roughing Filter tank-all complete as per drawing and direction of the engineer-in-charge.	cft	5.00		
16	Sylhet sand effective size 0.2-0.35 mm and uniformity co-efficient 2.0-3.0 supplying, cleaning, laying & spreading in the slow sand filter (SSF) tank with a 3" layer of aggregate as per direction of the engineer-in-charge.	cft	35.00		
F	Pipes and Fittings				
17	Supplying, fitting & fixing 1.5" best quality G.I. pipe 3'-6" long with both end threaded-all complete as per drawing and direction of the engineer-in-charge.	each	1.00		
18	Supplying, fitting & fixing 1.5" best quality G.I. pipe 2'-0" long with one end threaded-all complete as per drawing and direction of the engineer-in-charge.	each	2.00		
19	Supplying, fitting & fixing 1.5" best quality G.I. end cap-all complete as per drawing and direction of the engineer-in-charge.	each	6.00		
20	Supplying, fitting & fixing 0.5" best quality urban 0.5" ball tap -all complete as per drawing and direction of the engineer-in-charge.	each	2.00		
21	Supplying, fitting & fixing 1.5" best quality G.I. socket-all complete as per drawing and direction of the engineer-in-charge.	each	1.00		
22	Supplying, fitting & fixing 1.5" best quality G.I. reducer 1.5" to 0.5"-all complete as per drawing and direction of the engineer-in-charge.	each	2.00		
23	Supplying, fitting & fixing 1.5" best quality D type uPVC pipe (RFL) as long as required-all complete as per drawing and direction of the engineer-in-charge.	feet	90.00		
24	Supplying, fitting & fixing 1.5" best quality uPVC strainer (RFL)-all complete as per drawing and direction of the engineer-in-charge.	feet	15.00		
25	Supplying, fitting & fixing best quality hose pipe (flexible pipe)-all complete as per drawing and direction of the engineer-in-charge.	feet	3.00		
26	Supplying, fitting & fixing 1.5" best quality uPVC reducer 5" to 3" (RFL)-all complete as per drawing and direction of the engineer-in-charge.	each	1.00		
27	Supplying, fitting & fixing 3" best quality uPVC pipe (RFL)-all complete as per drawing and direction of the engineer-in-charge	feet	6.00		
28	Supplying, fitting & fixing 3" best quality uPVC elbow (RFL)-all complete as per drawing and direction of the engineer-in-charge	each	3.00		
29	Supplying, fitting & fixing 1.5" best quality uPVC elbow (RFL)-all complete as per drawing and direction of the engineer-in-charge	each	19.00		

30	Supplying, fitting & fixing Deep Set Pump (6 no. hand pump-RFL heavy type) with all necessary fittings as required such as no. 6 pump, 50 mm dia G.I. pipe 0.61 m long, 50 mm x 40 mm reducing socket, 40 mm dia pipe nipple 1.22 m long cylinder, tie foot ball, tie plunger, 3 nos 10 mm dia socket, 4 nos 10 mm dia nuts, 5 nos ended threaded dia, M.S. rod 3 m long, necessary quantity of solution and tape etc.-all complete as per direction of the Engineer-in-charge.	each	1.00		
G	Perforated Slab				
31	Perforated slab of RCC (1:2:4) of specified compressive strength $f_c' = 2700$ psi at 28 days on standard cylinder with cement conforming best quality sand (sand of 50% FM-1.2 & sand of 50% FM-2.5) and 3/4" down well graded picked jhama brick chips including breaking chips and screening, making, placing in position, making shutter water tight properly, placing reinforcement in position, mixing with mixer machine, casting in forms, compacting by vibrator machine and curing at least for 28 days, removing centering-shuttering, thickness 3" with 0.5" hole in 2" gap in the slab using PVC pipe. All complete including cost of water, electricity, testing & other charges as per direction of the engineer-in-charge.	cft	2.50		
Total					

cwi tek evÜe Dbz Pj v

evsj vt`tk 90 kZvsk gvby GLbl `b b KvR Rxevk Rj vbx e`envi Kti | Gt`tki 30 wgvj qb gvby | ivbteRwbZ evqy`
`t`bi `Kvi, hvi AwKvskB gvnj v| vek! `v` ms`vi RiXci GK dj vdtj ejv ntqtQ th ivbteNti i tavqvRwbZ evqy`
`t`Yi dtj evsj vt`tk cuP eQti i Kg eqm wki` gZi msL`v eQti cDq 32000 Ges gvnj vi msL`v cDq 14000 |
thmKj bviX/MynYv/tgtqiki iv mviw`b cPuj Z Pj vq KvR Kti Zvt`i AwKvskB klmbvjx msL`vS-tivM`M` fivM` Ges
GKch`q Zvi GB tivM` cwi evti i AkwS` KviY ntq` wovq | th KviY, bviX`v` wclqU`K wetePbv Kitj GB bZb
aitbi Pj v Awf`thvRb Kiv Aek`B `v`S`K Kgvte Ges Rxeb-RweKvi gvtbvqtb Ae`vb ivLte | Avgvt` i t`tk Mdtgi
cDq 99 kZvsk emoi tjt`Kiv ivbte Rb` cPuj Z Pj v e`envi Kti | Avgvt` i GB cPuj Z Pj vtK ejv nt`Q` OivbNti i
NvZK0 | Avgvt` i cPuj Z Pj vi gva`tg eQti cDq 100 wgvj qb Ub Rxevk Rj vbx e`envi Kiv nq | Gi dj kDvZtZ
Avgvt` i ebfiG GKw`tk DRvo nt`Q` Ges KwL Rwg nvi vt`Q` Zvi DePZv | G Qovl cPuj Z Pj v t`tk th Zvc Drcb`nq
Zvi gvL` 5%-15% ivbte KvR e`eÜZ nq | Dbz Pj vi t`q`i` KvhKix Zvtci cwi gvY A`bK tenk Ges 50% Rj vbx
mvtq nq | Avgvt` i t`tk h`v` I weMZ 30 eQi at`i Dbz Pj v e`eÜZ ntq` AvmtQ` wKs` wewfbecKvi cDZeÜKZv, cPvi
Ges mtPZbZvi Afvte Gi e`envi ep`x cvqub | wKs` eZGvrb ebfiG i`q`v, gvU`i DePZv ep`x Ges mtev`wi wki` gZi
Kgv`bvi j`q` Ges Rj evqy cwi eZB`RwbZ AwfNvZ tgvKvtejvq Dbz Pj vi e`envi ep`xi j`q` mi Kwvi I temi Kwvi
wewfbecD`v`M MhY Kiv ntqtQ | GiB avivewnkZvq wmwmmic cKti i Avl Zvq msik`Gj vKvq cwi tek evÜe Dbz Pj v
`vcb Ges Gi cPvi I cDvti i KvR nvtZ tbqv ntqtQ | D`3 KvRi Rb` KvgDwbU KvBtgu` tP`A cD`Rt`i (wmmmmic)
wb`K`Kv wbg`fc

1. wmmmmic t`tk cwi tek evÜe Dbz Pj vi Rb` tKvb cKvi b` v mi eivn Kiv nte bv |
2. th Gj vKvq th aitbi Pj v mavi Y fvte e`eÜZ nq ev th g`Wtj i Pj v cPuj Z Zv`vcb Ki`Z nte |
3. Pj v `vctbi Rb` DcKvi t`fMxi` i Aw`R AskMhY wntmte Aek`B Pj v cDz 300-400 UvKv wbtZ nte |
4. `vbxq D`v`v` i w`KU t`tk RFQ c`xwZtZ Pj v mq Ki`Z nte |
5. `q` Kwvi Mi Qvi v I`wUg`fvte Pj v `vctbi wclqU` wbtDZ Ki`Z nte |
6. Pj vi e`envi wbtDZ Ki`Yi Rb` wbeofvte ch`e`q`Y Ki`Z nte | Pj v mi eivn Kvix`K cKti i tgqv` Kvj xb
ch`S-tg`vgZ I i`q`Yvte`q`Y wclqK mnvqZv cD`vb Ki`Z nte |

Aw`R mnvqZvi cwi wa

cwi tek evÜe Dbz Pj v mq`i`i`i` cteB DcKvi t`fMxi Ask Znietj Rgv`vKtZ nte | DcKvi t`fMxi Ask ev` w`tq
Aenkostki Rb` eivl`KZ A`LIP Kiv hvte | cKti Pj vKvj xb tgi vGZ I i`q`Yvte`q`Yi Rb` Avj v`fvte A`msi`q`Y
Ki`Z nte Ges tgi vGZ I i`q`Yvte`q`Yi KvR wbtDZ Ki`Z nte | Gt`q`i` I mq` bmxZgvj v tgbt Pj`Z nte |

tmvj vi tnvq wnt ÷ g

evsj vt`k we`jr LvZ Pig msKtU i tqtQ | Gi nvZ t`tk t`kK evPvtZ wi wDtqej GbwR[®] thgb tmvj vi GbwR[®] envi Kivi tPov Pj tQ | tmvj vi GbwR[®] GLb mwgZ cwi gvtY e`euZ nt`Q Zte μgmZ evotQ | miKwi wewfbocZōvb Ges cvkvcwk temiKwi ms`v,tj v G e`vcvti gvblytk mPZb Kivi KvR Ki tQ | MōgxY Gj vKv,tj vtZ we`jtZi Rb` gvblytk AtpK tek UvKv cwi tkva Ki tZ nt`Q | evsj vt`ki cōq 60 kZvsk gvbly we`jtZi Avl Zvaxb | cwi tek evUe tUKmB Dbqtpi Rb` wi wDtqej GbwR[®] Pwin`v wekpevcx Rbwcōq nt`Q | eZgub weik; tmvj vi cvl qvi Acwi Kí bqx mvdjt`i gyl t`L tQ | evsj vt`ki wi wDtqej GbwR[®] wntmte tmvj vi GbwR[®] Pwin`v l RbwcōqZv w`b w`b ewx cvt`Q | GLvtb AtpK ai tpi kw³i Drm _vKtj l tmvj vi GbwR[®] envi mjeavRbK | Gi Drcv`b cōpvcv AtpK mnR, AtpK tek KvRi n l qvq tmvj vi cvl qvi tK wi wDtqej GbwR[®] metPq fvj Drm wntmte t`Lv nt`Q | gybe m`u` Dbqtpi t`t`i cieZ[®] cRbZ _v tQjt`gtq`i t j Lvcov Ges Mn`vj x KvRi mjeavt`[®] mmmimic cKt`i i Avl Zvq msukē-Gj vKvq tmvj vi tnvq wnt ÷ g `vcb l cōvti i KvR nvZ tbqv ntqQ | D³ KvRi Rb` KvgDvbuU KvBtgu tPÄ cōRt±i (mmimimic) vbt`Kv vbgēfc:

1. th mKj Gj vKvq we`jtZi mje`v tbB tmvj vi tnvq wnt ÷ g `vcb tpi t`t`i tm mKj Gj vKvK vPvYZ Ki tZ nte |
2. th mKj `wi`³ cwi evti i tQjt` - tqtqiv t j Lvcovi mvt`_ msukē-tmB mKj cwi evi tK AMōaKvi wfvE tZ uberPb Ki tZ nte |
3. th mKj cwi evi i vtZi Avtj v wbfP Avq eaēgj K KvRi mvt`_ RwoZ tmB mKj cwi evi tK AMōaKvi w`tZ nte |
4. DcKvi t`fvMxMb `wcz tmvj vi tnvq wnt ÷ g hvZ tKvb Ae`vtZB n`všt` ev wēpμ Ki tZ bv cvti gtg[®] mgtSvZv P³ `t`i Ki tZ nte |
5. DcKvi t`fvMxMY wbr `wqZ; GilU tgi vGZ l i t`Yvte t`Y Ki tēb |
6. tKv`úvbx KZR cō`q l qvti wU mgtqi gta` tmvj vi tnvq wnt ÷ g `vbsšt`i cōqvRb ntj Aek`B msukē-ms`vtK AewK Ki tZ nte |
7. th tNz tmvj vi tnvq wnt ÷ gti mvt`_ e`vUvi x msh³ _vtK ZvB GilU e`envti mZKZv Ae j`b Ki tZ nte | GLvb t`tk tKvb cKvi `Nōbvi Rb` ms`v ev mmmimic cKt`i i tKD `vqx _vKte bv
8. bó ntq hvl qv e`vUvi xi wkkv ev GimW hT ZT bv tdtj mmmimicōi cwi tek wēl qK bwiZgvj v Abjmi Y Ki tZ nte |

Avw`R mnvqZvi cwi wa

i`ay tmvj vi tnvq wnt ÷ g μtqi Rb` eiv l KZ A_`[®] envi Kiv hte Ges μtqi cteB DcKvi t`fvMxi Ask Znmetj RgvKi Y wvōZ Ki tZ nte | mmmimic t`tk eiv t`i AvZwi³ Lip DcKvi t`fvMxtK enb Ki tZ nte | Gt`t`i l μq bwiZgvj v tgbt Pj tZ nte |

tmvj vi tnvq wnt ÷ g m`u`K[®] e`wi Z Zt`i Rb` wbtg³ cōZōvti mvt`_ thvMvthvM Kiv thtZ cvti

1. i`wng Avd t`i vR: thvMvthvM- 01715758883
2. MōgxY kw³: thvMvthvM- 9004081
3. Btj t`tkg tUKt`bvj wRm wj t : thvMvthvM- 01718-262645, 9338159
4. tb- U cvl qvi wj t : thvMvthvM- 01612-942204
5. BbtRb tUKt`bvj wR wj wgtUW: thvMvthvM- 01730-359539
6. cōRZmyevsj vt`k : thvMvthvM - 7123552, 711302
7. Bbtv`fvUf tUKt`bvj wR : thvMvthvM- 01713007490; 8034321

8. BtKv cvl qvi tKv=úvbx wj wgtUW (BwcmGj) : thvMvthvM- 01711526914, 8621746
9. Avfv tWtfj ctgU tmvmvBwU : thvMvthvM - 01712335516, 7788879
10. tmvj vi c`vK : thvMvthvM- 01819247456
11. tmvj vi evsj v`k : thvMvthvM-01911244333
12. mtbvm GbwR@mwfS tUKtbyj wR: thvMvthvM- 01817713467
13. XvKv mwrfm tKv=úvbx: thvMvthvM- 01732683069
14. efbU Btj w`K tmfvi tUKtbyj wR wj t : thvMvthvM- 01676734606
15. MfY GbwR@mj kb wj t : thvMvthvM- 880-4477156287
16. DEiY tUKtbyj wR : thvMvthvM- 01729090435
17. wWvRUvj tUKtbyj wR : thvMvthvM- 01713366174
18. AvKvk tmvj vi : thvMvthvM- 01911-177788, 8611778|

ti Bb I qvUvi nvtf@-s wmt ÷ g

Rjevqy cwieZ#bi c#vte ¶wZM0-c#KwZK m#u` ,tjvi gta` cwib m#u` Ab`Zg| wetkl Kti Llevi cwibi msKU DEtivEi ep# cvt`Q| evsj vt`tkl w`b w`b Llevi cwibi msKU Zxe#t_#K ZxeZi nt`Q| t`tki `w¶Y A#tj i DcKj eZx® tRjv Lj bv, evtMinvU, mvZ¶xiv A#tj i teuki fivM GjvKvi f-Mf® cwib jeYv³ ntq hvI qvq Llevi cwibi Zxe#msKU `xN# b at# D³ GjvKvi tj vtKiv tgvKwejv Kti wUtK AvtQ| G mKj GjvKvi gvb#li Llevi cwibi gj Drm ntjv epó| wewfbacKvi ch#¶Y t_#K t`Lv hvq th epó tgsm#g Zviv cÚg 6 gym GB cwib cvb Kti _vtK| eQti i ewk 6 gym Zviv wgvVw cwibi Rb` cKj ev `ieZ#tKvb cwibi Drtmi Dci wbf# KitZ nq| mvaviYfvte GB `#Zj KLbl KLbl 3-4 wKtj wgvUvi ch#-ntq _vtK| Ab`w` #K wgvVw cwibi cK#i t_#K th cwib msM#h Kti _vtK Zv Zviv tKvbcKvi tkvab QvovB cvb Kti _vtK| dtj cwib ewwZ wewfbacKvi tivM Zvt` i wvZ` m#x| epó cwib msM#ni t¶#t Zviv wKgz msM#h c#wZ tg#b bv Pjvq Ges cwib ivLvi cvI wqwgZ i ¶Yvte¶#Yi Afvte msMpxZ cwib cÚqkB `wLZ ntq cto| Ab`w` #K cwib msM#ni Rb` tKvb cKvi `vcbv Zvt` i #K w`tj tmUvi ch#B i ¶Yvte¶#Yi Afvte mn#RB AtK#Rv ntq cto| GgZve`vq D³ GjvKvi gvb#li mv#_K_v etj , gvW cwi`k# Kti wetkl ÁM#Yi gZvgtZi wfvE#Z mn#R I `tYg# epó cwib msM#h I msi ¶#Yi Rb` KwgDwbw KvB#tGU tPA c#R± (wmmwmmw) wKQy Kvhp#g nvfZ wbtq#Q| Kvhp#g m#u#kZ wmmwmmw-Gi wbt`#Kv wbaifc

1. epó i i" nI qvi cÚg 5-10 wgvUw cwib msM#h Kiv hvte bv| evZvtm Ges Pv#j th ajv-gqjv _vtK Zv c#g epó#Z cwi®vi ntq tM#j cwib msM#h KitZ nte|
2. cwib msM#ni Pvj cwY®vi Kti ivL#Z nte hv#Z tKvb cKvi j Zv-cvZv R#g bv _vtK|
3. cwib msM#ni Rb` Pvj mvaviYZ wUb, Ksm#u ev cwj w_#bi ntj fv#jv nq| tMvj cvZv ev Li t`qv Pvj t_#K cwib msM#h Kiv hvte bv|
4. cwib msM#ni cvI, cvBc cwi®vi ivL#Z nte|
5. cwib msM#h Kti Zv Qvqvhy³ `vtb ti#L tX#K ivL#Z nte| m#h# Av#jv mivmwi XK#j tmLv#b k`vl jv RgtZ cv#i |
6. msMpxZ cwibi gta` thb tKvb Ae`vtZB cvZv, tcvKv-gvKo, gkv-gwQ c#ek KitZ bv cv#i tm Rb` Zv fv#jv Kti tX#K ivL#Z nte|
7. epó cwib msM#ni cv#I i gj- Ggb ntZ nte hv#Z Zv mn#R cwi®vi Kiv hvq|
8. epó cwib msM#ni cv#I thb tKvb Ae`vtZB wQ`#bv _vtK|
9. AwZwi³ cwib tei nI qvi Rb` GKwU I fvi tcv#cvBc cwibi cv#I i mv#_hy³ ivL#Z nte|

DcKj xq Gj vKvq num cij b

Rj evqycwiczfibi dtj mgy^a cfoi D^oPZv tefo hv^o Ges evsj vt^o tki `w^oY-cw^ogv^oAtj i we^oZZ Gj vKv cmbtZ Wte thtZ cvti etj weAvbxiv aviYv Ki tQb| BtZvgtA^oB Rj evqji cwiczfibi dtj Ges gbl^o m^o wevea Kvi tY G AA^otj Rj ve^oZv, jeYv^oZv, eb^ov I NwYSo D^otj L^othvM^o nvti ew^o tctqtQ| hvi dtj M^otgi mvaviY gvb| Kwl wbfP Kv tRi m^othvM nvi vt^oQ| Avq Ktg hv^oQ, Lv^o v^ove I cyo Pwn^ov w^ob w^ob tefo hv^oQ| eZ^ogvb cwiv^ow^otZ Aí RvqMvq I Aí webtqtM Dbz Dcv^oq num cij tbi gva^otg wWg I gvstmi Drcv^ob ew^o Kti cwiev^oti Avq, Lv^o I cyo Pwn^ov wgv^owtq Riebhw^ovi gvb Dbq^ob Kivi m^othvM m^oo ntqtQ| evsj vt^o tki DcKj xq Gj vKvq cP^oi Rj v^ofwg I Rj ve^o RvqMv Av^oQ etj num cij tbi AbKj Ae^ov weivR Ki tQ| wK^oS Dbz ch^oY^otZ num cij tbi t^oq^ot^o ch^oY Avb I `q^oZvi Afr^otei Kvi tY B^ot^oQ vKv m^otEj| A^otbtKB G D^ot^o vM M^ohY Ki tZ cvi tQ bv| GgZve^ovq, w^om^om^ow^oc c^oR^o± G AA^otj i `wi^o `a RbM^otYi Avq ew^ogx K Kv tRi gva^otg `q^oZv Dbq^otbi j t^oq^o num cij b we^ol^oq c^ol^oq^ot^oYi gva^otg Rj evqycwiczfibi Z^oR^ow^oZ S^oqKi mv^ot^o Lvc LvB^otq Pj vi Rb^o m^oq^oZv ew^oxi D^ot^o vM M^ohY Ki tQ|

DcKvi t^of^ov^oMx ube^oP^otbi `enk^o

KugDubw^oU Kbmj t^oUk^otbi gva^otg DcKvi t^of^ov^oMx uba^of^ob Ki tZ nte, Zte num cij tbi Rb^o DcKvi t^of^ov^oMx ube^oP^otbi Rb^o w^ot^oai we^ol^oq^o t^oj v we^otePbv Kiv thtZ cvti |

- wK^oQ^ov^o num cij tbi ce^oAwf^oA^oZv i tqtQ|
- hv^ot^o i Pv^ol^o thvM^o Kwl R^oig t^obB|
- hv^ot^o i emZewo Db^oY^o Rj vav^oti i Kv^otQ Aew^oZ A^oev hv^ot^o i emotZ t^oQv^o/eo c^oKi Av^otQ|
- hv^ot^o i num cij t^ob AvM^oh i tqtQ|

DcKj xq Gj vKvi Dc^othv^oMx RvZ Ges Rv^otZi `enk^o

K) LuK K^ov^ot^oaf

- gvj t^oq^oq^ovi i atq^ob num Ges eb^o Bw^oQ^ov^ob numxi mv^ot^o ksKivq^ob Kti G Rv^otZi num D^om^oeb Kiv ntqtQ|
- w^og^ot^om^o K^ov^ot^oaf bigK GKRb BD^ot^oiv^ocq^ov^ob bvix G Rv^otZi n^ot^omi D^om^oeb Ktib etj Zvi bvg Ab^ogv^oti G num cwi w^oPZ|
- K^ov^ot^oaf num `B c^oK^ov^oti i nq| thgb-mv^ov I LuKx|
- LuKx i stqi num wWg cvovi Rb^o Aw^oaK cwi w^oPZ|
- G^ot^o i tPvL Mvp ev^ovgx i stqi Ges tPv^otLi Pwi^ow^o tK me^oR tMvj teobx^o v^otK|
- numv D^o3/4j w^oc^o1/2j etY^oP Ges gv^ov gmY|
- numx Zj bvg^o Kfv^ote Kg D^o3/4j Ges Zvgv^otU i stqi |
- numv I numxi eK, t^oU, t^on I t^oj tRi cij K LuKx Zvgv^otU i stqi | numvi cv I cv^otqi cvZv Kgv^ov i stqi wK^oS numxi cv I cv^otqi cvZv Zvgv^otU i stqi |
- cY^oeq^o v^o numvi I Rb 2.10 tKw^oR Ges numxi I Rb 1.80 tKw^oR|
- numx 150 w^ob eq^ot^om wWg cvotZ^o i i^o Kti Ges erm^oti 250-300w^oWg cvto|

L) tRb^ow^os

- numx M^oto erm^oti 280-320w^oWg cvto|
- Mj v Ab^o Rv^otZi t^otq^o te^oik j^o v^onl qvq cwbi Aw^oaK bxP t^otK L^oevi msM^oh Ki tZ cvti |
- G Rv^otZi num cwbi 8-10 dU Mf^ot^oti wM^otq L^oevi msM^oh Ki tZ cvti |
- LuK K^ov^ot^oaf Gi Zj bvg Lv^o `j x tQvU n^ol qvq L^oevi Kg j v^otM|
- evsj vt^o tki Aven^ol qvq ti vM Kg nq|
- kvgtKi cvk^ocvk Nvm Lvq etj wWg nvj Kv bxj nq|

DcKj xq Gj vKvi Dbz Rv^otZi n^ot^omi ev^oPvi Drm

- tK^o `xq num cRbb Lvgi - bvi vqYMA|

- AvĀwj K num cRbb Lvgvi - cvebv, t`šj Zcj, Lj bv|
- AvĀwj K num cRbb Lvgvi - AvgvbZMĀ, ewi kvj |

GQovov eZgvtb temi Kwii chftq Lj bv I ewi kvj nufmi evPv mieivnKvix itqtQ, thgb mZZv num Lvgvi, tmvbj x num Lvgvi, ifcvj x num Lvgvi BZ`w` |

evm`vb e`e`vcbv

- Aafex Ae`v t Nti i ZvcgvĪv mvaviYZ: 12.8 wMM0 tmt t`tk 23.9 wMM0 tmt nI qv DEg| num mvaviYZ 70% Av`zv mn` KiZ cvti | Av`zv 20% Gi Kg ntj nufmi cvLbv Sti hvq| Avevi Av`zv 70% Gi tenk ntj KkvmwI mm I Kwg tivm ntZ cvti | ZvB nufmi Nti itgS i Kbv I evqyPj vPtj i fvj e`e`v`_vKv DvPZ|
- tKej gvĪ i vtĪ Ae`vb Ki te|
- Nti itgS KvPv-cvKv ntZ cvti | Zte KvPv itgSi t`qtĪ t`qvj KuKi vgnkZ evj gvU0 vvi v`Zwi KiZ nte|
- G Nti nufmi Llevi t`qv hvte bv|
- itgStZ KvVi`vov ev Zl`w`tg e`e`v` KiZ nte|
- c0ZvU nufmi Rb` 1 - 1.5 eM0U RvqMv` i Kv|

Lv` I cwi PhP my`fvte kvixiK evxi Rb` gvbj I Ab`vb` Rxtei gZ nufmi t`qtĪ I Lv` LpB` i`Zcywvclq| num cvj b e`e`vcbvq c0vb LiP nj Lv` LiP| G Lv` i mieivn thgb evRvti itqtQ Avevi AtbtKi emoi Avtkcvtki tWvev-bvj v, Lvj -vejt chfB cvl qv hvq| Zte wmmwmmic c0R± Dckjxq Gj vKvq Rj evqy cwi eZfb` qvZM0`-`wi`a I AvZ`wi`a RbtMv0x vbtq KvR KiZ Ges hvf` i emZewo Db`Rj Rj vavti i KvZQ Aev`Z A`ev hvf` i emotZ tQvU/eo cKi AvZQ Zviv Aafex Ae`vq LuK K`v`v` I tRb`wS RvZi num cvj b KiZ Llevi LiP 50 fvM Ktg hvte|

nufmi tivm e`e`vcbv` t`m`v`S RvqMv, cwi`vi cwi`Obzv, chfB I vbi v` cwb Ges mJg Lv` mieivn vbi v`Z Kiv tMj nufmi tivm-evj vB Kg nq| Zvi ci I nufmi wKQy wKQy tivm nq, hvi gta` WkKcM-Ges WkK Ktj iv nufmi` BvU c0vb tivm| wmmwDj Abjvqx wKv c0vbi gva`tg G mKj tivm t`tk numtk gvB ivLv hvq| Ges G mKj wKv`f g`j` DctRj v ckyvmcvZj mieivn Kti`_vtK|

num cvj b eve` evfRU (wmmwmmic-i Ask)

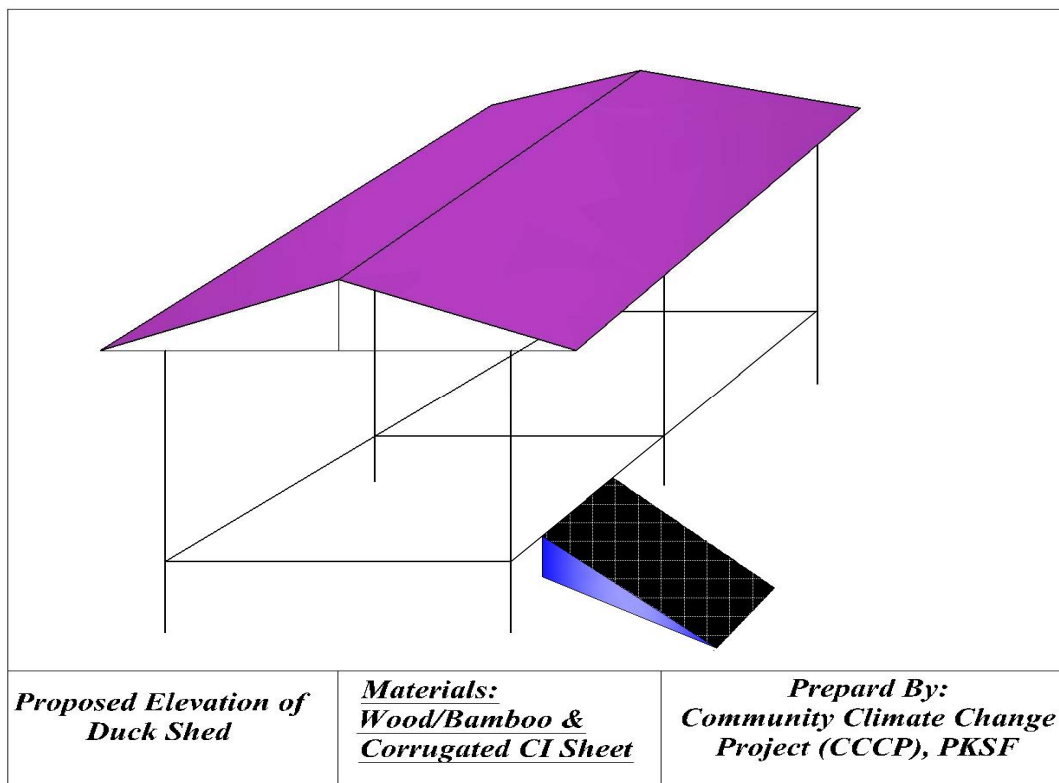
μwgK bs	weeb	tgU UvKv	gše`
K	AeKvWrtgv		μwgK bs 0K0 t`tk 0M0 chS mKj LiP cKĪ t`tk t`l qv nte
	KvW/ewk	2,000	
	tBU (c0hvR` t`qtĪ)	800	
	Zvi /mzj x/tcti K/Zvj v/Avj KvZiv BZ`w`	700	
	wUb/wmAvB wU	1000	
	mvBb tevW ^o	200	
L	wKv/JIa	800	μwgK bs 0N0 Gi LiP Dckvi t`fvMxi wBR`^LiP t`tk enb KiZ nte G t`qtĪ Dckvi t`fvMx Ab`tkvb cKĪ t`tk qv`a FY mrvqZv vbtZ cvti D`j t`h μwgK bs 0N0 wbi v`Z nI qvi cti B tKej μwgK bs 0K0 t`tk 0M0 chS-mKj LiP cKĪ t`tk Qro Kiv nte
	c0k`qY	500	
M	Ab`vb`	500	
me`fgvU		6,500/-	
N	Ni`Zwi i gRvi ,0Mj μq, cwi enY, Lv` (b`pZg 2wU 0vM`j i Rb`)		
cKĪ t`tk me`fgvU Abj`vb		6,500	

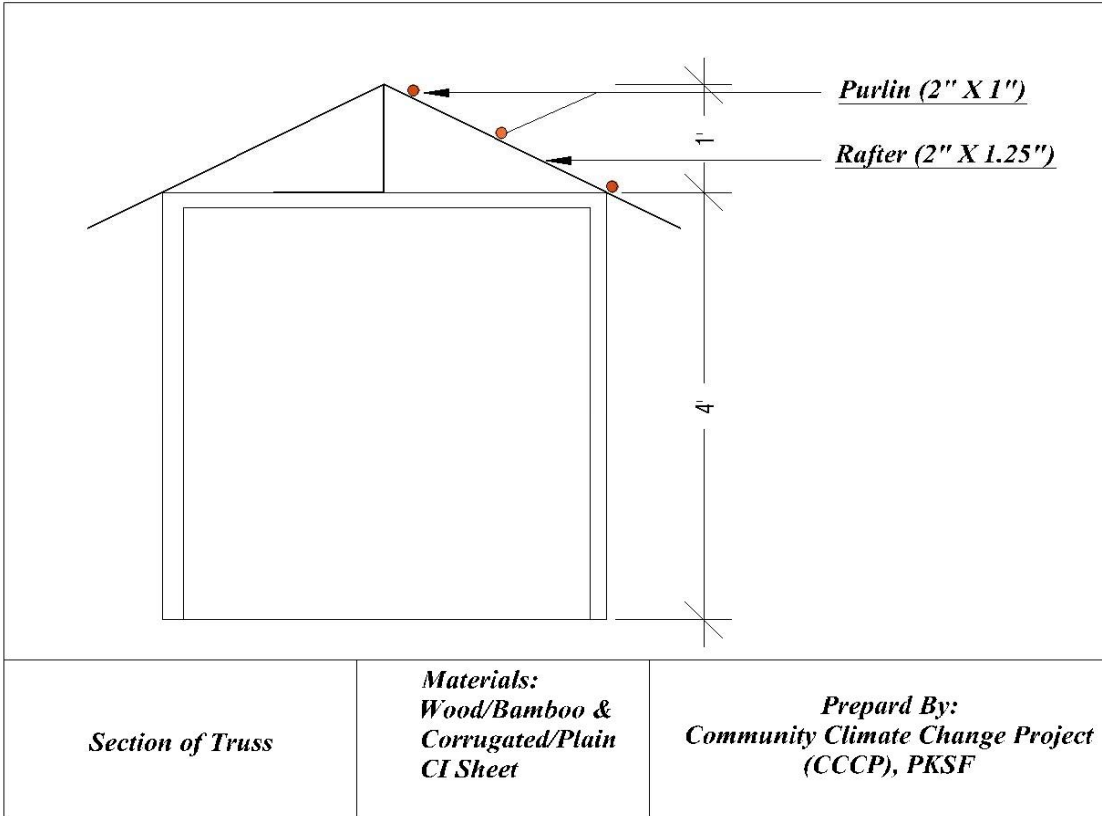
Dcñiwj wēZ RvZ Qovl ~vbxq RvZtK wētePbv Kiv thtZ cvti | nvlmi NiñK `xN°vqx Kivi Rb" Kv I enk fvtjv Kti
wmRb Kti ZvtZ Avj KvZiv ev i0 w`tZ nte|

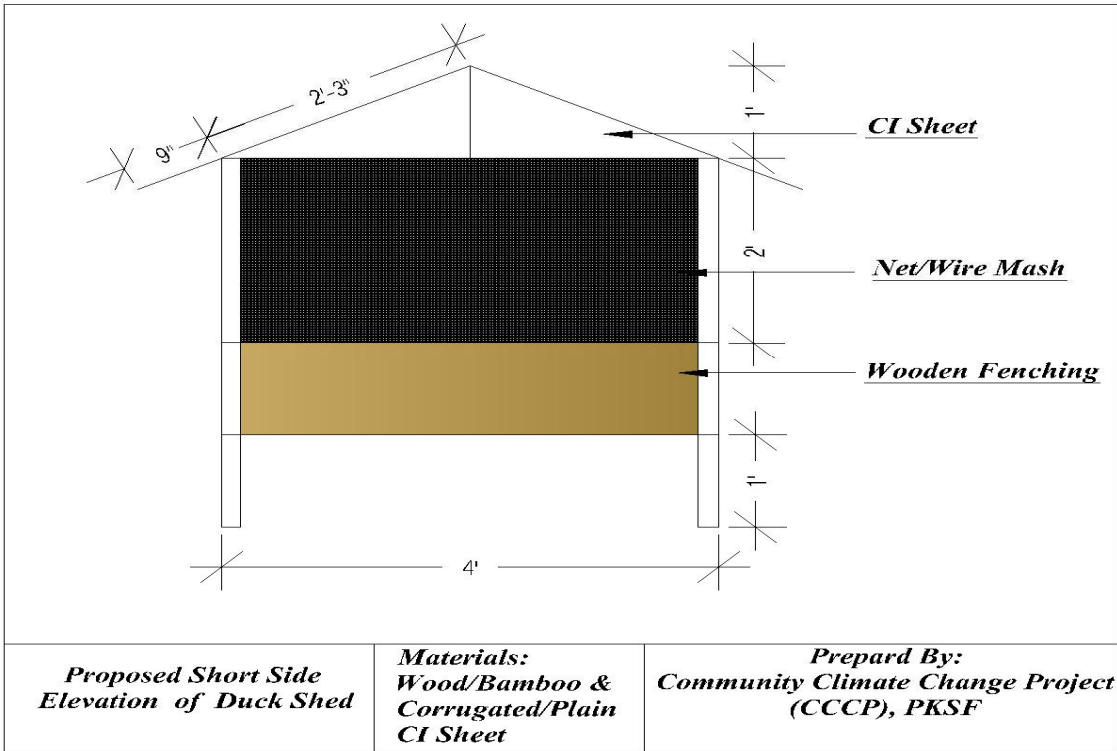
Avw_Ŕ mniqZvi cwīwa

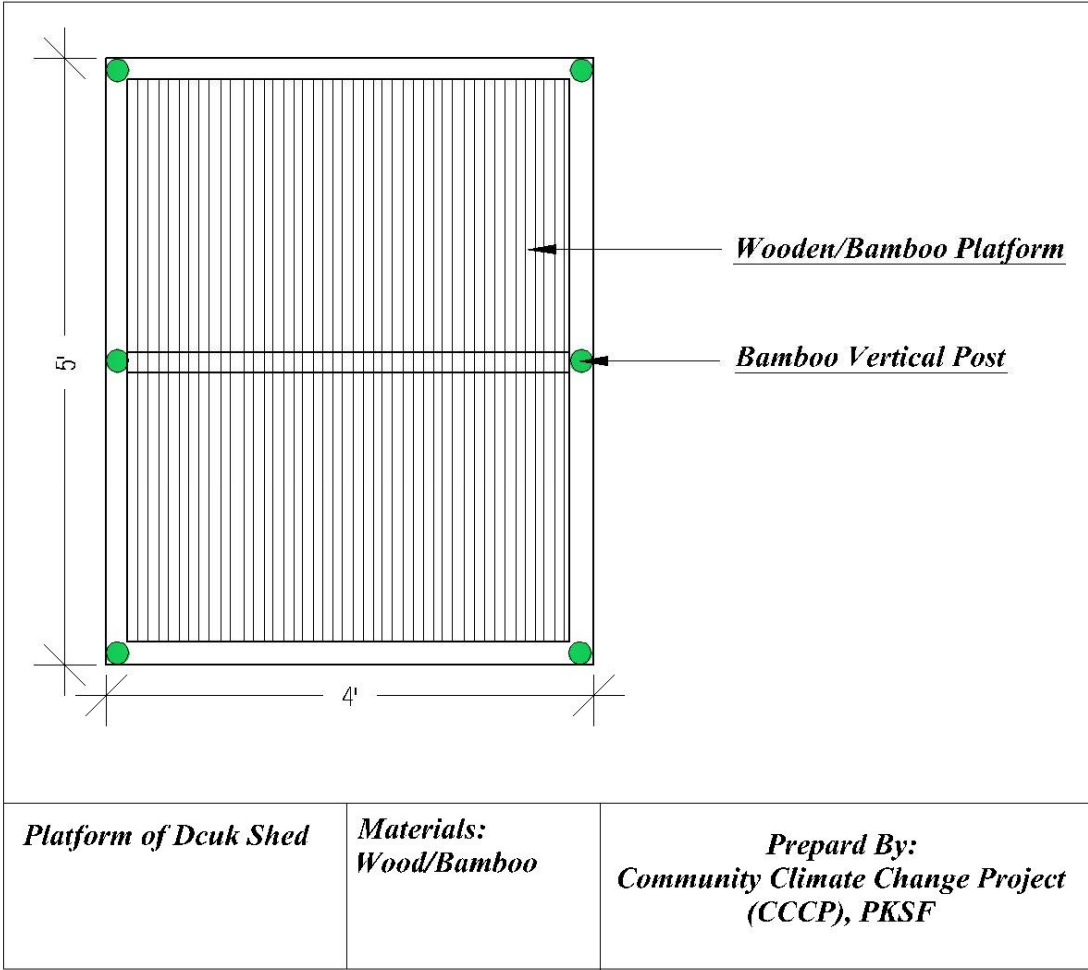
cKñi wVRvBb Abhvqx num cvj ðbi Ni tZwi eve` LiP Kiv hvte| evRñUi AvZwi³ LiP
DcKvi ðfvMx/KwgDibwJi Astk cotē| Gi evBti ðKvb KgRvĒ cKñi i G LvñZi ðKvb A_ē`envi Kiv hvte bv|
Gññññ I KgRvñÜ DcKvi ðfvMx/KwgDibwJi Askx`wi Zi (Contribution), mivBb tevW°wel qw` i“ZmnKvñi
wētePbv KiñZ nte|

DcKj xq Gj vKvq num cvj ðbi Rb" wmwmmmw cŔ Ē b· v wbgñfc









gvPv c×wZtZ QvMj cvj b

Rj evqycwi eZtbi dtj metPtq teuk ¶wZi m=§xb nt"Q evsj vt`tki `wi`a I AwZ`wi`a RbtMvõx, hvf`i Pvl thvM` Rwg
tbB Avevi Avq ep×gj K tKvb KvRi mvt_ mshj³ nl qvi mthvMl Kg| Rj evqycwi eZtbi weijc cfiñe Ges weifbæ
cõKwZK `thvMi gvIv tetõ hvl qvq GKw`tK thgb KwL Drcv`b e`nZ nt"Q, tZgwb `wi`a gvb¶l i Kgñs`vtbi l mthvM
Ktg hvf`Q| dtj hviv KwL Drcv`tbi mvt_ RwoZ Zvt`i Kgñs`vtbi mthvM Ktg hvf`Q| Aw`Rfvtè m"Qj bv nl qvq
Zviv Mi"-gwnl cvj b Kti RweKv ubeñ Ki tZ cvi tQ bv| GgZve`vq, umwumwic G AAtj i `wi`a RbMtYi Avq ep×gj K
KvRi gva`tg `¶|Zv Dbq¶tbi j ¶¶| gvPv c×wZtZ QvMj cvj b wèl tq cõK¶tYi gva`tg Rj evqycwi eZtRvbZ S¶Ki mvt_
Lvc LvBtq Pj vi Rb` m¶|gZv ep×i Df`vM MhY Kti tQ| cPuj Z wõqtg QvMj cvj tbi tPtq gvPv c×wZtZ QvMj cvj b
Ki tZ QvMj i tivM-e`wa Kg nl qvi dtj Lvqwi teuk jvfevb nq Ges QvMj i `v` fvtj v `vtK| gvPvi Dcti QvMj
`v`Q¶ `vKtZ cvti, gj -g¶I i mvt_ gvLvqWL nqvb Ges tmLv t`tK Drcw` Z M`vm Øviv QvMj Avµvš-nqvb|
gvPv c×wZtZ QvMj cvj tbi Rb` wõtgw³ wèl q,tj v wetePbv Ki tZ nte :

- ❖ umwumwicØi cØ È wõ` Rbv Abjvñti DcKvittfvMx ubePb Ki tZ nte|
- ❖ Kv÷vi Abjvqx QvMj cvj tbi DcKvittfvMx ubePb l gvPv cØvb Ki tZ nte|
- ❖ Kgct¶| cØZwU DcKvittfvMxi `BwU QvMj `vKtZ nte| QvMj Aw`eM¶tbl qv th tZ cvti A_ev ¶iz F¶Yi gva`tg
µq Ki tZ nte ev wõR`^vKtj l Pj tē| Zte QvMj wõwØZ bv Kti gvPv cØvb Kiv hvte bv|
- ❖ QvMj i t¶t¶ e`K te½j RvZtK cõavb` w`tZ nte |
- ❖ MwBW j vBtbi bKkv Abjvqx Ni `Zwi Ki tZ nte|
- ❖ cØ_wgK QvMj i eqm Kgct¶| 6 gvm ntZ nte|
- ❖ gv QvMj cõKí Pj vKvj xb mgtg weµµ Kiv hvtebv|
- ❖ QvMj i Lvevi LiP cõKí t`tK cØvb Kiv hvte bv|
- ❖ th Gj vKvq cõKt i Kv÷vi nte tm Gj vKvq K`vt÷úBb Gi gva`tg eØti i wõw`Ø mgtg mKj QvMj tK wUKv cØvb
Ki tZ nte| D³ wUKv`vb LiP cõKí ntZ enb Kiv hvte|
- ❖ QvMj cvj tbi cØZwU mjeavttfvMx tK Aek`B cõK¶Y w`tZ nte|
- ❖ gvPv `Zwi i LiP DcKvittfvMx tK gv÷vi tivtj i gva`tg cØvb Kiv hvte, Zte Dc-cõKt i Kg¶Z msuké-gvbwUw s
Awcmvi gvPvi `YMZ gvbw wõwØZ Ki tē|
- ❖ GB Abj`Q¶` i tktl cØ È Qwe l cwi gvc Abjvqx gvPv `Zwi Ki tZ nte|

DcKvittfvMx ubePbtbi `enkó`

KwgDwbwU Kbmj tUktbi gva`tg DcKvittfvMx wbañY Ki tZ nte, Zte gvPv c×wZtZ QvMj cvj tbi Rb` DcKvittfvMx
ubePbtbi Rb` wõtæi wèl q,tj v wetePbv Kiv th tZ cvti |

- ◆ hvf`i QvMj cvj tbi wKQyce®AwfÁZv i tqtQ|
- ◆ hvf`i Pvl thvM` KwL Rwg tbB|
- ◆ th mKj cwievñi i eo AvKvñi i tKvb AvBwRG ev`evqb mæe bq|
- ◆ hvf`i QvMj cvj tbi AvMh i tqtQ|

DcthvMx RvZ Ges RvtZi `enkó`

e`K te½j

RvtZi `enkó`

- ◆ GB RvtZi QvMj mivavi YZ Kvñj v etY¶ nq Zte KLbl KLbl ev`vgx A_ev mv`v ntq `vtK|
- ◆ GB RvtZi QvMj i Kvñ AvKvñi tQvU l Lvov nq|
- ◆ GB RvtZi QvMj i cv Lv¶Uv nq|
- ◆ cY`eq`c`cj`l QvMj i l Rb 25-30 tKwR Ges cY`eq`c` QvMxi l Rb 20-25 tKwR|

- ◆ Kg eqtm MF[®]avi Y Kti Ges eQti `βeri Kg ct¶ 4-6uU ev[®]Pv cñe Kti |
- ◆ gysm Ges Pvgovi gvb Ab[®] th tKvb RvtZi tPtq fij |
- ◆ tivMej vB Zj bvgj K Kg Ges ersj vt`tki Avenvl qvq mePtq DcñhMx RvZ |
- ◆ e[®]K te½j RvtZi QvMj ersj vt`tk Kgms[®]vtbi gva`tg `wi[®] l we½gvPt b we½kl fvgKv i vLlQ |

e[®]K te½j RvtZi QvMj i Dm

- ◆ we½fbønvlUevRvi /mi vmi K.L.tKi KvQ t₋tK |
- ◆ cØYx m=ú` Mtel Yv Bbw= uDU, mrvfi |
- ◆ mi Kwii QvMj Drcv` b Lvgvi, mrvfi |
- ◆ mi Kwii Av[®]Avj K QvMj Drcv` b Lvgvi, PqvWv½zr |

QvMj i evm[®]vb

- ◆ QvMj i Nti i tqtS gwU ntZ AšZ 1 dU DPznl qv DvPZ |
- ◆ Nti i cwi tek tFRv, mi vZtmtZ bn nI qv Ges i[®] Avenvl qv h½[®] vKtZ nte |
- ◆ Nti i D[®]PZv 5 dU nI qv DvPZ |
- ◆ vbtPi w`tk Pvi w`tk 2.5 dU DPz teov Ges emK 2.5 dU Lpwo teov w`tZ nte |
- ◆ Pvj uUbtbi ntj Zvi bxtP Aek[®]B PvUvB ev Ab[®] wKQyw`tq Zvc cØZti vñai e[®]v vbtZ nte |
- ◆ QvMj DPz RvqMvq vKtZ cØ[®] Kti | wKŠ[®] MF[®]Zx QvMj tevk DPtZ DVtj SñK v[®]tK | ZvB 1 dU DPz Kti gvPvb `Zwi Kti w`tZ nte | gvPvb evtki `Zwi ntj fij nq |
- ◆ QvMj i AvKvti i Dci wñE Kti cØZv QvMj i Rb[®] 4-10 eM[®]U nvti gvPvb Kti w`tZ nte |
- ◆ kxZKvtj A₋ev el[®]Kvtj eñi mgq Lpwo teov cvj u₋b w`tq tXtK w`tZ nte Ges gvPvq Lo ev PU weñQ[®]tq w`tZ nte |
- ◆ cØZv[®] b mKvtj Ni t₋tK QvMj tei Kivi ci QvMj i cvqLvbn Ges cñve fij Kti cwi[®]vi KtZ nte |

QvMj i Lv[®] e[®]vcbv

- ◆ QvMj tK fij Pvi Y fvgtZ thgb iv[®]vi avti, cKi cvto, Rvgi AvBtj Ges cvZZ RvgtZ teñai ev tQto 8-9 NvUv Piv[®]bn thtZ cvti |
- ◆ QvMj tK fij Pvi Y fvgtZ thgb iv[®]vi avti, cKi cvto, Rvgi AvBtj, cvZZ RvgtZ Ges cvñwo Xvtj, teñai ev tQto 8-9 NvUv Piv[®]bn thtZ cvti |
- ◆ Pvi Y fvgtZ Nvtmi cwi gvY Kg ntj `wbK Kgct¶ 0.5-1.0 tKwR cwi gvY KwVj cvZv, Bvcj-Bvcj cvZv, evej v cvZv BZ[®]w[®] t`qv thtZ cvti |
- ◆ GKwU cØB eq[®] `p[®]eZx ev MF[®]Zx QvMj tK cØZv[®] b 250-400 Mlg fvtZi gvo t`qv thtZ cvti |
- ◆ GKwU t`o tKwR l Rvti `p[®] tcvl[®] ev[®]Pvi cØg gvtm Mo[®] w[®]bK 200-300 Mlg, wØZxq gvtm 300-400 Mlg Ges ZZxq gvtm 450-600 Mlg `ñai cØqRb nq | GB cwi gvY `p[®] tctZ ntj gvtK chñB cwi gvY Lv[®] t`qv cØqvRb |
- ◆ ev[®]PvtK AšZ 1.5-2.00 NvUv ci ci gvtqi `p[®] tLtZ t`qv cØqvRb |

QvMj i tivM e[®]vcbv

1) wñcAvi ev QvMj i tñ[®]ti vM-
wñcAvi Gi ewñ[®]K j ¶Ymgn-

- ◆ wñcAvi ntj QvMj cØtg wSg atñi wV evKv Kti `wotq v[®]tK |
- ◆ kixti i Zvcgv[®]v AZ[®]wñk eñx cvq (1050-1070 wñw[®] dvt) |
- ◆ Av[®]vš-QvMj i bvK, tPvL Ges gñ[®] w`tq cØtg cwbi gZ Zij c[®]v[®]ñe nq |

- ◆ Avμvš-QvMťj i křmKó ř`Lv w řZ cvři |
- ◆ Avμvš-QvMj Lvl qv `vl qv Kg Kři |
- ◆ Avμvš-QvMťj i gřLi wřZři, gvovřZ, řPřqvřj Ges wřNřvq Nv nq |
- ◆ bvK, řhvbbvj xi gřL I řhvbbvj xi gřa`I Nv nřZ cvři |
- ◆ `Měhř³ cwb i gZ Wvqvi qv nq hv AřbK mgq i ³ wgvkZ nřZ cvři |
- ◆ wćwAvi řivřM Avμvš-QvMj 4-10 w řbi gřa` gřiv hvq |

cřZřiva

- ◆ řivM ř`Lv ř`qvi AvřMB mř`QvMj řK wćwAvi řivřMi wJKv w řZ nře |
- ◆ GKevi wJKv cřřqM Kiřj mřaviYZ GK eQři i AvřK mgřq cřZřiva řřgZv _vřK | ZvQvov wJKv ř`qv QvMxi evřPv 5 gřm chř-wćwAvi řivM cřZřivřai řřgZv ivřL |
- ◆ QvMj wćwAvi řivřM gřiv řMřj Aek`B `ři řKv_vl MZřKři cřZ řdj řZ nře |

2) wDřgřwbqv

řivřMi j řřY -

- ◆ QvMťj i kixři Rj _vřK |
- ◆ mř`Gges gřřS gřřS Kwk ř`Lv hvq |
- ◆ bvK w řq řkřř wMřřb ř`Lv hvq |
- ◆ QvMj Kg Lvq |
- ◆ dmdřmi gřa` A`řřwřK kř nq |
- ◆ křmKó nq Ges křm cřřřmi mgq bvřK kř nq |

řivM cřZřiva -

- ◆ VvŮv Ges mřvZmřvřZ RvqMřZ QvMj i vLv hvře bv |
- ◆ QvMj memgq i`cwi`vi RvqMvq ivLřZ nře |
- ◆ Avμvš-QvMj Aek`B Avj v`v ivLřZ nře |

3) řcřUi cřov

mřaviYZř 3 aiřbi řcřUi Amř nřZ cvři | řhgb-

1 | Lvř` wvřwřqv

2 | Wvqvi qv

3 | řcU řdvj v

řivřMi j řřYmğř

- ◆ QvMj evi evi cvZj v cvqLvbv Kři |
- ◆ QvMťj i řřav _vřK bv |
- ◆ Rřei KvŮv eŮ Kři ř`q |
- ◆ řcU dřj I řcřUi evğw`K dřj I řv |
- ◆ Kvř VřĚv nq |
- ◆ Avoo nřq `wotq _vřK |

řivM cřZřiva -

- ◆ Wvqvi qvi Rb` Lřvi mřvj vBb ř`qv Avė`K |
- ◆ řcU řdvj v řivřMi Rb` 1 QŮvK Kwřv njř evŮv |
- ◆ řřI R`Zj Lvl qřřbv řřřZ cvři |

QvMtj i cRbb l weteP w el q

QvMx Mig nI qvi j ¶Y-

- ◆ Lvl qv Ktg hvq |
- ◆ m½x QvMtj i wctVi Dcti l tV l Aw i ntq cto |
- ◆ cuVvtK QvMxi thSbv½ i KtZ t`q |
- ◆ gvtS gvtS WvKtZ _vtK |
- ◆ Nb Nb tj R bvto l cñte Kti |
- ◆ thvbxØvi j vj nq Ges dtj l tV |
- ◆ thvbxØvi w`tq tRwj i gZ ^Q Zij c`v_¶ei nq |

QvMx cRbb ev cj t`l qvi Dchj³ mgq

- ◆ QvMx Mig nI qvi 12-16 NvUvi gta` cj t`qv DvPr |
- ◆ mKvtj Mig ntj weKvtj Ges weKvtj Mig ntj cti i w`b mKvtj cj w`tZ nte |
- ◆ Dchj³ mgtq cj t`l qv mæe bv ntj cieZ¹8 w`b ntZ 21 w`b cti cpi vq QvMx Mig nte |

Mf@Zx QvMxi cwi Ph®

- ◆ evPv cñtei `mBvn AvtM t_†K c_K ivLvi e`e`v wbtZ nte |
- ◆ G mgq gvPvi Dci ev DPz`v†b DVtZ bv t`l qv fvj |
- ◆ w`†b Ni msj Mæ†Lvqvo A_ev DVv†b Ovqvi gta` ivLvi e`e`v wbtZ nte |
- ◆ Mf@Zx QvMx†K i Kbv l cwi®vi cwi`Qbæ`v†b _vKtZ w`tZ nte | iv†† gmUtZ i Kbv cwi®vi Lo ev Qvj v weWtq weQvbw`Zwi Kti w`tZ nte |

evPv cñtei j ¶Y

- ◆ cñte nI qvi cæe®QvMxi l j vb`†a cwi cY¶ntq l tV |
- ◆ QvMx AZ`š-Aw i ntq cto l gvtS gvtS bxPzMj vq WvKtZ _vtK |
- ◆ t††StZ evi evi cv V†KtZ _vtK l DV-em Kti |
- ◆ t††Ui evg w`†Ki dvKv`vb Av†iv Mfxi nq |
- ◆ †j †Ri tMvovi`y cv†k`y †Uv MZ¶`Lv hvq |
- ◆ thvbxØvi w`tq Zij c`v_¶Si†Z _vtK |

evPv cñteKvj xb j ¶Y`Yxq l Ki Yxq w el q

- ◆ cñtei mæe` Zwi†Li 2/3 w`b AvtM t_†K cñtei cØyZ wbb thgb cñtei`vb cwi®vi l RxeYgy³ Ki`b BZ`w` |
- ◆ evPv cñtei mgq thvbxct_ cØ†g cwbi _†j i gta` evPvi gv_v l mvg†bi`¶cv tewi†q AvtM | A†bK mgq wCØ†bi`¶cv l AvtM tewi†q Avm†Z cv†i |
- ◆ e†K te½j QvMx GKB mvt_ ci ci 4/5 Uv chS-evPv t`l qvi bwiRi AvtQ | 15-20 wgvbu wei wZi ci G†K G†K me evPvi cñte ntZ cv†i |
- ◆ `vfwek mgtq cñte bv ntj e††Z nte M†fP gta` evPvi Ae`vb wK tbB | G mgq AwfÁ ci`wPwKrm†Ki ki Yvcbæ ntZ nte |
- ◆ evPv cñtei ci QvMxi wCØ†bi Ask l l j vb cUwKqvg cvi g`v½†bu`èY w`tq atq g†Q w`tZ nte |
- ◆ evPv cñtei cici Zwi bwf 2-4 Av½j ti†L emK Ask t††U w`tZ nte |
- ◆ evPv cñtei mvt_ mvt_ evPvi kixi fvj fvte cwi`vi Kti gvtqi kuj`¶††L†Z w`tZ nte | th me evPv wbtR t††Z cv†i bv Zv† i†K`¶†††Z mrvh` Ki†Z nte | cØqvR†b kuj`¶††U†b evPvi g†L w`tZ nte |
- ◆ evPv cñtei 1 mBvn cæe® vbv`vi Lv†`i cwi gvY A†aR Kgv†Z nq |

- ♦ ev"Pr cñtei ci 2/3 mBvn chS-tKvb `vbr`vi Lv` w` tZ nq bv|
- ♦ cñtei ci 2/3 mBvn chS-KwP meR Nvm l tQveiv RvZxq meR Lv` tenk cwi grtY w` tZ nte|
- ♦ cñtei 24 NvUv ci l dj bv cotj ci wPwKrmfKi mvt_ thvMvthvM Ki tZ nte|

m` cñZ ev"Pr e`vcbv

- ♦ ev"Pr cñtei mvt_ mvt_ bvK grLi tk^{sy} mwi tq ev"PrK grtqi mstL w` tZ nte| gv ev"Prvi t`n wRnYv Øviv cwi^{vi} Ki te, cwi^{vi} bv Ki tj `i Kbv big tZvqtj Øviv grQ cwi^{vi} Ki tZ nte|
- ♦ ev"Prvi thb VvEv bv j vtM tm w el tq mZK^vKv cØqvRb|
- ♦ G mgq ev"PrK i Ktbv Lo ev PU Øviv big wQvqvq ivL tZ nq|
- ♦ Rtbfi ciciB kvj `p Lv l qv tZ nte|
- ♦ ev"Pr thb AwZwi³ `p bv Lvq Zv j ¶l` ivL tZ nte| AwZwi³ `p ev"Prvi Wvqvi qvi Kvi Y ntZ cvti |
- ♦ thme ev"Pr cRbb KvR e`eüZ nte bv Zvt` i tK 2-3 mBvtni gta` Lvm Kiv tZ nte|
- ♦ GKmv t_ `ytUv ev"Pr ntj Zviv mi v mwi grtqi ejKi evU Ptl `p cvb Ki tZ cvti | GKmv t_ `ßtqi tenk ev"Pr ntj 4 w`b eqm chS-at i ati grtqi `p cvtbi e`v Ki tZ nq| me ev"Pr mgvb cwi grY `p cvb Kivi cñZ hZevb ntZ nte|
- ♦ wEKi e`v wnmvte gv QvMxi `p t`vnb Kti emU i gta` A_ev wclWrti Kti me ev"PrK cvb Kivtb hvq|
- ♦ ev"Prvi eqm 2 (`ß) mBvn cY^{ntj} Zvt` i bvMvtj i gta` KwP Nvm, j ZvcvZv l `vbr`vi Lv` ivL tZ GKUz GKUz Kti tL tZ Af`-nq|

QvM t j i wUKv`vb Kg^{wp}

tiv tMi bvg	wUKvi bvg	QvM t j i iqm	cØqv tMi gr t v Ges `vb
wc. wc. Avi	f vKumb	6 gvm eq tmi ci 1 ermi ci ci	1 wg. wj Pvgovi bxtP
¶j i vt i vM	f vKumb	H	2.5 wg. wj Pvgovi bxtP

QvMj cvj b eve` ev tRU (wmmwmmwci Ask)

µwgK	w ei Y	cwi grY	tgvU UvKv	gSe`
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bs				
K	AeKvWvfgv/gvPvmn Ni wbgfY			μwgK bs 0K0 t_tK 0M0 chS-mKj LiP cKí t_tK t` l qv nte
	euk	euk 12-13 wU	1,500	
	tXD wUb (Nti i Pvj v)	8 wU (6 dV/ ^` tNq)	2,000	
	BtUi wcvj vi /wmtgtUi LwU	6 wU	500	
	Zvi /tctiK/` Q Avj KvZiv BZ`w`	cwi gvY gtZv	500	
	PU/PvUvB	cwi gvY gtZv	500	
	mvBbtewW ^o	1wU	200	
L	wUKv/JIa		300	μwgK bs 0N0 Gi LiP DcKvi tfvMxi wBR`^ LiP t_tK enb Ki tZ nte G tqt t DcKvi tfvMx Ab tKvb cKí t_tK qiz` a FY mnvqZv wbtZ cvti D t j E` th, μwgK bs 0N0 wbuoZ n l qvi ctiB tKej μwgK bs 0K0 t_tK 0M0 chS-mKj LiP cKí t_tK Qvo Kiv nte
	cKk qY	1wU	500	
M	Ab`vb`		500	
meqgU			6,500/-	
N	Ni `Zwi i gRyi, QvMj μq, cwi enY, Lv` (b`pZg 2wU QvM t j i Rb`)			
cKí t_tK meqgU Abj vb			6,500/-	

Aw_ R mnvqZvi cwi wa

cKtí i wWRvBb Abhvqx QvMj cvj tbi gvPv `Zwi ere` LiP Kiv hte| er tR tUi AwZwi 3 LiP DcKvi tfvMx/KugDibwUi Astk co te| Gi evBti tKvb KgRvtE cKtí i G Lv tZi tKvb A_ e`envi Kiv hte bv| G tqt t I KgRvtE DcKvi tfvMx/KugDibwUi Askx` wii Zi (Contribution), mvBb tewW qel qw` i` ZmnKvti wetePbv Ki tZ nte|

QvMj cvj tbi Rb'' wmwmmuc cÖ Ę Nti i Qwe wba:ifc

1. Nti i gvc nte ^^ N©9 dU X cÖ'6 dU X D"PZv 5.5 dU|
2. gwU t_tK cvUvZtbi D"PZv nte 2-2.5 dU|
3. GKPyj v ev t^v-Pyj v wUtb i Ni Ki tZ nte|
4. BtUi LjUi RvqMvq wmtgtUi LjU e'envi Ki v hvte|



Aa^oAve^x c^xuZtZ gj^wM cij b

cKtⁱ i Avl Zvf^y DcKvi^tf^vMx^t i g^ta^o A^tb^tKi^B wKQy^{bv} wKQy^{msL} K Mew^{ci} I num-gj^wM i^tq^tQ| Zb[#]a^o c^oq 95 f^vM m^om^t i gj^wM i^tq^tQ| th^tnZi^{te}ki f^vM m^om^t gj^wM cij^tbi mⁿnZ R^woZ Z^vB gj^wM cij^tb^tK g^t K^vR Ges cij^tbKvi^t i g^t cij^tbKvi^x ej^v n^tq^o v^tK|

g^t gj^wM cij^tbKvi^xMY g^y Ae^viq gj^wM cij^tb K^ti v^tK| G e^vicbv^q gj^wM cij^tb t^Zgb j^vfR^bK n^q b^v| Gi c^wi e^tZ^oGK^{Uz}D^bz e^vicb^vi Avl Z^vq Av^{av} t^oto t^oq/Aa^oAve^x c^xuZtZ gj^wM cij^tb Ki^tj GK^Rb m^ol^j f^vMx^Zvi Aemi mg^q K^vt^R j^wM^tq g^tfm c^oq 300-400/- U^vK^v A^wZ^wi³ Av^q Ki^tZ c^vi^b|

DcKvi^tf^vMx^{ube}P^tbi^o e^oik^o

K^{ig}D^{ub}w^U K^bm^y t^Uk^tbi g^{va}t^g DcKvi^tf^vMx^{uba}f^Y Ki^tZ n^{te}, Z^{te} Aa^oAve^x c^xuZtZ gj^wM cij^tbi R^b
DcKvi^tf^vMx^{ube}P^tbi R^b w^tz^{ai} w^{el}q^o t^jv w^{ete}P^{bv} K^v t^ht^Z c^vi^b |

- ◆ hv^t i gj^wM cij^tbi wKQy^{ce}A^wf^AZ^v i^tq^tQ|
- ◆ hv^t i P^vl^th^uM^o K^wl R^wg t^bB|
- ◆ th^mK^j c^wi^{ev}tⁱ i eo Av^Kv^ti i t^Kv^b Av^Bw^{RG} ev^oev^qb m^oe^o b^q|
- ◆ hv^t i gj^wM cij^tb Av^Mh^o i^tq^tQ|

gj^wM cij^tb e^vicb^v

GB ai^tbi e^vicbv^q Aa^oAve^x c^xuZtZ^o B ai^tbi gj^wM cij^tb K^v n^tq^o v^tK| h^v t-

1| eo Av^Kv^ti i 20^wU t^o k^x gj^wM cij^tb|

2| 20^wU t^mv^bj^x R^vt^Zi gj^wM cij^tb|

1| t^o k^x gj^wM cij^tb

gj^w D^ti^l k^t w^Wg Z^v w^o t^q ev^oP^v t^dv^Ut^{bv} I c^oZ^cij^b

te^oik^o t^o k^x gj^wM m^vavi YZ er^mtⁱ 3-4 evi w^Wg t^o q Ges c^oZ^evi 10-15^wU w^Wg t^o q| c^oZ^evi B w^Wg t^o I q^vi ci K^jP^v n^q Ges w^Wg 21 w^o b Z^v w^o t^q ev^oP^v t^dv^Uq Ges c^oq 2 g^m ev^oP^v cij^tb K^ti | Gi ci Ave^vi w^Wg t^o I q^v, w^Wg t^o I q^vi ci K^jP^v n^tq w^Wg Z^v w^o t^q ev^oP^v t^dv^Ut^{bv} I ev^oP^v c^oZ^cij^b Ges G^fv^{te}B er^mtⁱ t^o k^x gj^wMi D^rc^v b P^u P^tj |

w^Kf^vte te^oik ev^oP^v t^dv^Ut^{bv} hv^q

(K) eo Av^Kv^ti i gj^wM

gj^wMi m^vBR h^Z eo n^{te} ZZ te^oik w^Wg Z^v w^o t^Z c^vi^{te} | m^vavi Y w^mve g^tZ gj^wMi I R^b h^Z n^q Gi A^ta^R I R^tbi t^gv^U w^Wg Z^v w^o t^Z c^vi^{te} | D^ovⁿⁱY^of^c ej^v hv^q t^Kv^b t^o k^x gj^wMi I R^b h^w 1-1/2 t^Kw^R A^o 1500 M^og n^q Z^vn^tj Gi A^ta^R 750 M^og I R^tbi w^Wg Z^v w^o t^Z c^vi^{te} | t^o k^x gj^wMi w^Wgⁱ I R^b m^vavi YZ c^oZ^wU 30-32 M^og Ges d^vDⁱ g^x gj^wMi w^Wgⁱ I R^b c^oZ^wU 40-42 M^og n^q Z^vn^tj t^o k^x 25^wU Ges d^vDⁱ g^x 20^wU w^Wg 1- 1/2 t^Kw^R I R^tbi 1^wU gj^wM Z^v w^o t^Z c^vi^{te} |

(L) w^Wg Z^v t^o I q^vi R^b eo UK^wi

teuk wVg GK mvt_ Zv t` I qvi Rb` thgb eo mvBtRi gj wM` i Kvi tZgub wVg emvtbvi UKwi wUJ Zj bvgj Kfite eo ntZ nte| UKwi wUJ mvari YZ Zj v 10", D"PZv 7" Ges Dcwi fuM 16" e`v`mi ntZ nte| GtZ mjeavmgn wbgææc

- GKmvt_ teuk wVg mgvš+vj fite emvtbvi RvqMv cvl qv hvq|
- wVtg mgvb fite Zvc t` I qvi Rb` gj wMi brovProni mjeav| cãZw` b (24 NvUvq) cãZwU wVg AvbgmbK 10evi brovPron Kti |
- wCQfbi I mvgfbi wVg Njvfvb I Zvc t` I qvi Rb` gj wMi tNvi vi mjeav|
- wVtg Zv t` I qvi mgq gj wM wbtRtK Avovj i vLvi mjeav|

(M) wVg Zv t` I qv UKwi k³ Kti emvtbv

- gj wM wVg brovPron Kivi mgq UKwi brovPron bv Kiv|
- gj wM UKwi tZ Avmv hvI qvi mgq UKwi Dtë bv hvI qv|

(N) mVwK fite wVg UKwi tZ emvtbv

wj Uvi wntmte 3/4 BwA cwi gvY i Kbv Avgb avfbi Lo e`envi Kiv DEg| Zte Zj vq 1 BwA cwi gvY KrfVi QvB e`envi Kiv hvq| gj wM evBti hvZiqvZi tKvb wv` 0` vtb wKQy cwi gvY i Kbv Lvevi h_v PvDti i Lj, Mg ev fjevfvzv Ges Avj v` v fite cwbi e`e`v i vL tZ nte|

(O) UvUKv wVg emvtbv

gtWj weWvi t_tK cãB wVg A_ev gj wMi wBR`^crov wVg ev`Pv dUvtbvi Rb` emvtZ ntj kxZKvtj 10 w` b Ges M@SKvtj 7 w` tbi teuk cvfvbv ntebv| kxZKvtj A_@ tcSI, gvN I dvëp gvm ev` w` tq eQt i evKx 9 gvfm th gj wMwU Zv w` tZ emte Gi tkfI i w` tKi 6-7wU wVg Ges evKx_tj v` vbxq fite cãB Avi I 2-3wU gj wMi cãZ`KwU i 1g w` tKi 6-7wU wVg thvMvo Kti emvtZ nte| kxZKvtj A_@ tcSI, gvN I dvëp gvfm th gj wMwU Zv w` tZ emte Gi tkfI i w` tKi 8-10wU wVg Ges evKx_tj v` vbxq fite cãB Avi I 1wU ev 2wU gj wMi cãZ`KwU i cãg w` tKi 8-10wU wVg thvMvo Kti emvtZ nte|

(P) wVtgi cãqvRbxq Av`Zv eRvq i vLv

ev`Pv dUvtbvi Rb` 70 kZvsk Rj xqev`u` vKv cãqvRb| wKs` M@SKvj h_v` P` I` ekvLi epó bv nI qv chS`-mgqKvtj evZv`mi Av`Zv AtbK Ktg hvq Ges gv`S gv`S 40 kZvstki I Kg nq| G Ae`vq ev`Pv dU bv| GgbwK Av`Zv 60 kZvstki Kg ntj I ev`Pv Kg dU| Av`Zv Kg ntj MngQv ev kwoi t`bKov Kmg Mig cwbtZ wfvRtq Ges wPtc GKvvtZ wVg Zv t` qv gj wMwU DvWtq Ab`nvZ w` tq D³ KvcowU 0vvi wVg_tj vi Dcti ti tL g`Q w` tq mvt_ mvt_ gj Mxw`K cbivq Avt`-wVtgi Dci emtq w` tZ nte| Gfite Av`Zv 30-40 kZvsk ntj w` t` 4 evi Ges 40-50 kZvsk ntj w` t` 3 evi Ges 50-60 kZvsk ntj w` t` 2 evi Ges 60-70 kZvsk ntj w` t` 1 evi wVg_tj v`K GKUz wfvRtq w` tZ nte| Zvntj `P` %ækvL gvfmI ev`Pv wK fite dUte| G mgqKvtj ev`Pv cvj b Kiv LpB mjeav Ges gZi nvi Kg|

(Q) ev`Pv dUvtbvi Rb` wVg weKvtj emvtbv

weKvtj wVg emvtbv ntj mvari YZ cieZP 21 w` b weKvtj ev`Pv dU tei nte| dtj cieZP i w` tZ gj wM ev`Pv_tj v`K fiv fite Zvc w` tq d`i d`i I mej Kiv ntj ci w` b mKvtj UKwi t_tK tei Kiv nte|

w` tbi tej v gv-mn ev`Pv cãZcvj b

w` tbi tej vq wv` 0` ctj vZ Avex Kti gv-mn ev`Pv` i wKgz hZæI cwi PhP Ki tZ nte| ctj vi bxp` i Kbv brov/Lo A_ev cvZv weQvtq Dcti PU w` tq tXtK Lv` I cwbi e`e`v Kti gv-mn ev`Pv cãZcvj b Ki tZ nte| 1g GKgvM tKvb Ae`vZB ev`Pv_tj v`K tQto t` qv hvte bv Ges G mgqKvtj Lv` w` w` tZv ntZ cãZwU tmvbj x ev`Pvi Rb` cãq Avav tKwR cwi gvY mlg Lv` thgb- cãZwU Rb` 1g mBvtn (7 w` t` 70 Móg, 2q mBvtn 105 Móg, 3q mBvtn 140 Móg I 4_©

mBvtn 185 Mlg Lv`i c0qRb nte| Aek` t`kx ev`Pvi Rb` Duj wZ cwi gvtYi wZb PZLsk Lv` c0qRb nte| c0Zw` b 5-6 evi Lvl qvtZ nte| mU`v I iwl`tZI GKevi Lv` I cwb Lvl qvtZ nte| Ggbfvte Lv` w`tZ nte hvfZ gv AvPovtq Lv` b0 bv Kti Ges me mgtqB gv I ev`Pv GKmvt_`vtK| gjwMUi Lv` wntmte ctj vi wfZti c0Zw` b GK gfvv tMuv Mg wQuUtg w`tZ nte| cieZPK gvm gv-mn I t`iK c0Zw` b `B wZbevi mKvj weKvj wKOymgtqi Rb` h_v 5g mBvtn 1 Nuv, 60 mBvtn 2 Nuv, 7g mBvtn 3 Nuv I 8g mBvtn 4 Nuv tQto w`tZ nte hvfZ tcvKvgKo I meR Nvm tLtz cvq| m`utK Lv` wntmte wetkI Kti `vbr`vi Lv` thgb Lj ev Mg A_ev fjev fivMv Ges mqweb `Lj ev wGU GU tevb w`tZ nte| AvAKS` c0Z 1 wj Uvi cwbi mvt_`1uU ivBtertdweb U`vetj U Ges 1/2 Pv PvgP j eY w`tZ nte| ZvOrov GKUzKti kvKcvZv ev meR Nvm ev WwK DnWn (KjPcvbv) mi eivn Kitz nte|

ivtI gv-mn ev`Pvi _vKvi e`e`v

ivtI gvm ev`P`_tj vtK 1uU Zj vhp` eutki LvPvq ivLtz nte| LvPvi gta` Aek`B wj Uvi wntmte LoKuv ev brow/Lo c0vb Kitz nte| c0Zw` b mKvj tejvq LvPv t`tK tei Kti gv-mn ev`Pv`_tj vtK ctj v ev SvKvi gta` titL Abjfcfvte c0Zcvj b Kitz nte| Dtz E` e`eüZ wj Uvi _tj v c0Zw` bB titv` i`wktq wbtZ nte|

wewu

Abgyb c0q `B gvm eqm chS`-ev`Pv`_tj v gvtqi ZE`eavtb _vKvi ci ev`Pv`_tj vtK ZvovZwo wewu e`e`v Kitz nte| Kvi Y cieZPK Ab` gjwMi ev`Pvi Abjfc mye`e`vcbvi mthvM w`tZ nte|

tivM wbevi Y I wPukrmv

tivM wbevi Yvt`_civeti I qvKti i gva`tg i`wub tgvZvteK UxKv c0vb Kitz nte| tKvb tivM t`Lv w`tj Zvr`wYKfvte `vbxq ci wPukrmvtKi wbt`R tgvZvteK wPukrmv Kitz nte|

2| tewk wWg Drcv` tbi j`f` Dbz RvtZi gjwM cvj b

GB gtwtj ev`Pv cvj bKvi x t`tK msMnx 8 mBvn eqtmi 20uU tmvbx x ctj U`_i`ZmnKvti cvj b Kitz nte hvfZ 20uU my` mej wWg cvov gjwM _vtK| Gt` i mvt_`mvavi YZ tKvb tgvM _vtKbv| Kvi Y wWg`_tj v i ayLvl qvi Rtb` e`eüZ ntq _vtK| GKU gj Mx eQti 180-200uU chS`-wWg w`tZ cvti |

w`tb _vKvi e`e`v

Gt` i tK mKvtj Ges weKvtj tQto t`qvi t`c0Mlg wbgjfc- thgb ctj U ev`Pv M0YKvtj i 1g mBvtn ev Gt` i eqm hLb 9g mBvn ZLb emnti tQto t`qvi mgqKvj `wBK 1/2 NÈv t`tK `i` Kti cieZPK mBvn`_tj vtZ Abgyb 1 Nuv Kti mgq evovfZ nte| Gt` i eqm hLb 4 gvm nte ZLb t`tK mKvj 10 NuUKv ntZ kxZKvtj weKvj 2 NuUKv Ges Ab`vb` mgtq wetKj 3 NuUKv chS`-Avktq Nti (tW-`tkèvi) Avex Kti ivLtz nte| A`_f` w`tbi tejvq mKvj weKvj Qrov Ges `pj tejvq Avktq Nti _vKte| Avktq Nti i c0qRbxqZv - (K) wektg (L) Avivg (M) m`utK Lv` Lvl qv (N) cwb cvb (O) `v`Qb` wWg cvov (P) wivcÈv (Q) weón kixti i mvt_`bv tgvk|

Lvt`i e`e`v

gjwMi evoš`-eqm I wWgcvov mgqKvtj tKvb` b hvfZ tKvb Lv` Dcv`vbi KgvZ bv nq tmw`tK j`f` titL eqm wetkI m`utK Lv` wntmte c0qRbxq cwi gvy weifb0cKvti i Lv` Dckiy h_v `vbr`vi km, mqweb `Lj ev wGU GU tevb wj Ges wSbK fivv Avj`v v Avj`v vfvte 3 tLvc wekó GKU Lv` fvtÈ mi eivn Kitz nte| AvUKvbtv Ae`vq wWg cvovi ce` chS`-c0Zw` b gjwM c0Z 40-50 Mlg Ges wWg cvov Ae`vq 60-70 Mlg Lvevi w`tZ nte|

AmObvq chfB Nvm, `pPbv _vKtj cÖZuJi Rb` ``wbK 20 MÖg Kiv meR Nvm ev kvKciv ev WvK DBWm (KpPcivb) wSbjKi mv`_mieivn Ki tZ nte|

cmbi e`ev Avktq Nti memgq cmbi e`ev Aek`B _vKte| Zte evBti Qvov Ae`vq tKvb GKwU wv`Ö `vfb memgq cmbi e`ev Aek`B _vKte| cmbi mv`_mvgvb` cwi gvY jeY wgvktj fij nq|

tMvtj i e`ev tQto t`qv Ae`vq tKvb wv`Ö `vfb Gt`i evjyMvmj wöngtE 9 BwÄ Mfxi Ges 12 BwÄ e`vfm GKwU MZ`_vKte| MtZP gta` i Kbv aj vgwU/evj yivL tZ nte|

ivt` _vKvi e`ev

cTj U ev gjwM _tj vK i w` tZ wj Uvi wntmte e`eüz i Kbv Lo/bvov ev Zl wewQtq Zj vhy` ewtki LvPvq ivL tZ nte|

tivM wbevi Y I cÖZKvi

tce`i I qvKf`i i gva`tg cÖqvRbxq wUKv w` tZ nte| gjwMi gj ci`v`vceR cÖqvRbte`ta KvgbvkK JIa Lvl qvtZ nte| tKvb gjwM tivMvµs`-ntj Zrv`v`vKfvte `vbxq ci` wPvKrm tKi ci`vgk`Abhvqx e`ev MÖY Ki tZ nte|

DcKiY

- DbZ gv`bi t` kx gjwM/tmvbvj x RivZ 20wU
- w` fb Avktq Ni (tW-tk`evi)- 1wU
- cmbi cvT -2wU
- Lvev`i cvT (wZb tLvc wv`kó)- 3wU
- gjwMi Rb` Lv` : 100tKwR
- chfB bvov/Lo

gjiwM cvj b eve` wmwmwmc-i evtRU

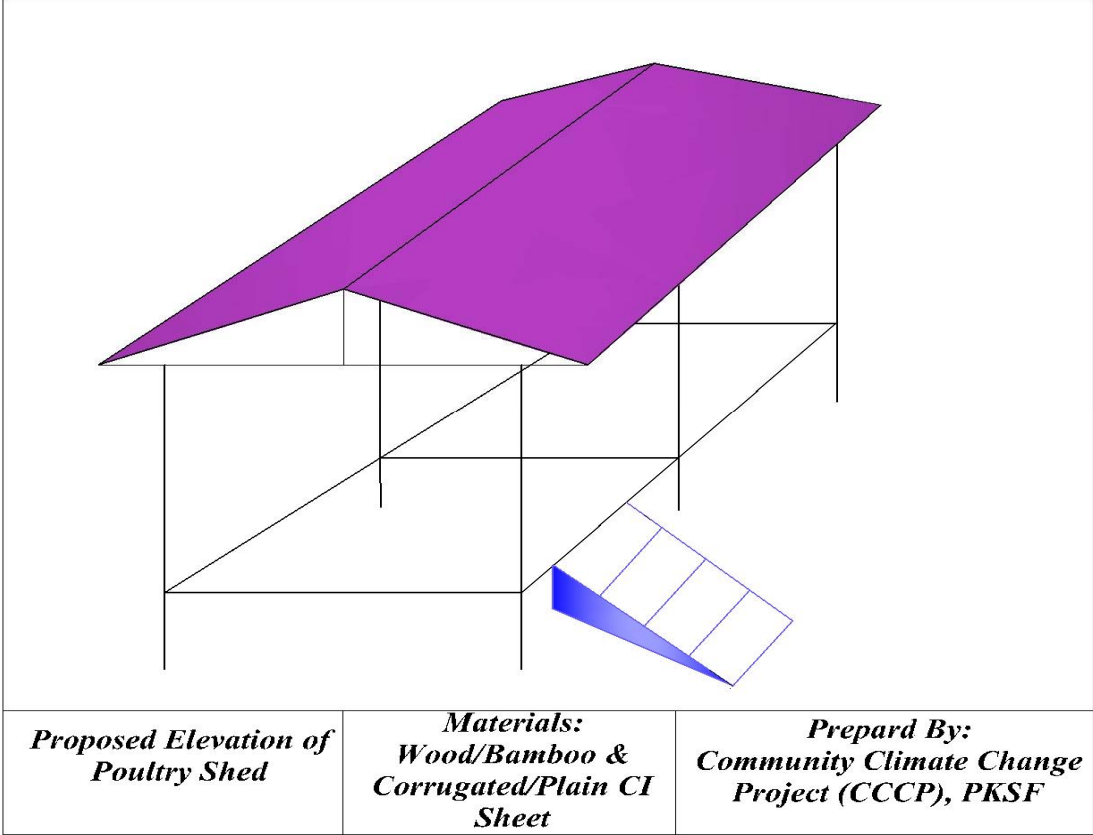
µvgK bs	wveiY	tgvU UvKv	gše`	
K.	AeKvWtgv		µvgK bs ÖKÖ t` tK ÖMÖ chS mKj LiP cKí t` tK t` I qv nte	
	Kiv/ewk	2,000		
	tbU	800		
	Zvi /mZj x/tc`i K/Zvj v/Avj KvZiv BZ`w`	700		
	wUv/wAvB wU	1000		
	mvBb tevW®	200		
L	wUKv/JIa	800	µvgK bs ÖNÖ Gi LiP DcKvi t`fvMxi wvR`^LiP t` tK enb Ki tZ nte G t`v` t` DcKvi t`fvMx Ab` tKvb cKí t` tK v` FY mrvqZv wbtZ cv`i D`j E` th µvgK bs ÖNÖ wv`ÖZ nI qvi c`i B t`Kej µvgK bs ÖKÖ t` tK ÖMÖ chS-mKj LiP cKí t` tK Qvo Kiv nte	
	cÖk`vY	500		
M	Ab`vb`	500		
	me`gvU	6,500/-		
N	Ni `Zwi i gRvi ,QvMj µq, cwi enY, Lv` (bjvZg 2wU QvMtj i Rb`)			
	cKí t` tK me`gvU Aby vb	6,500/-		

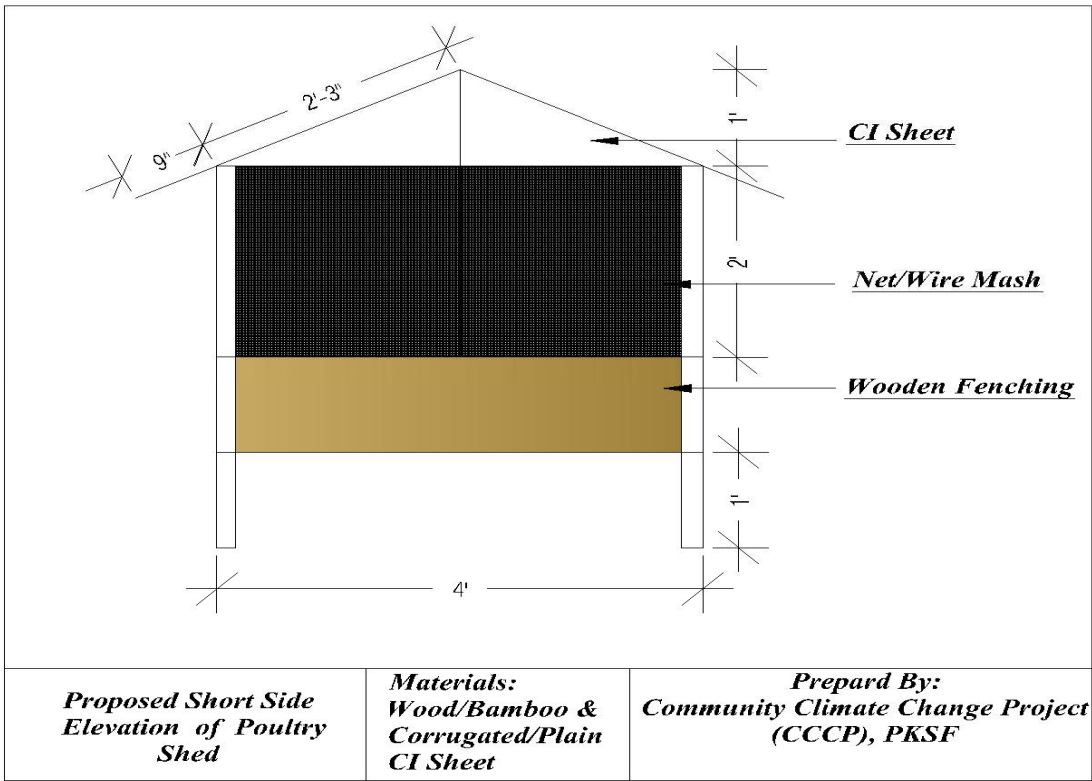
Avw`R mrvqZvi cwi wa

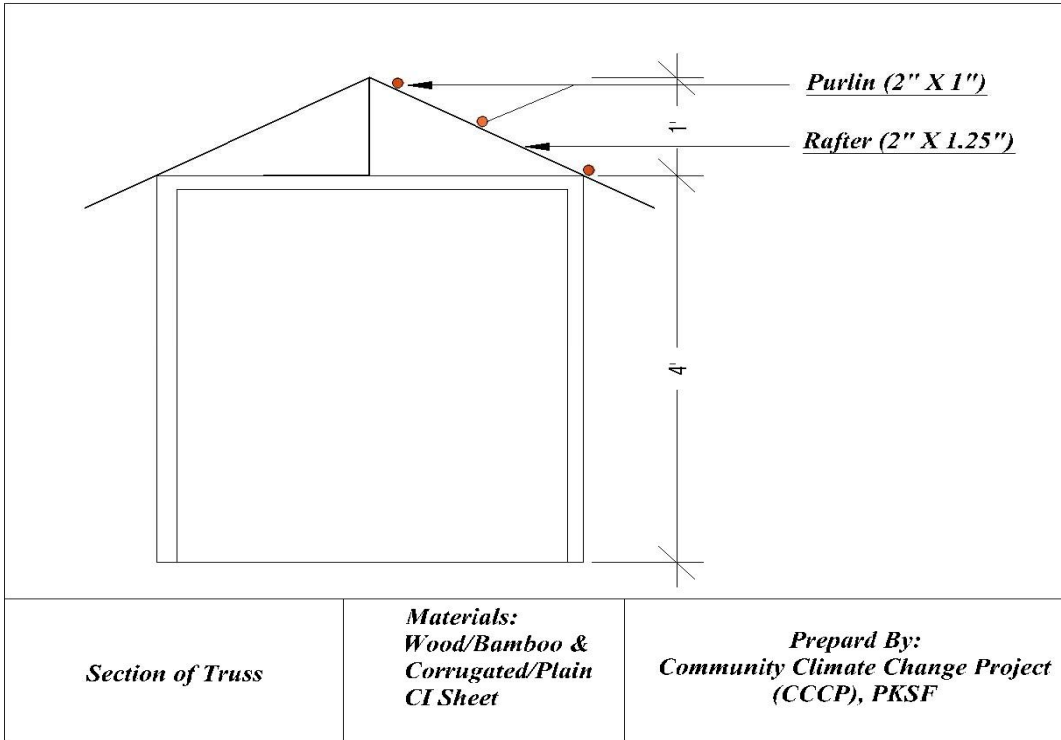
cKt`i wRvBb Abhvqx gjwM cvj tbi Ni `Zwi eve` LiP Kiv hvte| evtRtUi AvZwi³ LiP DcKvi t`fvMx/KvgDvbwUj Astk cote| Gi evBti tKvb KgRvtE cKt`i G Lv`Zi tKvb A_`e`envi Kiv hvte

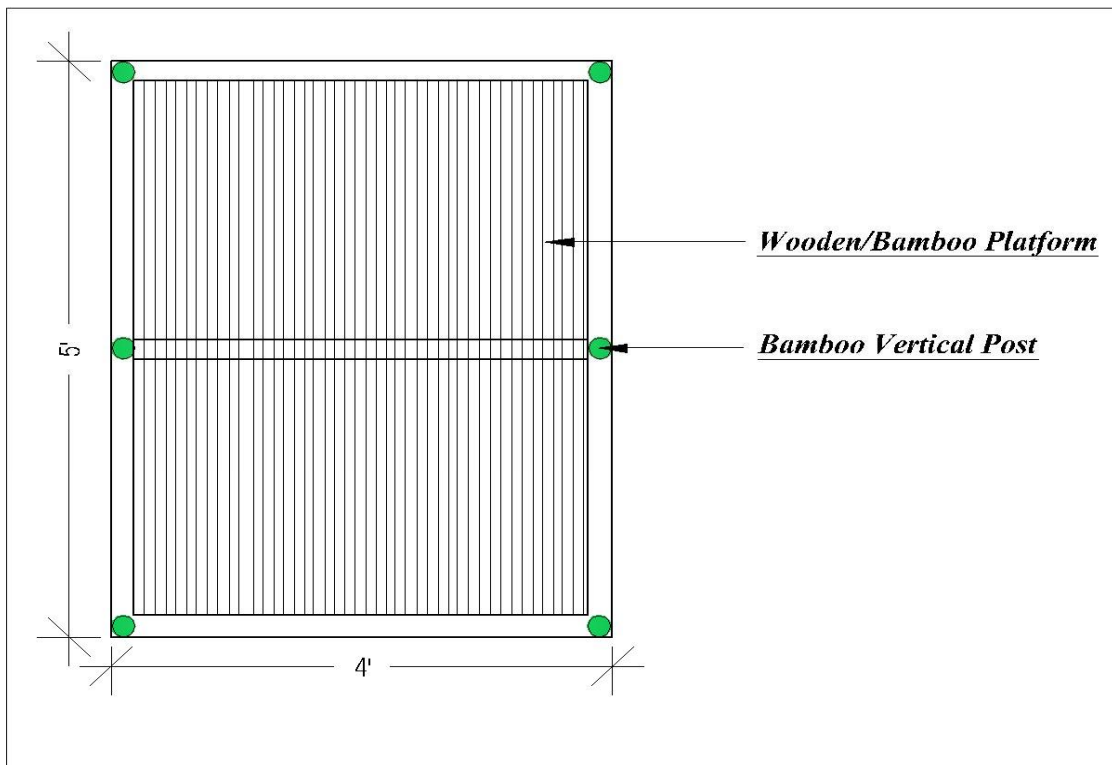
bu| Gtq|t| KgkvÉ DckvitfvMx/KvgDwbUj Askx`wi Zj (Contribution), mvBb teW® weiqw`
 „i“Zmnkvti wefePbv Kitz nte|

gjm cvj tbi Rb" wmwmwmc cÖ È bKkv vbæifc









Platform of Poultry Shed	Materials: Wood/Bamboo	Prepared By: Community Climate Change Project (CCCP), PKSF
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μgea9vb Rj evqycwi eZ#bi dtj DcKj xq AA#j c0ZwbqZ m0 c0KwZK I Ab'vb" `thvM gvb#li Avtqi Drm mxigZ Ki#Q| Gi dtj Rj evqycwi eZ#b 9wZM0 -Rb#Mv0xi mxigZ Avq ep# Kivi j#9j" Avtq Drm we-ZZ Kivi Rb" weKí

Avtqi e'e'v MhY Kiv Ri'ni | KuKov Pvl GKUJ jvFRbK AvqeaBggj K KgRvE | Acwi c³ A_ŕ wW=ŕkq Acwi c³ 120-150 Mŕg ev Z`p'ŕMo lRtbi ˆx KuKovtK wbuqsz cwi tatk (tNi cŕwZ, gRy KiY, Lv` cŕqM, iŕYŕteŕY, AvniY BZ`w) wtkl e'e'vcbvq ˆf mgtq RweK ˆenkŕ'vej x ˆZwi i gra'tg cwi c^o ev wW=ŕkq cwi c³ KivtK KuKovi d'vUbs ev tgvUvZvRvKiY ejv nq | iBwbthvM` grm` cŕY'i gta` wPswi cŕiB KuKovi ˆvb | iBwb evRvŕi wW=ŕkq cwi c³ ev d'vUŰ ev tgvUvZvRv KuKovi Pwn`v AZ`waK | wW=ŕkq cwi c³ ev d'vUŰ ev tgvUvZvRv KuKovi evRvi gj` Acwi c^o KuKovi tPtq 3-5/6 ˆb tenk |

mvaviYZ Avgvŕ`i cwi tatk wmuq Dchj³ AvKvŕi (AvbgvmbK Mo lRb 180-190 Mŕg) KuKov DrcbæKiŕZ 4-6 gym mgŕqi cŕqRb nq | G mgq wbuqgZ weiwZŕZ KuKov Zvŕ`i tLvj m cvŕŕte Ges ˆ`wnK ewx NUŕte | cŕkŕi ev tNŕi wbuqsz e'e'vcbvq KuKov Pvl Kiv nŕj mbvZb c×wZŕZ tNŕi AvUKKZ/msMwnZ Zi`Y KuKovi gZinvi nwm Kiv mæe nŕe | cŕkŕiZK Drm nŕZ aZ/msMwnZ Zi`Y KuKovi h_vh_ Drcv`b e'e'vq Gtb cŕkŕiZK mæúŕ`i mŕ'envi Kiv mæe nŕe | wmuqthvM` KuKovi Drcv`b ewx cŕte | ˆtki A_ŕwZ l ˆwŕY-cwŕgŕvĀŕj i DcKj xq Rbcŕ`i Rxebgvb Dbæŕtb AugZ mæebvi mŕjŕ Kiteŕ | Avgvŕ`i ˆtk GLŕbv chŕS-Dŕj LŕhM'fŕte KuKov Pvl `i` nqwb | DcKj xq evM`v wPswi tNi mgŕn tjvbw cwb cŕetki mgq th cwi gvb Zi`Y KuKov cŕek Kŕi ZvB-B cieZŕZ tNi mgŕn i Kŕvbi mgq AvniY Kŕi evRvi RvZ Kiv nq | DcKj xq tNŕi ev cŕkŕi KuKovi GKK ev wgpPvl Kiv hvq | KuKov Pŕŕl ˆvb wbeŕPb l cŕwZ tNi ev cŕkŕi wbeŕPb evsj vŕ`tki DcKj xq AAj mŕn thLvŕb eŕŕi i Awakvsk mgŕq tjvbw cwb ˆvŕK, tm mg`-Gj vKvq tŕvU tŕvU AvKvŕi cŕkŕi cŕZ Kŕi Ges wPswi tNŕi ewŕki evbv ˆvcb Kŕi KuKovi Pvl Kiv hvq | g'vbtMŕf Gj vKv KuKov Pŕŕl i Rb` Awak DcŕhMx |

- 1.0 DcKvŕŕfŕMxi wbeŕPŕb ˆi`ZcY weteŕPZ wcl qw`
1. KuKov tgvUvZvRvKiŕY ce`AwfĀZv ˆvKŕZ nŕe
2. Gj vKvq KuKov tcvbi chŕBZv ˆvKŕZ nŕe
3. wBR`^ev wj RKZ cŕkŕi i AvqZb Kgctŕŕ l 2 kZvsk nŕZ nŕe, Ab'vb` ˆŕŕŕŕ Rj vktq KuKov Pŕŕl i Abŕgv`b ˆvKŕZ nŕe
4. KuKov Pŕŕl Pj wZ gj ab thvMvb ˆ`qv/FY tbqvi mŕŕŕgZv ˆvKŕZ nŕe |

2.0 eZŕŕtb wewfbcæĀwmbK c×wZ Aej æB Kŕi KuKov tgvUvZvRvKiY Kiv nŕq ˆvŕK | wbtæ KŕqK aiŕbi KŕqKw c×wZi mŕŕŕŕB weeiY Dc`vcb Kiv nj :

(K) cvŕŕ (cww`ŕki evj wZ ev evŕ.) KuKov tgvUvZvRvKiY c×wZ 9" ˆ`N^o, 6" cŕ` Ges 4.5" D`PZv gvŕci cww`ŕki wŕ`hŕj evj wZ/ev. ˆuq Kŕi A_ev evRvi ˆŕŕK 3 wj Uvi ˆŕŕK 5 wj Uvi mvBŕRi cww`ŕki evj wZ ˆuq Kŕi ˆxNŕgqww` GB c×wZŕZ KuKov Pvl Kiv hvq | ev. nŕj wŕ`Kivi cŕqRb tbB Zte chZwU evj wZ wŕ`Kŕi XvKbv tKŕU Pb w`ŕq taŕZ KiŕZ nŕe | Gi GKw`b ci cŕZwU evj wZŕZ GKwU Kŕi KuKov ivLŕZ nŕe | cŕZw`b KuKovtK GKevi ev ˆBevi Lvevi cŕvb KiŕZ nŕe | evj wZŕZ k'vl jv tj ŕM tMŕj eŕk w`ŕq Nŕl tmwU Zŕj w`ŕZ nŕe | tLvmv KuKov ev tMvbW Acwi cY^o ˆx KuKov, big tLvj ŕmi cŕ`l KuKov G c×wZŕZ tgvUvZvRvKiY Kiv nq | wKŕ`wnRov KuKov evj wZ Pvl Kiv hvq bv | GKwU cwi evi j eYv³ cwbŕZ/j eYv³ Gj vKvq b`x-bvj v, Lvj -wej ev cŕkŕi evj wZ ˆtjv fwmŕq ivLvi Rb` cvBc, wccv ev Ab` gra'g e`envi Kŕi mntŕR evj wZ ˆtjv fwmŕq ivLŕZ cvŕi | G ˆŕŕŕŕ GKwU cwi evi 250 ˆŕŕK 400wU evj wZ ˆ`wbK ˆ`Lvŕ bv KiŕZ cvŕe | D³ KuKov evj wZŕZ KuKov ˆ`l qvi ci ˆŕŕK 10 ˆŕŕK 12 w`ŕbi gta` d'vUbs mæúbeKiv hvq | G KvRwU cwbŕZ tbtg cwi Phŕev nŕŕŕŕs KiŕZ nq bv etj gwnj viv Aemi mgŕq GB KvRwU mntŕR KiŕZ cvŕi | GK wntŕte ˆ`Lv hvq th, 40 ˆKwR KuKov 10 w`ŕb cŕq 4000 UvKv wbu g'vcdv ARB mæe | KuKov evRvi RvZ Kivi cŕi cŕivq cwbŕZ Pb w`ŕq taŕZ Kŕi Ges k'vl jv tj ŕM tMŕj eŕk w`ŕq taŕZ Kŕi cŕivq KuKov evj wZŕZ tgvUvZvRvKiŕYi Rb` cŕZ Kiv hvŕe | wbtæ evj wZ c×wZi KŕqKw wŕŕ Dc`vcb Kiv nj :



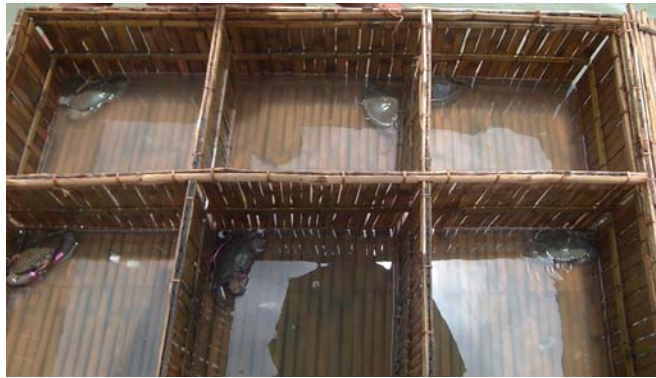
ԸՆԿՐՈՒՄԻ ԱՎԼ ՉՎԳ ԸՌՅ ՄՈՎՈՂՅՎ
 ՆՈՒՅ ԸՆՎԵԿՅ ԱԲՅ ՎՅԻ ԼՎԼԻ ՉՎԻՃ ՄՈՎՈՂՅՎԻ ԸՇՊՅ Շ ԸՎԻ ԳՎԻ Ի՞ՉՈՆՅ :

μg	ԼՎՇ	msL՝v	GKK ՝ i	դգՍ ՍրԿՎԻ շՎԻ ԳՎԻ	Ask
K	՝ՎԳՃ ԳՅ ԱԲՃ Ե՞Չ				
1	ԵՎՅ ՎՇ/ԸՎՅԿ Ե-	120 (180) ՎՍ	60	7200	ՊՊՊՊՊՊՊՊ
2	ԸՎԵԸ (1.5 ԲՎՅ, 15 ժՍ)	8ՎՍ	250	2000	ՊՊՊՊՊՊՊՊ
3	ԱԲ՝ՎԸ՝ (ԻՎԿ, ԱՎՅ ԿՎՇԻՎ ԲՇ՝Վ՞ ԸԸԿԻԿ, ԵՎՅ ՎՇ ԿՎՍՎ/ ՎՇ՞՞ ԿԻՎ Լ ԱԵԿՎՎՏԳՎ ՆԵԳՎՔ ԿՅ ՄՆ)			800	ՊՊՊՊՊՊՊՊ
L	ՔՅ ՎՇ ԳՅ ԱԲՃ Ե՞Չ				
01	ԿՅ	3 ԿԳՔ ԵՄ	200	600	ՆԲՐ
02	ԿՎԿՈՎ (120-150 ՄՈՂ ԳՄՅՅ Վ/180+ ՄՈՂ ԸՅ՝Լ; ԻԿՎՐՏՇ 7/8 ՎՍ ԿՎԿՈՎ)	20 ԻԿՎՐ	250	5000	ՆԲՐ
03	ԼՎ՝՝ (ԻՉՎՍ ԿԳ ՝ՎԳՃ ԳՇ/ ԸՔՎ ԳՎՉ)	15 ԻԿՎՐ	50	750	ՆԲՐ
04	ԱԲ՝ՎԸ՝			500	ՆԲՐ
	ԴԳՎՍ			16,850	

* ԸՆԿՐՈՒՄԻ ԱԲՅ ՎՅԻ ԱՏԻԿ (Կ ԱՏԻԿ) ԱՎՏՆԼՎՇ ՄԳՏՊ ԿԻՎ ԽՐԵՂ
 (L) ԵՍ ԸՌԿՐՈՒՄ ԵՆԻԿՈՒ ԼՍՔՎ ԿՎԿՈՎ ԴԳՎՍՇՎՐՎԿԻԿ ԸՄՆՇ
 ԵՍ ԸՌԿՐՈՒՄ ԵՆԻԿՈՒ ԼՍՔՎ ԿՎԿՈՎ ՔՎԿՎ ՄՆՐ ԳԵՏ ԸՌԿՎՇԿ ՝ՏԻՄԸԵԲ ԳՅ ՎԿՎԻ ՐԵՎՈՒՄ ԸՄՆՇ | Գ ԸՄՆՇՇ ԵՎԻԿԻ ԼՍՔՎ
 ՝ՇՆԻ ԿՅ ԸՆԿՐՈՒՄ, ԻՆԻՇ, Բ՝ՏՇՇ Ա_ԵՎ ԸՌԿՎՇԿ ԿՎԻՏՅ ՐՅ ՎԵՄՇՎԳ ՄՈՒ ՝ՎՅԻ ԼՍՔՎ ՝ՎԸՅԻ ԳՎՏԳ ԿՎԿՈՎ ԸՎՎՍՆՈՍ ԿԻՎ ԽՎԳ |
 ԵՎՐՎԻ Ի՝ՏԿ ԸՎԻ Ը՞ ԵՎԿ ԻԿՏՍ 1.5-2.0 ԴՄ.ՎԳ. ԴԳՎՍ ԸՎՅՅ ԵՎ ՔՎՎ ԿՅ ՎՔԵ ԲՎԵՅ ԵՎ ԿՍ ՄՅՇՎ Վ՞ ԴՉ ԵՎՆՎ ՝ՇՆԻ ԿԻՏՇ
 ՆՏԵ | ԼՍՔՎԻ ԴՖՇԻ Վ՞ ԴՉ ՄՆՏՐ ԸՎԵՅ ՔՅ ՎՔՅԻ Ի ԲԸ՝ ԵՎՆՎԻ ԸՎՅՅ ՄԳՏՆԻ ԳԱ՝ԿՎԻ ԸՎԿ 2.5 ՎԳՎԳ, ՎԿՏ՝ ԿՎԿՈՎԻ ՄՆՐ Լ
 ՏՎԿԳՅ ՔՅ ՎՔՅԻ Ի ԲԸ՝ ԼՍՔՎԻ ԲՏՔՔԻ ԱՏԻԿԻ ԵՎՆՎԳ ԻՎՄՅԵ ԻԿՎ ԸՎԿ ԻՎԼՎ ԽՐԵՂ ԲՎ | ԼՍՔՎԻ ԸԸՏԻԻ ՅՎԿԵՎ ԵՎՆՎԻ ԸՎԿ 5
 ՎԳ.ՎԳ ԻՎԼՎ ԻՏՇՇ ԸՎՏԻ | ԵՎՆՎ՝ՏՅՅ ԸՎԿ ԸՎԿՎԿՎԿ ՄՏԻՔՅ ԿՅԻ ԵՍ ԱՎԿՎՏԻԻ ԼՍՔՎ ՝ՇՆԻ ԿԻՏՇ ՆՏԵ | Ե՞ՎՅԸՅԻ ՄՅԵԱՎՏ_ԸՍՔՎԻ
 ԱՎԳՇԵ 1 ՎԳ. (՝ՆՇ) 1 ՎԳ. (Ը՞) 30 ԴՄ.ՎԳ (Ը՞ՔՇՎ) ՆԼ ՉՎ ԴՅՅՅՅՅ | ԱՇՏԻ ԼՍՔՎԻ ԱՖ՝ՏԻ ՄԳՅՖՐԵ ԲՎՄ ԿՅԻ ՝ՇՆԻ ԿՇ
 ԵՎՆՎ Վ՞ ԴՉ 25 ԴՄ.ՎԳ x 25 ԴՄ.ՎԳ x 30 ԴՄ.ՎԳ (՝ՆՇ ԸՇ՝ Ը՞ՔՇՎ) ԱՎԿՎՏԻԻ ԻՉՎՍ ԻՉՎՍ ԸՌԿՐՈՒՄ ՝ՇՆԻ ԿԻՏՇ ՆՏԵ | ԸՇՇՍՍ
 ԸՌԿՎՏՈՒ ԱՎԳՇԵ ՎԿ ԻՏԼ ԱԵ՝ՎԵ ԴՖ՝՝ ԼՍՔՎԻ ԴԳՎՍ ԱՎԳՇԵ 3 ՎԳ. (՝ՆՇ) 3 ՎԳ. (ԸՇ՝) 30 ԴՄ.ՎԳ (Ը՞ՔՇՎ) ԸՏՅ-ԿԻՎ
 ԻՏՇՇ ԸՎՏԻ | ԼՍՔՎԻ ԸՅՎԻ ԲՎՄՔ ԿՅ/ԳՐԵՅՇ ՅՎԿԵՎ ԳԳԲՐԵ ԵՎՏՇՇ ՆՏԵ ԻՅԵ ԿՎԿՈՎ ԸՎՅՅ ԴՉ ԻՏՇՇ ԲՎ ԸՎՏԻ ԳԵՏ ՆԵՉՈՂՇ ԼՎ՝՝
 ԸՌԳՔՄ ԵՎ ԱԲ՝՝ ԸՌԳՎՐԵ ԱԲՅՎԳՃ ՄՆՏՐ ԴԼՅՅ ԵՎ ԵՍ ԿԻՎ ԽՎԳ | ԵՍ ԼՍՔՎԻ ԴՊՏԻՇ ԸԸՏԻԻ ՅՎԿԵՎ ԽՐԵՂ ՝ՅՅՅՅ Ի՞ ԴՉ ԴԼՅՅ ԽՎԳ
 ԴՄ Ե՞Վ՝ ԻՎԼՇՇ ՆՏԵ | ՝ՆՇ՝ՎԳՃ ԼՍՔՎ ՆԵՉՏԻՅԻ ԲԸ՝ ԵՎՐՎՏԻ ԸՇ՝՝ ԸՎՏՏԻԿԻ ՔՍՎ Վ՞ ԴՉ Ա_ԵՎ ՎԸՎՐՄ ԿՍՍ (3-5 ՎԳ.ՎԳ ԸՅ՝ՇՅ)

tKtU Dcti ewYZ GKB ubqtg LuPv ^Zwi Kiv hvq| cwešKi PUV ev ucwfirm kxU w`tq LuPv ubg@Yi e`q eutki LuPvi Zj bvg 2-3 ,Y tewk ntj l, GmKj LuPvi `xN`vqxZj KuKov tguUvRvKiY G Awak Avq ubwOZ Kti | cOKvó msL`v wetePbvq KuKov μq KitZ nte| cwbtZ LuPv `vctbi t`tt m`e` Drm (ebvÁtj i b`x, wPswó tNi, Lvj BZ`w`) ntZ wW`vKq Acwi cY`120-150 Móg ev Z`a`x KuKov mslh KiZ nte| AvqZb t`tK Pvi tKivv eivei cÓq 10-12 dU `j tZjk³ evk ev KivVi LjU cjtZ iuk w`tq tetá w`tZ nte thb tRvqvi fivUv Ges tmtZ `vb cwi eZB KiZ bv cvti Ges LuPv Dcti ev bxp DVbvqv KitZ cvti tm Rb` cwe`tKi Wg LuPvi Pvi cvtk tetá w`tZ nte| LuPv Ggbfvte `vcb KiZ nte, hvZ LuPvi Dci Astki AŠZ 1.5-2.0 BwÁ cwi Dcti tftm `vtK| cÓZwU cOKvó GKwU Kti KuKov gRj KiZ nte| mnR l Kg LiP cÓc` Lv`mgn tQvU AvKviti tZj wccqv, KB`Qv ev `f g`j`i gvQ (Ušk wdk) tQvU tQvU UKtiv Kti LuPvi cÓZwU cOKvó gRj KZ cÓZwU KuKovi ``wK l R`bi kZKiv 5 fivM nvti w`tb `jevi Kti cÓqM KiZ nte| G cxwZtZ KuKov gRj Kivi 10-12 w`tbi gta` wW`vKq cwi cY`ntj KuKov evRvi RvZ Kiv hvte|

wbtæ LuPv cxwZi KtqKwU wP`T Dc`vcb Kiv nj :



cKt`i i Avl Zvq cÓB mnvqZv:

wbtæ cÓvbKZ Abj v`bi LvZl qvi x mnvqZvi cÓ`wj Z cwi gvY t`qv nj :

μ.g	LvZ	msL`v	GKK`i	tgvU UvKvi cwi gvY	Ask
K	`vqx gj abx e`q				
01	LuPv (DcKiY l LuPv ubgv` k`g mn)	1	8000	8000	wmwmwmc
02	Ab`vb` (LjU, Wg, iuk BZ`w`)			2000	wmwmwmc
L	Pj wZ gj abx e`q				
01	k`g	2 Kg`em	200	600	wbR
02	KuKov (120-150 Móg gvnj v/180+ Móg cjt`l; tKwRtZ 7/8 wU KuKov)	20 tKwR	250	5000	wbR
03	Lv` (tQvU Kg`vgx gZ/cPv gvQ)	15 tKwR	50	750	wbR
04	Ab`vb`			650	wbR
	tgvU			17,000	

* cKt`i i Abj v`bi Astk (K Astk) AvštLvZ mgšq Kiv hvte| cOKvó/e` KivKov Pvtl i mjeav

tNi ev cKti i Zj brq Kg mgq KuKov d'vUbs Kiv hvq| cZiU cKvtô GKU Kti KuKov gRj Kivq GKU Ab'UjK Avmgy KiZ cvi bv| Lveiti AcPq tiva nq Ges gRj KZ KuKovi gta" Lveiv wbtq tKv cZiUwMzv nq bv| gRj KZ tMvbtWi cwi c° Zv ZvRvKfvtê cixv Kiv hvq | epvi nvi mWkfvtê ubi"cy Kiv hvq| LuPrq Lveiv t' qv, Avni Y I cwi PhmntRB mæ| Lv" cPti KviY cwb t'Yi mæbev _vK bv| cKvZK KviY Rj vevZvq mō v'v LuPv v'vctbi gva"tg KuKov d'vUbs Avc` Kvj xb RweKv wbeñn KuhKi fvqKv ivLZ cvi |

(M) cPij Z tcb cxwZiZ KuKov tgvUvZvRvKiY Pvl DcKj xq j eYv³ AÄtj tQvU tQvU cKti (0.05-0.5 tn±i I Mfxi Zv 1-1.5 wguvi) Ges wpswo tNti evtki evbv v'cb Kti KuKov d'vUbs Kiv hvq| KuKov d'vUbs cKti tRvqi-fvUvi gva"tg j eYv³ cwb cwi eZñbi m'fhwM _vK nte| eQti 8-10 gvm 6 wvUvU Dta'g eYv³ Zv _vK G i Kg v'v KuKov d'vUbs Gi Rb" Dc'hwMx|

w"gvb gvbtMf tRv'v ev Gj vKvq evtki dwj i Nb teov ev evtki/Kv'vi mvt_ j vMv'v cwi B_vBuj b Rvj w'iq `Zvi tctb ev tNti mgyZfvte KuKov Pvl ev d'vUbs Kiv hvq| fvUvi mgq cwb ivLvi Rb", tcb Ggb v'v v'cb KiZ nte hvZ tctbi 20 kZvsk RvqMv Rto 0.5 wgu Mfxi Lvj _vK| KuKov hvZ Mfxi MZLto cwi tq thZ bv cvi Zvi Rb" Lvtj i Ae"v Rvj ev evtki t'qj nZ` ñi tctbi ga"tj _vKte|

cPij Z tcb cxwZiZ KuKov Pvl mnR I meñak e"euZ cxwZiZ nti I GB cxwZiZ metPtq eo mgn'v nj GB cxwZiZ e"euZ DcKiY t'v `Z bō n'q hvq| GB cxwZiZ KuKov d'vUbs Gi Rb" cKti AeKvV'v Dvæb Kivi Rb" Zj t'ki Ku"v-gvU AcmviY, cro ms"vi Ges cKti fv'vfvte i"Ktq wbtq cro eivei evbv v'cb KiZ nte hvZ Kti KuKov tēi n'q hvq| Gici cKti Pp cDqM cwb D'Evj b Ges mvi cDqM Kti KuKov gRj KiZ nq| G cxwZiZ wRov KuKov Pvl Kiv hvq| g'nj v/wRov I c'j"l KuKovi Abc'v nte 9/5t1| G'ñt cZ'v'p KuKov tgvUvZvRvKiY mgq j vMte `B m'vñ | 80-100 Mkg I R'bi KuKov tgvUvZvRvKiYi Rb" wbe'p b Kiv thZ cvi |

wbæ tcb cxwZi KiqKuU wT Dc"vcb Kiv nj :



3.0 Lv" I Lv" e"v'cbv

KuKov m'vvi YZ gysm'v Lveiv thgb kvqK, wsbK, wpswo gvQ BZ"v` tLZ cQ` Kti | tQvU AvKv'vi tZj w'qv, KB"Qv ev `f g'j"i gvQ (U'k wdk) tQvU tQvU UKtiv Kti gRj KZ KuKovi tgvU` wK I R'bi kZKiv 5 fvM n'vi `wBK`y, evi c'vb KiZ nte| Mi"-QvM'j i bwo-fwo fvj fvte cwi"vi Kivi ci tQvU tQvU UKiv Kti KuKovi Lv" wntmte e"envi Kiv thZ cvi | cwi gvc Kiv Lveiv cZ'n fv'v I mU"vq ev iv'f 2 evi mgvb fvM fvM Kti Avakvsk cwi gvb cro eivei evbv v'v Ges Aí cwi gvY Ab'v" RvqMvq wQv'q cDqM KiZ nte| cKvtô/e: cZiU KuKovi Rb" wK I R'bi kZKiv 5 fvM n'vi `wBK`y, evi Lveiv c'vb KiZ nte|

4.0 Ab"v" cxwZ

- 1. th tNi ev cKti KuKov d'vUbs Kiv nq, tm GKB tNi ev cKti fvmgvb LuPrq KuKov d'vUbs Ges gvQ Pvl Kiv hvq|
- 2. DcKj xq j eYv³ b`x ev kvLv b`x Ges gvbtMf Gj vKvq fvmgvb LuPv v'v v'cb Kti KuKov d'vUbs Kiv hvq| Aí tmZ w'vko ev tgvUvU kiS-Rj vkq LuPrq KuKov d'vUbs-Gi Rb" Avak Dch'p |

3. KuvKov tgvUvZvRvKiYi cvkvcwk gRy KiYI GKU Avqea@gj K KgRvE nZ cvti | hvqx KuvKov d'vtUvbs Gi Rb' mvaYiZ vPsvio tNi ev g'vbtM0F b`x nZ Acwi c° ˆx KuvKov msM0h Kiv nZq _vtK| AuaKvsk t¶¶t¶ Pvl xiv vWt'cv nZ Acwi c° ˆx KuvKov (tLmvv KuvKov) msM0h Kti _vtK| tNi/cKi nZi Acwi c° ˆx KuvKov msM0h Kiv thZ cvti | KuvKov gRy`i nvi c0Z kZvstK 80uU| gRy KZ c0ZuU KuvKovi lRb 175 M0gi bxtP bv nl qv fvtjv, tKbbv 180 ev Z`p0 lRtbi KuvKov mtePP tM0Vfj0 nl qvq AuaK gEj ˆ wevU nZq _vtK Ges iBvwb evRvti G AvKvtii KuvKovi Pvin`v me0aK| KuvKov msM0h l gRy Kvjt j¶¶i vLZ nte thb KuvKov my`-mej Ges Zvi tKvb cv fvsMv bv _vtK| KuvKov gRy Kvjt 100-150 ucwGg digwv b (10 vj Uvi cwbi GKU evj vZtZ 1-1.5 wgvG) 0vivi 30 wgvbu taSZ Kti vbtj tivMRxevYj AvμgY c0Ztiva Kiv m0e|

5.0 mvaYi vbt` Rvej x

(1) KuvKov Pvtl vbevPZ mKj DcKvifvMx GKB cwi gvY Avw_R mrvqZv cvte| DcKvifvMx`i Abv vtbv A_0bM0 c0vbtv t¶¶t¶ ˆjq m`m`i Dcwi vZtZ h_vh_ wmwv c0μqv (tivR÷vti ˆ¶¶i, ÷`v0 BZ`w`) AbvniY Kti c0vb Kitz nte|

(2) evtRU wefvRtb Duj w-Z LvZi qvix msL`v Ges GKK `i Gj vKv- tft` cv_R` nZ cvti | Dctiv3 c0wZ_tjv Qovv l`vb, Kvj tft` Pvl c0wZi vfbZv _vKtZ cvti | Gt¶¶t¶ wmwv c0Kf e`vcbv BDvbtUi mv_ AvtjvPbv gva`tg KuvKov Pvl Kiv thZ cvti | Zte cKti i gj vbgq-bwZ h_v BGgGd, GmGgGd, c0KDitgU, Rj evhj AvfthvRb evUevv BZ`w` c0Zcvj tbi wv qvU vbw0Z Kitz nte|

(3) vbevPZ KuvKov Pvl x`i cKf t_tK i agvT ˆvqx gj ab LvZ mrvqZv c0vb Kiv hvte hv c0E evtRU wefvRtb Dtj l- Kiv nZtQ| KuvKov Pvtl PjwZ gj ab RvZiq LiP thgv Lv` μq, k0gK gRyi, KuvKov μtq tKvb ai tbi cKf mrvqZv c0vb Kiv hvte bv| hv cKti i evtRtU G KgRvE c0Z DcKvifvMx Avw_R mrvqZvi cwi gvY Dctiv3 evtRU wefvRtbi cwi gvY tPtq AwZwi 3 A_0vtK tmt¶¶t¶ Duj w-Z AeKivvtgv LvZi evBti Avw_R mntvwmZv c0vb Kiv hvtebv eis DcKvifvMxi msL`v evovtbv thZ cvti | cKf t_tK mrvqZv c0vbi t¶¶t¶ ˆxNfgqv` KuvKov Pvl eRvq ivL tm wv q vbw0Z Kivi Rb` c0qvRtb DcKvifvMxi mv_ Pw3 m0v` b Kiv thZ cvti |

(4) DcKiY μtq _YMZ gvU l ˆvqxZi wetePbv Kti DcKiY μq Kitz nte| th tKvb tKbv-KvUv/μtqi t¶¶t¶ cKti i c0KDitgU MvBWj vBb Abhvq μq m0v0bKitz nte|

cKti i Avl Zvq c0B mrvqZv

vbt0 c0vbKZ Abv vtbv LvZi qvix mrvqZvi c0wZ cwi gvY t`qv nj :

μ.g	LvZ	msL`v	GKK `i	tgvU UvKvi cwi gvY	Ask
K	ˆvqx gj abx e`q				
01	Rj vktqi cvto evtki evbv/teov l tBU `vcb			6000	¶¶¶¶¶¶¶¶
02	Avj KvZiv			1500	¶¶¶¶¶¶¶¶
03	cKi `Zwi (cv_fi Pb, cKi cwi`vi KiY, WtjvPb, Av tcv BZ`w`)			1500	¶¶¶¶¶¶¶¶
04	Ab`vb` (AeKivvtgv vbgv¶ k0mn)			1000	¶¶¶¶¶¶¶¶
L	PjwZ gj abx e`q				
01	k0g	5 Kg0v`em	200	1000	v0R
02	KuvKov (80-100 M0g, tKvRtZ .. uU KuvKov)	20 tKvR	250	5000	v0R
03	Lv` (t0vU Kg`vqx gZ/cPv gvQ)	15 tKvR	50	750	v0R
04	Ab`vb` (tgi vGZ, jxR ev Ab`vb` LiP)			1250	v0R
	tgvU			18,000	

* cKři i Abj vřbi Astk (K Astk) Abřgv` b mřtřřř AvřřLřZ mgřř Kiv hrře | Dcřiv³ LiP 2 kZřsk cwi gvřYi
cKři i Rb` cřřhrř |

- *Avřiv ne`wi Z` er KivKov e`e`řcbr g`vřřřj -Gi Rb` cřřřřřb cKř e`e`řcbr BDřbU, řřřřřřřř e`řřř
řřřřřřřř Kiv řřřř cřřř |*

c0 k0x Lvgvi

eb`v c0Y Gj vKvq eb`v m0n0y Avgb avb Drcv`b

vetk0i gvbiP0T0 ersjv0`k GKwU `th0M c0Y 0`k wmvte cwi0PZ| tF0Mw0j K Ae`vb I Avenl qvi Kvi0Y `vb0f0` G0`0k c0Z e0i eb`n0`Q| Ab`w 0K b`xgvZK 0`k n0l qvq c0q c0Z e0i eb`v I b`x fv00bi Kvi0Y c0ZwbqZ jvL jvL gvbl vbt`^n0`Q| Rj evqy cwi eZ0bi dtj mg0q I Amg0q ev0cvtZi dtj vbqvgZ I AvKw`0K eb`vi dtj ersjv0`0k tivcv Avgb tg0m0gi Pvl ver`KZ av0bi RvZmg0n wewfb0ec0ZKj Ae`vi 0viv 00wZM0`n0q _vtK| Rwi0c 0`Lv tM0Q ersjv0`0k b0P0t`0K gvSwi b0P0Rv0g hv tgvU Rv0gi kZKiv 20 fvM th`0jv el0Kv0j AvKw`0K eb`vq m0uY0Zv0j 0q hvq Ges eb`vi tgqv` m0avi YZ 07-15 w`b `vqx nq| dtj av0bi dj b Avs0kK 0`0K m0uY0Fvte 00wZM0`n0q ersjv0`0k RvZ0q exR c0Z`qb teW02010 m0tj w0avb-51 I w0avb-52 b0tgi `0wU RvZ eb`v m0n0y wmvte Ab0gv`b w`0q0Q|

RvZwU 0Kb eb`v mnbkxj

- 0 AvKw`0K eb`vq 07-15 w`b cwb0i b0P W0te _vK0j avb b0 nqbv| thLv0b c00j Z av0bi RvZ D03 mg0q m0uY0Fvte b0 nq|
- 0 K.I.K0`i bZb fvte Rv0tZ P0iv tivcY Ki0Z nqbv|
- 0 W0te hv0 qvi dtj dj 0bi 0Zgb NvUvZ nqbv|
- 0 th0nZi`0fv0ek eb`vq av0bi 0Kvb 00wZ nqbv tmRb` 0`0ki Lv` w0ivc0v ev0x0Z D0j 0`thvM` fv0kv ivLte|

Rv0 Ges K.I.K w0e0Pb

- 0 b0P0t`0K gvSwi b0P0Rv0g thLv0b AvKw`0K eb`vi dtj 07-15 w`b ch0c-cwb R0g _vtK|
- 0 eb`vi cwb m0i hvevi ci 10-14 tm.wg.(4-6 Bw0) cwb _vKv `0fv0ek| Zte `xN0 b a0i c0q 35-40 tm.wg. (14-16 Bw0) Gi te0k cwb _vtK hv0K Rj v0x cwb e0j , Ggb Rv0tZ eb`v m0n0y RvZ Pvl Kiv hvte bv| 0Kbbv G ch0c-D`w0eZ 0Kvb D`P dj bkxj av0bi RvZ `xN0vqx Rj v0xZv mn` Ki0Z c0i0i bv|
- 0 eb`vi dtj nVv cwb0Z dmj W0te hvq Ges `0Z 0b0g hvq|
- 0 th mKj K.I.K AvM0x Ges w00RB Avev0`i m0t` mi vmi Rv0Z|
- 0 0QvU I gvSwi a00bi K.I.K hv0`i Avev` Rv0gi cwi gv0 2-5 GK0|
- 0 GKB Gj vKvq cvkvcwk K.I.0Ki Rv0g, hv Kgct0 02 GK0 e0 n0Z n0e| Zte GKRB K.I.0Ki GK w0Nv (33 kZvsk) Gi te0k Rv0g 0bl qv hvte bv|
- 0 0QvU I gvSwi a00bi K.I.K hv0`i avb Pvl D03 e0K Avev` Rv0g Av0Q|
- 0 exR c0v0bi c0e0Aek`B K.I.K0K Pvl ver` m0u0K`c0k`0Y c0vb Ki0Z n0e|

c0K0 n0Z m0thvMzv

- 0 0`agv0 GK w0Nv (33 kZvsk) Rv0gi Rb` av0bi exR mieivn Kiv n0e|
- 0 K.I.K0K c0k`0Y c0vb Kiv n0e|
- 0 Kw0 Mwi mnvqZv c0vb Kiv n0e|

Drcv`b 0K0kj

exR ecb I P0iv tivcb

P0iv tivc0Yi mgq: 15-30 R0 A_0 01-15 Av0v (D0iv0j)
 01-15 Rj vB A_0 15-30 Av0v (Ab`vb` A0j)
 P0ivi eqm: 30-35 w`b
 exR nvi : 05 0KwR (33 kZvsk)

Rv0 `Zvi I c0_wgK mvi c0qvM

f0j fvte 4-5 wU Pvl I gb w`0q Rv0 `Zvi K0i w00Z n0e Ges 0kl Pvl0i Av0M c0_wgK mvi D0j w0Z n0vi c0qvM Ki0Z n0e|

m0t0i bvg	0KwR/tn0i	0KwR/w0Nv(33 kZvsk)	M0g/kZK
BDw0 qv	195	26	790
wUGm0c	52	7	212
GgI w0c	82	11	333
wRcmvg	60	8	243

mvi c0qM

- tkI PvlI AvtM mg⁻WJGmuc, Gglwc I wRcmvg
- eb^{vi} cwb mti hvevi ciciB avb t[¶]tZ mvi c0qM Kiv wK bq| GtZ avb MvQ ctP thtZ cvti | AvKw⁻SK eb^v c0Y AAtj Pviv tivctYi 7-10 w^b ci cwb mti hvl qvi ci AvMvQv g^ß Kti tn±i c0Z 43.5 tKwR (kZtK 176 M0g) BDwi qv, 23 tKwR (93 M0g kZvstk) Gglwc mvi Dcwi c0qM Ki tZ nte|
- KvBP t_{vo} Avmvi cte[®]Avti K[^] dv tn±i c0Z 43.5 tKwR (kZtK 176 M0g) BDwi qv mvi c0qM Ki tj fvj dj b cvl qv hvte|
- hw[^] avb cwb tZ bv Wte Zvntj tivctYi 7-10 w^b tbi gta[^] tn±i c0Z 65 tKwR (260 M0g kZvstk) Ges 35-40 w^b ci tn±i c0Z 65 tKwR (260 M0g kZvstk) BDwi qv c0qM Ki tZ nte| GQvov KvBP t_{vo} Avmvi cte[®] ZZxqevi tn±i c0Z 65 tKwR (260 M0g kZvstk) BDwi qv c0qM Ki tZ nte| BDwi qv c0qM Mi mgq RvgtZ 2-3 BwA[^] cwb vKv evAbxq|

tivcY[^] tZiI Pivi msL^v Aek^B avtbi Pviv mwi tZ j vMvtZ nte Zte mwi ntZ mwi i[^] tZi 10 BwA[^] Ges MvQ t_{tK} MvtQi[^] tZi 6 BwA[^] | Rvgti DePZv tft[^] tivcY[^] tZi Kg ev tenk Kiv thtZ cvti | c0Z tMvQv 2-3w my[^]; mej I tgvUv Pviv |

kb[^]vb c^Y I AvMvQv[^]gb

- Rvgti GK tKvYvq Nb Kti wKQvPviv tivcY Kti ivL tZ nte| 7-8 w^b ci tm Pviv w[^] tq giv Pivi t[^] t[^] kb[^]vb Ki tZ nte|
- t[^]fwekfvte Pviv tivctYi 25-30 w^b t[^] c0gevi I 40-50 w^b t[^] w0Zxqevi AvMvQv cwi[®]vi Ki tZ nte|
- Rvgt t_{tK} eb^{vi} cwb mti hvl qvi ci MvtQi cvZvq cwi[^] wKsev ewj Rgv ntZ cvti | dtj cvZvi w0[^]eU ntq cvZv Rvtj mv^v ntq thtZ cvti | ZvB cwi[®]vi cwb nvZ w[^] tq w0vU[^] ev t[^] c0tgwK Y Gi mrvv[^] MvtQi cvZv atq cwi[®]vi Kti w[^] tZ nte| KvRwU Svgtj vcy[^]ntj I eb^{vq} Av^vsv⁻avtbi Rb[^] fv^v dj etq Avbte|
- Rvgt t_{tK} eb^{vi} cwb mti hvl qvi Kgct[¶] 7-10 w^b ci Rj R AvMvQv mn Ab^{vb} AvMvQv mgn Ges avtbi cPv cvZv cwi[®]vi Kti w[^] tZ nte|

m^utK tmP t tivctYi ci t_{tK} KvBP t_{vo}/dj Avmv I[^] p Avmv ch^S-RvgtZ cwb vKv Ri[^]wi | Gmgq Liv ntj Aek^B m^utK tmP w[^] tZ nte| Zte fv^v dj tbi Rb[^] avtbi[^] vbv evav Ae^v ch^S-tmP c0vb Kiv c0qvRb|

tcvKv I tivM[^]gb

- Ab^{vb} avtbi gZB avb t[¶]tZ gvRiv, cvZv tgvov[^]bv, Pw^z, Mj gwQ, cvgix, MwU Ges ev[^]vgx MvQ dmos tcvKv BZ^w I Av^vgy ntZ cvti |
- tcvKvi Av^vgb tenk ntj mgw^SZ evj vB[^] gb e^vvcv (AvBwGg) Ae^j ab Ki tZ nte|
- avtbi m^{ev}BU/tLv^j tcvov, ev[^] I cvZvi tcvov[^] vM ntZ tivM ntZ cvti |
- tivM[^] g^tbi Rb[^] d^vij Ki, KbUvd ev^wUe[^] t[^] c0Kiv thtZ cvti |

avb KZ^B I dj b

kx^t I AvMv t_{tK} tMvov ch^S-80 fvM avtbi[^] vbv tmvovj x is avib Ki t^j avb KvUv hvte| Dchy^ß cwi Ph[^]tc^{tj} we^{avb}-51 I we^{avb}-52 tivcv Avgb t^gst^g 3.5-5 Ub/tn±I (12-16 gb/weNv) ch^S-dj b w[^] tZ m[¶]g|

mZK^Zv t

- gvSwi w^bPz Rvgt thLv^t AvKw⁻SK eb^{vq} 14-15 w^b ch^S-Avgb avtbi Rvgt cwbⁱ w^btP Zvj tq hvq, tm mg⁻-RvgtZ we^{avb}-51 I we^{avb}-52 AZ[^]š-DcthvMx| wK^S th mg⁻-RvgtZ 20 w^b tbi I tenk cwb AvU^{tK} v^tK, tm mg⁻-RvgtZ GB avtbi RvZ DcthvMx bq|
- th mg⁻-Rvgt Rvgti i cwb tZ ctqB w^bgv^ß4Z nq, tm mg⁻-RvgtZ I GB RvZi avb DcthvMx bq|

Avw[^]R mrvqZvi cwi wa

Rvgt[^]Zwi, exR I mvi m^tqi t[¶]t[^] eivⁱ KZ A[^]e[^]envi Kiv hvte| mvBb[^]teW[^]Zwi i LiP DcKvi t[^]fvMxi Ask t_{tK} enb Ki tZ nte|

c0 k0x Lvgvi

Liv c0Y Gj vKvq Livmn0yAvgb avb Drcv`b

vetkfi gvbvPfi evsj vt`k GKiu`th0M c0Y t`k wnmvte cwi wPZ| tfsitMwj K Ae`vb I Avenvl qvi Kvi tY`vbtft` Gt`tk c0Z eQi Liv nt`0| Rj evqvcwieZfbi dtj ep0cvZi aib cwieZ0 nt`0, dtj Amgtq ep0cvZ ev Abvev0 j 0 Kiv hvf`0, dtj evsj vt`tk tivcvr Avgb tgsmtgi Pvl ver`KZ avtbi RvZmgn wewfbec0ZKj Ae`vq cwiZZ nt`0| t`Lv tM0 evsj vt`tk eti`0 I` 0Y cwi0grA0tj Abvev0 I Livv dtj c0Z eQi avtbi dj b Avs0kK t`tK m0uY0vte 0wZM0`ntq Lv t`i e`vcK NvUwZ tgvKvtej v Ki t0| GtZ K.I.Kiv avb Avevt` Drmn nwi t0 t0j t0| D0 Gj vKvq Liv tgvKvtej vq evsj vt`tk RvZxq exR c0Z`vqb tevW02010 mvtj weavb-56 I weavb-57 bvtgi` 0iU RvZ Livmn0yRvZ wnmvte Abtjgv`b w` t0t0|

RvZiU tKb Liv mnbkxj

- c0Rbb ch0q mte0P 14-21 w`b ep0 bv ntj I tZgb 0wZ nqbr|
- wZb t`tK Pvi m0v0n ep0 bv ntj, fMf0` cwi0i Mfxi Zv 70-80 tm.wg. bxtP`_vKtj Ges gwiUi Av`Zv 20% ntj I G RvZiU tn0ti mte0P 4.0 Ub dj b w` tZ m0lg|
- RvZiU AvMvg Ges RiebKvj mte0P 105-110 w`b|
- th0nZiRvZiU AvMvg tmRb` cwi0i e`envi I LiP Kg|
- AvMvg RvZi gta` D`P dj bkxj |
- DEivA0tj Mg, Avjyl iwe ktm`i Pvl Ges` 0YvA0tj AvMvg tertiv Pvl Kiv hvte|

Rig Ges K.I.K wbe0Pb

- thmKj Gj vKvq avtbi c0Rbb mgq cwi0i Afvte dj b Ktg hvq, Ggb0k avtbi Mv0 gfi hvq tm mKj RvqMvi Rig Dch0|
- gvSwi D0t`_tK D0zRig thLv0b Avgb tgsmtg tm0Pi mgm`v nq|
- thmKj Rig0Z AvMvg kvKme0R, Mg, Avj yBZ`w` Avev` Kiv nq|
- t`tki eti`0`Gj vKv I Liv c0b Gj vKv thLv0b Avgb tgsmtg cwi0i Zxe0m gm`v t` Lv hvq|
- th mKj K.I.K AvM0x Ges w0tRB Avevt`i mvt`_mi vmi Ri0Z|
- t0vU I gvSwi ai0bi K.I.K hvf`i Avev` Rigv cwi gvY 2-5 GK i|
- GKB Gj vKvq cvkvcwk K.I.Ki Rig, hv Kgc0t0 02 GK i e0`ntZ nte| Zte GKRb K.I.Ki GK weNv (33 kZvsk) Gi teik Rig tbi qv hvte bv|
- t0vU I gvSwi ai0bi K.I.K hvf`i avb PvtI D0 e0K Avev` Rig Avt0|
- exR c0 v0bi c0e0Aek`B K.I.KtK Pvl ver` m0u0tK`c0k0Y c0 vb Ki tZ nte|

c0Kf ntZ mn0thwMzv

- i`agy0 GK weNv (33 kZvsk) Rigv Rb` avtbi exR mi eivn Kiv nte|
- K.I.KtK c0k0Y c0 vb Kiv nte|
- Kwii Mui mnvqZv c0 vb Kiv nte|

Drvc`b tKSkj

exR ecb I Priv tivcY

Priv tivc0Yi mgq: Rj vB gv0mi ZZxq m0v0n ntZ AvM0- gv0mi c0_g m0v0n
 Privi eqm: 20-22 w`b
 exR nvi : 05 tKwR (33 kZvsk)

Rig`Zix I c0_ugK mvi c0qM

fij fite 04-05iU Pvl I gb w`tq Rig`Zwi Kti w0tZ nte Ges tkl PvtI i AvtM c0_ugK mvi Duj w0Z nvti c0qM Ki tZ nte|

mvti i bvg	†KwR/tn0i	†KwR/weNv(33 kZvsk)	M0g/kZK
BDwi qv	170	22	680
wJGm0c	56	7.5	230
GgI w0c	100	13	400
wRcmvg	100	13	400

mvi c0qM

- me0kl Rig c0 tZi mgq meUKz wJGm0c I GgI w0c Ges A0a0 wRcmvg mvi Rig0Z w` tZ nte|

- BDwi qv mvi mgvb wZb wKw-žZ A_ŕ tivctŸi 10 w`b ci cŰg wKw-žZ 20-25 w`b ci wŰZxq wKw-ŕGes 35 w`b i gŕa` ZZxq wKw-ŕcŰqvm KižZ nte|
- ewK Aŕaŕ wRsk mj ždU cŰg wKw-ŕBDwi qv mvti i mvt_ wgvktq cŰqvm KižZ nte|
- BDwi qv Dcwi cŰqvtMi mgq tŕŕžZ 2-3 tm.wg. cwb _vKžZ nte A_ev gwŰžZ cŰi i m_vKžZ nte|

tivcY `žZj I Privi msl`v t Aek`B avŕbi Priv mwi žZ j vMžZ nte Zte mwi nžZ mwi i `žZj 08 Bw` Ges MvQ t_žK
MvtQi `žZj 06 Bw` Rŕgi DeŕZv tŕŕ` tivcY `žZj Kg ev teuk Kiv thžZ cvŕi | cŰZ
tMvQvq 2-3wU my`, mej I tgvUv Priv|

kb`vb cŰY I AvMvQv `gb

- Rŕgi GK tKvYvq etjvŕbi gZ Nb Kŕi wKQyPriv tivcY Kŕi ivLžZ nte| 7-8 w`b ci tm Priv w`žq giv Privi `žj kb`vb KižZ nte|
- `ŕfweKŕiŕte Priv tivctŸi 15-20 w`žb cŰgevi I 30-40 w`žb wŰZxqevi AvMvQv cwi`wi KižZ nte|

m=ŰiK tŕP t tivctŸi ci t_žK KvBP t_vo/dj Avmv I `ŕ Avmv chŕ-RŕgžZ cwb _vKv Ri`wi | Gmgq Liv nžj
Aek`B m=ŰiK tŕP w`žZ nte| Zte fŕŕjv dj žbi Rb` avŕbi `vbr evav Ae`v chŕ-tŕP cŰvb Kiv cŰqvRb|
tŕvKv I tivM`gb

- Ab`vb` avŕbi gZB avb tŕŕžZ gvRiv, cvZv tgvovŕbv, Pw½, Mj gwŰ, cvgix, MmŰ Ges ev`vgx MvQ dnos tŕvKv BZ`w` I AvpugY nžZ cvŕi |
- tŕvKvi Avpugb teuk nžj mgwšZ evj vB `gb e`e`vcbv (AvBicGg) Aež `b KižZ nte|
- avŕbi m_evBU/tLvž tŕvov, ev- I cvZvi tŕvov`vM t_žK tivM nžZ cvŕi |
- živM `gŕbi Rb` dŕj Ki, KbUvd ev wUe t`cŰKiv thžZ cvŕi |

avb KZŰ I dj b

kvŕI i AvMv t_žK tMvov chŕ-80 fŕM avŕbi `vbr tmvbyx is aviY Kitj avb KvUv hvte| Dchyŕ cwi Phŕtctj we`vb-56 I we`vb-57 tivcv Avgb tgvŕŕg 4-5 Ub/tŕ±i (13-16 gb/wNv) chŕ-dj b w`žZ mŕŕg|

Avw_ŕ mŕvqZvi cwi va

Rŕg `Zwi, exR I mvi ŕtqi tŕŕŕŕ eiv`i KZ A_`e`envi Kiv hvte| mvBbtevW`žZwi i LiP DcKiv tŕfvmxi Ask t_žK enb KižZ nte|

CO KIX Lvgi

jeYv³ cEY Gj vKvq j eYmnòyaib Drcv`b

weikji gvbiPti evsjv`k GKiu `thM cEY t`k nmvte cwi wPZ | Rj evqycwi eZibi dtj cOkwZK `thM thgb-NvYSo, mivBtkib, Rtv`Ovm, wvWi, AvBjvi gZ cJ qskix `thM cOZubqZ Dckkj AvNvZ nvbtQ | GtZ mvti i cwb DcP cto j eYv³ Gj vKvq epv cvt`Q dtj Kvl R RigtZ j eYv³ Zvi cwi gvY tetob Pj tQ | evsjv`k Dckj xq AAjt j eYv³ Zvq ¶wZMØ -Pv ver` i DcthvMx Rvgi cwi gvY cOq 10 j ¶ tn±i | j eYv³ Zvi Dci wvE Kti G Gj vKvK PvIU tkYxtZ fVM Kiv ntqtQ, thgb- K. 4 wVGm/wg. L. 5-8 wVGm/wg. M. 9-15 wVGm/wg. N. 15 wVGm/wg. Gi Dcti | cOg wZbW tkYxi Ašfš RigtZ tivcv Avgb tgsmtg avbi Pv ver` Kiv nq | Gmgq el¶ Kvi tY RigtZ cwi j eYv³ Zv mnYKxj nI qvq t`kxq avb Avev` Kiv nq | PZL ¶tkYxi Ašfš Gj vKvq mvari YZ wPsvoi Lvgi A_ev jetbi Pv Kiv nq | G Gj vKvq i Kbv tgsmtg epv cvZ bv nI qvi Kvi tY b`xi cwb I fMF^o cwi j eYv³ Zv tetob hvq | dtj teviv avbi Avev` wvNvZ nq | G mgmiv mgvavbi j ¶ ¶ evsjv`k avb Mtel Yv Bbv = wJDU (we) I evsjv`k cigvYy Kvl Mtel Yv Bbv = wJDU (webv) KZR `Bw RvZ h_vptg weavb-47 I webvavb-08 D^mweb Kti tQb |

RvZwU tkb j eYv³ Zv mnbkxj

- Piv Ae`vq 3 mBvn 12-14 wVGm/wg. Ges mviv RxbKvtj 8-10 wVGm/wg. cwi j eYv³ Zv mn` Ki tZ cvti |
- j eYv³ RigtZ tn±i cOZ 4.5-5.0 Ub Ges j eYv³ Zvq³ `vfwk RigtZ tn±i cOZ 6.5-7.5 Ub chš-dj b cvl qv qvq |
- teviv tgsmtg th mKj RigtZ avb Avev` Kiv mæ bq tmLvfb Dcti v³ `OJ RvZ `vfwk fvte 4.5-5.0 Ub chš-dj b w tZ cvti |
- j eYv³ cEY Rvg thLvfb teviv tgsmtg cWZZ _vtK, tm mKj Rvg PvtI i Avl Zvq Avbv mæ |

Rvg Ges K.I.K vbePb

- thmKj Gj vKvq avbi RigtZ j eYv³ Zvi cwi gvY 12-14 wVGm/wg. chš†
- gvU i ab tetj t`v-Avk Ges GtUj t`v-Avk |
- Dckj xq AAj thLvfb tmPti cwi Afvte teviv ev Avgb avb Avev` mæ bq |
- th mKj K.I.K AvMthx Ges vbtRB Avev` i mvt_ mi vmi RvOZ |
- tQvU I gvSwi ai tbi K.I.K hv` i Avev` Rvgi cwi gvY 2-5 GK i |
- GKB Gj vKvq cvkvcwk K.I.Ki Rvg, hv Kgc† ¶ 02 GK i eK nTz nte | Zte GKRb K.I.Ki GK vNv (33 kZvsk) Gi tevk Rvg tbi qv hvte bv |
- tQvU I gvSwi ai tbi K.I.K hv` i avb PvtI D³ eHK Avev` Rvg AvtQ |
- exR cO vbi cteAek`B K.I.K K Pv ver` mæ utK cOk ¶ Y cO vb Ki tZ nte |

cKí ntZ mnthwMzv t

- i agvI GK vNv (33 kZvsk) Rvgi Rb` avbi exR mieivn Kiv nte |
- K.I.K K cOk ¶ Y cO vb Kiv nte |
- Kvi Mvi mnvqZv cO vb Kiv nte |

Drcv`b tKškj t

exR ecb I Piv tivcy

Piv tivcyti mgq: Rj vB gvpmi ZZxq mBvn ntZ AvM ÷ gvpmi cOg mBvn
 Pivi eqm: 20-22 w` b
 exR nvi : 05 tKwR (33 kZvsk)

Rvg `Zvi I cO wGK mvi cOqvm

fj fvte 04-05 wJ Pv I gB w` tQ Rvg `Zvi Kti vbtZ nte Ges tkl PvtI i AvtM cO wGK mvi Duj wEz nrti cOqvm Ki tZ nte |

mvti i bvg	tKwR/tn±i	tKwR/vNv (33 kZvsk)	Mlg/kZK
BDvi qv	217	29	900
wJGmwc	110	15	450
Ggl w	70	9.5	300
wRcmvg	45	6	180
`v	4.5	600 Mlg	20

mvi cOqvm

- meKl Rvg cO tZi mgq meUK wJGmwc, Ggl w, wRcmvg Ges `v mvi RigtZ w` tZ nte |

- BDwi qv mvi mgvb wZb wKw`fZ A_ϕ ti vctYi 07 w`b ci cŭg wKw`7-25 w`b ci wŌZxq wKw`-Ges 40 w`tbi gta` ZZxq wKw`-cŭqM Ki tZ nte|
- BDwi qv Dcwi cŭqM Mi mgq tŕtZ 2-3 tm.wg. cwmb _vKtZ nte A_ev gwUjZ cŕi im _vKtZ nte|

tivcY `tZi| Privi mSL`v Aek`B avtbi Privi mwi tZ j vMv tZ nte Zte mwi nZ mwi i `tZi 10 BwA Ges MwQ t_tK MtQi `tZi 06 BwA| Rvgi DeŕZv tft` tivcY `tZi Kg ev tenk Kiv thtZ cvti | cŭZ tMvOvq 2-3 wU mY` mej I tgvUv Privi|

kb`vb cŕY I AvMvOv `gb

- Rvgi GK tKvYvq etj vŕbi gZ Nb Kti wKQy Privi tivcY Kti ivL tZ nte| 7-8 w`b ci tm Privi w`tq giv Privi `tj kb`vb Ki tZ nte|
- `ŕfweKfite Privi tivcYi 15-20 w`t b cŭgevi I 30-40 w`t b wŌZxqevi AvMvOv cwi`wi Ki tZ nte|

tcvKv I tivM `gb

- Ab`vb` avtbi gZB avb tŕtZ gvRiv, cvZv tgvovtbr, Pw½, Mj gwQ, cvgix, MmU Ges ev`vgx MwQ dnos tcvKv BZ`w` I Avpugb nZ cvti |
- tcvKvi AvpugY tenk ntj mgwSZ ejj vB `gb e`e`vcbr (AvBwCGg) Ae j`b Ki tZ nte|
- avtbi im`evBU/tLvj tcvov, ev` I cvZvi tcvov `vM t_tK tivM nZ cvti |
- tivM `gtbi Rb` dWj Ki, KbUvd ev wUe` t`cŭKiv thtZ cvti |

avb KZŌ I dj b

kxtI i AvMv t_tK tMvov chS-80 fivM avtbi `vbr tmvbyj x is avi Y Ki t j avb KvUv hvte| Dchj³ cwi Phŕtctj weavb-47 I webvavb-08 terviv tgsmtg j eYv³ Gj vKvq 4.5-5.5 Ub/tn±i chS-dj b w`tZ mŕlg|

mZKZv

- cŭZ mBvtn tŕtZi cŕeŕ cwmb tŕtZ t_tK w`wkb Ki tZ nte Ges bZb cwmb w`tq tmP w`tZ nte|
- gtb ivL tZ nte th 3 wWGm/wg. Gi tŕtq tenk gvTvi j eYv³h³ cwmb KLBi tmŕPi Rb` e`envi Kiv hvte bv| GtZ gwUj j eYv³Zv w`b w`b ewx cvte|

Aw_ŕ mrvqZvi cwi va

Rvq `Zwi, exR I mvi mtqi tŕtŕ eivI KZ A_`e`envi Kiv hvte| mvBbtewW`tZwi i LiP DcKvi tŕfWxi Ask t_tK enb Ki tZ nte|

fmġ Kif ttraww - ev tKif Pvi mvi Drcv`b

Rj ev qvcw i eZġbi dtj GKw tK thgb km Drcv`b e`nZ nt`Q, tZgub gwUi j Yv tbi Dci l weifc c`fve cotQ| eb`v Gj vKvq wetkl Kti e`pcj AeenmKvq eb`vi dtj Kw RigtZ ewj Rtg DePZv Kwgtq t`q| Liv Gj vKvq gwUtZ Av`Zvi Afite `Re c`vt_P cwi gvY Ktg hvq| metPtq tek ħwZM- nq DcKj xq Kw fvg| mgj`c t`oi D`PZv ewx, DcKj xq eb`v, NwYSO BZ`w i Kvi tY Kw fvgi jeYv`Zv w`b w`b te toB Pj tQ| Dci s` RigtZ Awak mvi i vmvqubK mvi e`envti i dtj l `Re c`vt_P cwi gvY Ktg wMtq gwUi j Yv Y nvm cvt`Q| tKif Pvi mvi e`envti i dtj gwUi Av`Zv avib ħlgZv Ges gwUtZ `Re c`vt_P cwigv te to wMtq dmj Drcv`tb mnvqK fvgKv cvj b Kti weavq GuU Rj ev qvcw i eZġbi AwfthvRb Kv hġug wntmte wmwimwmc cKti Ašfj` Kiv ntqtQ| G msµvš-KugDibwU KvBtġU tPA c`Rt±i (wmwimwmc) wbt` ħKv wægæfc

1.0: tKif Pvi mvi wk?

Mew` ci thgb Mi", gwUl, Qvmj, tfov BZ`w i wlv`ġ cwigvY tMvei wlv`ġ RvtZi wlv`ġ msL`K Rxeš-tKif Pvi mvt` GKtġ GKw gwUi cvtġ tġL w`ġ tKif Pvi tġ v H tMvei tLġq Rxb-avi Y Ki tZ `vtK Ges Zvt` i gj gġ Rgv ntZ `vtK, hv mvi wntmte e`envi DcthwMx nq| Gfvte th mvi cvl qv hvq, ZvtK tKif Pvi mvi etj |

2.0 K.L.K wbePb

- Rj ev qvcw i eZġbi RwbZ SmKcY`cwi evi ntZ nte
- m`tm`i Kgctġ| 01wU Mi" _vKtZ nte|
- `wi``a| ħj`a K.L.K hv`i emZewotZ mwãPvl Kivi gZ RvqMv AvtQ Ges mwã Pvl Kti, tm ai tbi K.L.K wbePb Kitz nte,
- mwã Pvl i Rb` emZewotZ b`b`Zg 1 kZK Rvg _vtZ nte,
- gwj v m`m`i i AMġiaKvi w` tZ nte,

3.0: tKif Pvi mvi e`envti i mjeav

- RigtZ c`ġqvRbxq cġo Dcv`vb mwK gvġvq mieivtni gva`tg Rvgi DePZv kw` ewx Kti Ges gwUtZ `Re c`vt_P cwi gvY ewx Kti |
- gwUi cvwb avitYi mħlgZv ewx Kti dtj cvwb tmtPi Pwin`v Kgvq|
- Aí cġR Ges Zj bigj K mnR cbv` nI qvq Kw tZ tKif Pvi mvti i e`envi dtj i Drcv`b LiP Kgvq Ges Drcv`b ewx Kti |
- RigtZ i vmvqubK mvti i e`envi nvm Kti dtj Rvgi Kw cwi tekMZ DcthwMZv ewx cvq|

4.0: tKif Pvi mvi Drcv`b cxwZ



KwPv tMveti i `e



6 - 8 w`b tMveti i `e cvj_w_b ev PU w`tq tXtK ivL tZ nte



wis `ve `vcb



mvaviYZ 20-25 w`b ci ci
Dci w`K t`tK Pvjwb w`tq
tPtj tKtPv mvi msMh KitZ
nte|



tMvei Lv`K tKtPv msMh Kti
tMveiti tKtPv w`tZ nte Ges
nj Kvfvte mvgvb` cwi gvY
cwb w`QuUtq w`tq tbU w`tq
tXtK w`tZ nte|



MuRvfbv tMvei m`mbUvix wis ev
Pwioi 2 BwA Lvwj titL fti
w`tZ nte

5.0 KLB tKtPv mvi msMh Ki`teb?

tKtPv mvi `Zwi tZ KZ mgq j vMte Zv tKtPvi msL`vi l ci wbfP Kti | mvaviYZ 1 gym MuRvfbv 150 tKwR
tMveiti i gta` 2,000wU tKtPv Qvotj 30-45 w`b mgq c`qvRb nte| tMvei i`cvSwi Z ntq Pv cvZvi `ovi
AvKvi l is aviY Ki`tj ati tbl qv nq tKtPv mvi `Zwi m`ubantqtQ|

6.0 wKfvte tKtPv mvi Avj v`v Ki`teb?

`Bfvte tKtPv l tKtPv mvi Avj v`v Kiv hvq| GKwU nt`Q Pvjwb w`tq
tKtPv l tKtPv mvi Avj v`v Kiv| Ab`wU nt`Q tKtPv wgvkZ tKtPv mvi
D34j Avtj vi wbtP titL wKQymgq Atc`v Ki`tZ nte Ges t`Lv hvte th
tKtPv`tjv Avtjv t`tK evPtZ tKtPv mv`ti wbtP Ptj hv`Q| Zvici
l ci t`tK tKtPv mvi msMh Kti Avevi wKQymgq Atc`v Ki`tZ nte|
GBfvte me tKtPv tKtPv mvi t`tK Avj v`v bv nl qv chS-GB c`uqv
Pvwj tq thtZ nte|



7.0 wKfvte tKtPv mvi msi`vY Ki`teb?

tKtPv mvi hw` tFRv `v`K Zvntj Zv Si`Sti bv nl qv chS-tiv` `i Kv`Z nte Ges Zvici Zv evqyPj vPj Ki`tZ
cv`ti Ggb cv`T ev PtUi e`vM msi`vY Ki`tZ nte | Gfvte c`q 3 eQi chS-tKtPv mvi msi`vY Kiv hvq|

8.0 tKtPv mvi Drcv`tb Abmi Yxq mZKZv

1. KuPv tMveiti tKtPv Qvov hvte bv|
2. tMveiti tKtPv Qvovi ci tMvei brovPvov Kiv hvte bv|
3. m`mbUvix wis ev Pwioi w`fZi w`c`cov, DBt`cvKv, gy`wM, e`vO, QvPv BZ`w` i Av`yY tiva Kivi Rb` tKvb cKvi
KxUvbkK, w`vPs cvDWvi BZ`w` e`envi Kiv hvte bv|

9.0: tKtPv mv`ti e`envi

- > tKtPv mvi me ai`Yi dmtj e`envi Kiv hvq|
- > Rwg P`tli mgq c`qvRbxq cwi gvY tKtPv mvi gwU`tZ wgvktq w`tZ
nte|
- > t`tki Dckj`xq AA`tj i Rwg j eYv`3 ZvRwBZ mgm`v`v`st Gt`v`t`



DcKviþfVmx chfðq emZewoþZ meR Pviþi þfþþ tQvU tQvU cvþþ (gUKv, fivþv Kj m BZ'w') AþaR þKþPv mvi Ges AþaR fvj gmU wgvkþq ZvþZ wefþbe aiþbi meR (thgb: wgvó Kgov, Pvj Kgov BZ'w') j vMvtj fvj dj cvl qv hvþe|

- gvV dmtj þKþPv mvi e'envþi þfþþ cþZ kZvsk RvgþZ mviwY- 1 Abþvqx mvi e'envi KiþZ nþe|

mvi Yx- 1: RvgþZ þKþPv mviþi e'envþi þfþþ:

eQi	þKþPv mviþi cwi gvY	Rvgi cwi gvY
1g eQi	15 þKwR	1 kZvsk
2q eQi	10 þKwR	1 kZvsk
3q eQi	7.5 þKwR	1 kZvsk

10.0: Avq-e'q wmvve

GKwU Mi" nþZ cþB 150 þKwR þMveþi 2,000wU þKþPv e'envi Kiþj 30-45 w' þb 60 þKwR þKþPv mvi cvl qv hvþe| eQi 8 e'vP þKþPv mvi (480þKwR) Drcv` b KiþZ cvþþeþ| cvkvicvkk þKþPvi eskeþþ PþvKvþi nþ qvq cþZ wZb gvþm þKþPvi mSL'v wþ_b nþe A_þ eQi AwZwi³ 8,000wU þKþPv weþþ KiþZ cvþþeþ|

µg	e'q	UvKv	µg	Avq	UvKv
1	Kvþv þMvei (150*2*8)	2,400/-	1	þKþPv mvi (60 þKwR * 8 e'vP = 480 þKwR) cþZ þKwR 12 UvKv `þi (480*12)	5,040/-
2	Pwv (GKwU)	200/-			
3	þbU	50/-			
4	þKþPv (cþZwU 1 UvKv)	2,000/-	2	þKþPv weþþ (cþZwU 1 UvKv `þi (8,000*1)	8,000/-
5	PþUi e'v (GKwU)	70/-			
6	Pvj þb (GKwU, 2*2 dU)	250/-			
þgvU e'q		4,970/-	þgvU Avq		13,040/-
GK eQi bþU Avq 8,070/-					

11.0: wAvBwv KZR cvj bxq

- DcKviþfVmx` i cþqvRbxq cþkþY I Kwv Mvi mnvqZv cþ vb KiþZ nþe|
- weþvgþj` KþKþK mveþwYK Kwv Mvi cþvgk`cþ vb Ges wþqvþZ Lvþvi cwi` kþ KiþZ nþe|
- KþKþ` i wþR`^RvgþZ e'envi Kivi Rb` Dþþþ KiþZ nþe| Zþe þKvþ KþK hv` weþq Kþi AwþK j vfeþv nq, þmþþþþ Zvi wþR` wþþþþþ weþq KiþZ cvþþeþ,
- cþqvRbxq Dcv`vb mieivþni Rb` KþKþ` i meþþK mnþhwMzv cþ vb KiþZ nþe|
- þKþPv weþþþi Rb` cþqvRbxq mnþhwMzv KiþZ nþe|

AwþR mnvqZvi cwi wa

Kvþv þMvei, Pwv, þbU, þKþPv, PþUi e'v, Pvj þb BZ'w` þþqi þfþþ eivþ KZ A_`e'envi Kiv hvþe| mþBþþwW` Gi LiP DcKviþfVmxþi Ask þþK LiP KiþZ nþe|

emZewoxi Avtk cvtk kvK-mewR Pvl

Rj evqj cwi eZfbi dtj Ges gbl' mjo welea Kvi tY Pvl thvM' Rigi cwi gvY w' b w' b nvm cvt'Q | Dbz chv³ e'envti i dtj Lv' km' I kvK-mewR Drcv' b evx' tctj I ewaZ RbmsLvi Zj bvg AcZj | ejsj vt' tk tgvU Avev' Rigi gvI 3 kZvsk A_ 4,29,000 tnt RigtZ kvK-mewR Avev' ntq _vtK | ej v evuj' kvK-mewR Avev' i Rb' GB cwi gvY Rvg Lpb AcZj | GLvb t_tK th Drcv' b nq Zv Avgv' i Pwn' vi gvI GK-PZL³sk ciY KitZ cvti | Avevi Ab' w' tK GB cwi gvY kvK-mewRi tenki fVMB Drcv' b nq kvZ tgsmtg | eQtii Ab'vb' mgq kvK-mewRi thvMvb Lpb Ach³ | GOvov Kl.tKiv KtqKvU wv' RvtZi kvK-mewR Pvl B tenk Af' + A_P gvbtI i cyo Pwn' v Abhvqx weifbocKvi kvK-mewR Lvl qvi cqvRb itqtQ | hv' I GB Kvhpvg AvcvZ' wtZ GKvU Rj evqj cwi eZfbi ckgb Kvhpvg wKs' GuU emZwFvUv gvUj qIqtiva Kite Ges cvkvcnk DcKvi tFvMx e'w³/cwi evi wUj wKQy AvZwi³ Avtqi mthvM' Zwi nte etj GuU Rj evqj cwi eZfbi AvfthvRb Kvhpvg wntmte MhY Kiv nq | GgZve'vq wmwmm cOR± emZewoi Avtkcvtki cuZZ RigtZ mvi eQie'vcx weifbocKvi kvK-mewR Drcv' tbi Dti' M MhY KitiQ | GtZ GKw' tK thgb cuZZ Rigi mteP e'envi wvOZ nte Ab'w' tK cwi evti i m'm' i KvQ mvi eQie'vcx weifbocKvi kvK-mewR mnRj f' nte | hv' Avk cwi gvY kvK-mewR MhYi gva'tg my' v' wvOZ Kite |

DcKvi tFvMx ubeP'tbi 'enkó'

- w' w' I AvZ' w' a RbtMvóx hv' i wKQy kvK-mewRi Pvl i ce'AvfÁZv itqtQ |
- Rj evqj cwi eZfbi dtj qIwZMÓ-RbtMvóx hv' i Pvl thvM' KvU Rvg tbB |
- hv' i emZewotZ wKQy kvK-mewR Pvl i Dc'thMx RvqMv AvtQ |
- w' w' I AvZ' w' a RbtMvóx hv' i kvK-mewR Pvl i AvMh itqtQ |

emZewo evMvb wK?

cwi evti i m'm' i Lvev' i Rb' emZewoi Avtkcvtki RigtZ th kvK-mewR I dj -g'j i Pvl Kiv nq ZvtK emZewo evMvb etj |

cwi ewi K cyo Pwn' v ci'tY emZewo evMv'bi fvgKv

- emZewo evMvb cwi evti i m'm' i wKU cyo mgx kvK-mewR I dj gj mnRj f' Kti |
- mvi eQie'vcx weifbocKvi kvK-mewR Avev' i dtj kvK-mewR Lvl qvi cwi gvY evx' cvq Ges mvi eQie'vcx weifbocKvi cyo mgx Lvev' i thvMvb wvOZ Kti |
- evwZ Avtqi mthvM mjo nq hv' Ab'vb' Lv' w' m' tqi Rb' e'q KitZ cvti |
- ivZKv v ti vMn weifbocKvi AcyóRvbZ ti vM t_tK gv I wki wKtkvi' i i qIv Kti |

mewRi ai b Abhvqx Rigi ubeP'b

emZ ewoi Avtkcvtki Rvg_wj weifboc'enkó' i ntq _vtK | thgb Keq ev wJDel tqtj i avti tFRv RvqMv, iv' w' avti Kg tFRv ev kKbv RvqMv MtQi bxtPi Qvqhv³ RvqMv, bXP Rvg Ges DPRvg mth³ Avtj v fvj fvté cto | Gfvté Rvg tft' weifboc'aiti mewR Pvl Kiv thtZ cvti, tmLvb t_tK mvi eQi weifboc'aiti kvK-mewR cvl qv hvq | thgb- tFRv RvqMv cy' bv, tntj Áv, KPz.BZ'w' kvK-mewR j vMv'bv hvq | wKQy dj RvZxq mewR thgb- UtgtUv, te_b, tXóm Rb' t'bv cP'i RvqMvi ` i Kvi nq tmRb' G_tj v dvKv v'vb te'W Pvl Kiv hvq | Ab'vb' j Zvtbv mewR thgb- Kgov RvZxq, Liv mn'Kvi x (tdj mx I mxg RvZxq) Ges Qvq mn'Kvi x (WvUvkvK, j vj kvK Ges wKQy cvZv RvZxq) emZ ewoi h_v'vtg Nti i ewj, iv' w' avti Ges MtQi bxtP Pvl Kiv thtZ cvti |

tgsmg wfiEK mewRi tkYx web'vm

Rb' t'bv tgsmtgi Dci wfiE Kti kvK mewR tK w' g'v'c tkYx w' f³ Kiv ntqtQ |

- ❖ kxZKvj xb ev i we mewRt th mKj mewR kxZKvtj (A±±vei-gvP) Pvl Kiv nq Zvt` i tK kxZKvj xb ev i we mewR ej v nq| Kvc tMvt`i mewfbwemwR (evavKvc, Ij Kvc, kvj Mg, dj Kvc), Avj y UtgtUv, wkq, ei euU, j vD, gj v, j vj kvK BZ`w` kxZKvj xb mewR|
- ❖ Mf`SKvj xb ev Lwi d mewR th mKj mewR Mf`SKvtj (Gvcj)-tm`P`f) Pvl Kiv nq tm`tj vtK Mf`SKvj xb ev Lwi d mewR ej v nq| Kgov RvZiq mewR (Pvj Kgov, wgo Kgov), tXom, cBkvK, WwUv, wPwZv BZ`w` mewR Mf`SKvtj Pvl Kiv nq|
- ❖ Dfq-tgsmtg mewR te`b, gwi P, tXom, j vj kvK, Kj wgvK, tctc BZ`w` Dfq tgsmtg Rb`tbv hvq| th mKj mewR eQti i th tKvb mgq Pvl Kiv hvq Zvt` i tK Dfq tgsmtg mewR ej v nq|

mewR Pvtl i Rb` Rwg ubefPb

- ❖ emZ emoi DPyRwg n`Z nte
- ❖ RwtZ cwb tmP t` l qv i Rb` l wv`vktbi myeav`vKtZ nte
- ❖ mvi w` b m`hP Avtj v cto Ggb Rwg mewR Pvtl i Rb` ubefPb Ki tZ nte
- ❖ eo MwQ ev emoi Nti i Ovqv hvZ RwtZ bv cto tmw`tK tLqv i vL`Z nte
- ❖ mewR Pvtl i Rb` GtUj t`v-Avik l tetj t`v-Avik gwU ubefPb Ki tZ nte

mewR Pvtl i Rb` teW`Zwi

- ❖ chfB Pvl l gB w` t`q gwU Si S`i l tXj vgyP Ki tZ nte
- ❖ Pvtl i Mfvi Zv 25-30 tmwg (c`q 1 dU) n l qv c`qvRb
- ❖ Rvgi AvMvQv wkKomn evQvB Kti teW`Zwi Ki tZ nte
- ❖ teW`Zwi i mgq RwtZ`Re mvi thgb- cPv tMvei ev Kt`uv÷ mvi tetWi gwUtZ fij frte wgvktq w` tZ nte|
- ❖ tetWi c`3 dU Ges`N`Rvgi AvKvti i m`t` wgv t`tL Ki tZ nte

mewR Pvtl i Rb` gv`v`Zwi

- ❖ 1.5 nvZx1.5 nvZx1.5 nvZ gv`ci MZ`Zwi Ki tZ nte
- ❖ MtZP gwU Ztj MtZP cvtk t`tL w` tZ nte Ges 3t1 AbjvtZ gwU l tMvi e/Kt`uvó mvi wgvktq MZ`FivU Ki tZ nte|
- ❖ MZ`Kti gv`v`Zwi Kti Zvi Pwi w` tK my` i Kti teov w` tZ nte|

mewR Pvtl e`euZ c`qvRbxq DcKi Ymgat

- | | | | |
|-----------|---------|-----------------|-------------------|
| 1 tKv`vj | 2 Kv`- | 3 wbovbx/AwPov | 4 cwbi SuSwi |
| 5 iwk | 6 LjU | 7 exR | 8 mvi l KxU bvkK |

mewR evMvtb tmP/cwb e`e`vcbv

Pviv MRvtbvi ci t`tK dj aiv chS-mewRi cwbi Pwn`v wgvstq evotZ`vtK| Zvici G Pwn`v Avevi KgtZ`vtK|mewR dmj 2-3 w` tbi teik Rjve×Zv mn` Ki tZ cvti bv| kxZ tgsmtg mewR Pvtl teik tm`Pi c`qvRb nq| Avevi Mf`SKvtj LivRwbZ Kvi tY mewRi tmP Acwi nh`ntq cto| mvi YZ ewó bv`vKv Ae`vq mewRi dj Avmv chS-RwtZ`Z c`Z 3-6 w` b AS` tmP t` l qv thtZ cvti | RwtZ`Z cwbi Afve`vKtj gwU i is nuj Kv ai tbi nq, Ab`vq is Mvp`vtK| gwU i Kbv nuj Kv is avi Y Ki tj tmP t` l qv DvPZ|

mewR Drcv`tb cweb, tKj x l bvj v, teW l bvj v Ges SYP`m`Ab c×wZtZ tmP t` l qv nq| Zte tKj x l bvj v wksev teW l bvj v c×wZB mewRtZ tm`Pi Rb` teik DcthvMx| emZevotZ mewR Pvtl i t`t`t` Af` cwi gvY cwB Nb Nb c`qvM Ki tZ

nq etj SYPmAb cxiZ DEg| cAbvZ wZbuU cxiZi (côp`k tmP, wbgœcôp`k tmP Ges SiYv tmP) gva`tg meWR tñtZ tmP t`qv ntq _vK|

- ❖ mgZj Rvgi tñtZ cweb cxiZtZ meWR evMtb tmP t`lqv fvj | dtj cwbi mgeUv nq Ges tmPi ci mnRB gWU K`g³ nq bv|

cwb wb³kb

elKvtj meWR tñtZ Rj vexZv GKwU weivU mgm`v| MtQi tMvoq cwb Rtg _vKtj kmtbi Rb` cœqvRbxq Aw` fRb bv tctq wkKo AtKtRv ntq cto| gwUtZ Aw` fRtbi Afvte AcKvix RxeYj eskeWx NtU Ges DcKvix RxeYj eskeWx tZ e`NvZ NtU| G Ae`v AtbKñY weivR Kitj `jR meWR tetP _vKtZ cvti bv| bxtPi cvZv jvj ntq StI cov Rj vexZvi j ñY|

wb³kb bvj v`Zwi, eua wbgœY, cwbi MwZ cwi eZfI Rb` bvj v`Zwi Ges tmP bvj v`l DPzteW`Zwi Kti AwZwi³ tmP ev epi cwbi Rj vexZv`i Kiv mœe|

AvMvQv`gb

emZemoi meWR evMtb AvMvQvi Dc`c Zj bvgj Kfvte Kg nq| meWR tetW AvMvQv ntj Zv mgggZ wbovbx w`tq

cwi`vi Kti w`tZ nte| Zte wbovbx t`l qvi mgq hvZ MtQi tMvov wkKo tKtU bv hvq tmw`tK tLqvj ivLtZ nte|

meWRi gv`vq AvMvQv t`LvgvB Zv nuZ w`tq tUtB Ztj ev wbovbx w`tq cwi³vi Kti w`tZ nte|

mvi e`vcbv

gwUtZ Dw`m`i Lv`v`vcr`vb mieivtñi Rb` th mKj`e` cœqM Kiv nq ZvtK mvi etj | mvi gj Z`œai tbi ntq _vK| h_v-`Re mvi l A%Re ev ivmrvubK mvi | meWR Drcv`tb`Re mvti i`i`Zi Acwi mxg|`Re mvi nt`Q gwUj cœY| Lvgv RvZ mvi (tMvei, tMvPbv, Mi`evQt i i Lvev i i Dw`Qó, Ktœúvó, num-gj wMi weóv, `Lj), meR mvi, KPwi cvbv cœvZ`Re mvti i Dm|

`Re mvi e`envti i DcKwi Zv

- ❖ gwUj DePZv eWx Kti l gwUj`Yv`Y Dbz nq
- ❖ gwUj cwb/im avi Y ñgZv eWx cvq
- ❖ gwUj evqPj vPj teto hvq l gwUj DcKvix RxeYj wμqvKj vc teto hvq
- ❖ MœSkvvtj gwUj ZvcgvT v Kvgtq t`q Ges kvZKvtj gwUtK Mi g ivLtZ mrvh` Kti
- ❖ ivmrvubK mvi l KvUvKk e`envti i dtj mp gwUj weiv³Zv Kgvq

wvrfbœai tbi`Re mvi cwi wPwZ

- ❖ Lvgv RvZ mvi t

Mncwv Z ci i gj -gĤ, num-gj wMi weóv, Lo-Kov Ges QvB GKtĤ ev Avj v`vfvte cœPtq GB mvi cœZ Kiv nq

- ❖ tMvei mvi t

Rxe Ršf gj -gĤ msiñY Kti tMvei mvi`Zix Kiv nq| tMveti (NPK) Ges`Re Dcv`vb we`gvb _vK| GUv mrvavbZt me Kl.tKi KvQB mnRj f`| tMvei msiñY tbi RvqMvq mivmwi mthP Avtj v Ges epi cwbi hvZ bv cto tmw`tZ tLqvj ivLtZ nte| mivmwi mthP Avtj v Ges epi cwbi tMvei mvti i`YMZ gvb bó Kti| ZvB tMvei mvi msiñY mZK³vKv Ri`wi |

❖ Ktáúv÷ mvi t

Mn`vj xi `bú`b bvbvi Kg eR® (cPbkjy Zwi Zi Kwii Aekóvsk mn), cwi Z`³ Lo-Ktlv, giVvQ, j ZivcZv, KPvi cvbv, AvMvQv, MvfiQv cvZv, MvfiQv big Wj cvj v, dtj i tLvmv, wMfgi tLvmv, ktm`i Aekóvsk, Rxe-Ršf eR®, gj -gġ, num gj wMi weóv Ges gvfiQv Dv`Qóvsk BZ`w` cPfi gva`tg Ktáúv÷ cġZ Kiv nq|

❖ meR mvi

RigġZ Pvl KZ MvQ meR Ae`vq Klġbi gva`tg gmlġZ wgvktq th mvi tZwi Kiv nq ZvġK meR mvi ej v nq| GB mvi cġvbZ bvBġUġRb I Ab`vb` cġó Dcv`vb gmlġZ thvMvb t`q| G Rb` big imvġj v Ges `Z eaġ I cPbkjy mxg RvZxq (Leguminous crop) wefbwaiġbi MvQ e`envi Kiv nq, thgb: `aÁv, kbcvU, Wvj I mxg RvZxq dmj |

❖ A%Re (ivmvqubK mvi)

A%Re ev ivmvqubK mvi memgq Kvi Lvbvq cġZ ntq _vġK| GB mvi gmlġZ cġó Dcv`vb mieivn Kti wKš' gmlġi MvbmZ Dbqġb NUvq bv|

Ktáúv÷ mvi cġZ cġvj x

Ktáúv÷ ntjv `f gġj` ev webvgġj` I `Re mvi hv`vbxqfġe mnġRB msMġthvM` wefbwacKvi `Re DcKib ōviv `Zwi Kiv nq| DcKivġi Dci wfvġE Kti mvi `Zwi tZ`ġ mBvñ t_ġK wZb mBvñ mgq j vġM| DcKivġj m`úYġġc cġP hvl qvi ci Ktáúv÷ wmvġe e`eüZ nq| Ktáúv÷ `Zwi i c`wZ`ġj v ntjv MZ`c`wZ I `c c`wZ|

evsj vġ`ġki ġeiki fivMB wcu ev MZ`c`wZi gva`tg Ktáúvó `Zwi Kiv nq| GB c`wZi cġvb`ġvU Amveav ntjv cġgZ mgq ġeik j vġM, wZxqZ ġeiki fivM cġó Dcv`vb MġZ`Q I Pwi avġi gmlġ tkvIY Kti| Aci w`ġK wnc ev `c c`wZi gva`tg DrKó gvġbi Ktáúv÷ cġZ Kiv hvq|

`c c`wZi gva`tg wefbwacKvġi i Ktáúv÷ `Zwi Kiv nq| Pwin`v Abjvqx Gi AvKvi I AvqZb Kg ġeik ntZ cvġi| Zġe Pl ovq 4dU Ges D`PZvq 5dU nI qv cġqRb| Gaiġbi `ġc GKwaK cġKvó ev tLvc _vKv fvġj v| meġæ`ġi GK dU emoi AveRġvi `ġ (cPv cvZv, QvB Ges MvfiQv Dv`Qóvsk) w`ġZ nġe| mġePP`ġi AvavdU DrKó gvġbi gmlġ I tMvei mvi i wgvk b w`ġZ nq| hw` m`e nq, Zġe Ktáúv÷ `c`wZ GKwU QvDwb w`ġq ġġġK w`ġZ nġe| hw` Zv bv nq, Zġe AšZ cġġ| Ggb wKQy w`ġq XvKġZ nġe hvġZ epóv cimb t_ġK i ġlv cvq| wKQy`ġbi gġa` `ġci wfvZġi i w`ġK Lp Mig ntZ _vKġe ZLb tevSv hvġe DcKivġj cġġZ`i i` KtiġQ| BvġK ġekx`i Kvġbv ev tfrv ivLv hvġe bv| m`úYġġc cġP bv hvl qv chš-DcKivġj cġZ mBvñ Gkevi Kti GKB ev wfbwafwacKvġi gġa` I j U cvj U Kti w`ġZ nġe| 3 t_ġK 4 mBvñi gġa` DeP Kvġj v gmlġi gZ Ktáúvó `Zwi nġe|

mevRi Drcv`b c`wZ

K) te`b (RvZt Bmj vgcj x, wksbv_, DĒiv I Ab`vb`)

gmlġ	me gmlġZB te`b Pvl Kiv hvq
Rig cġZKiY	GKwaK Pvl I gB w`ġq Rig `Zwi Kiv Rig `Zwi i mgq kZġK 40 tKwR cwi gvb tMvei mvi I cwi gvYgZ ivmvqubK mvi e`envi Kiv
ecb mgq	RvZ tft` mvi v eQi B Pvl Kiv hvq
ecb `ġZj	mvi -mvi = 60-70 tmt wgt, MvQ = 45-50 tgt wgt
exR nvi	3 Mġg/kZK
exR ecġbi Mfiv Zv	0.75-1 tmt wgt
AsKġiv` Mġgi mgqKvj	5-8 w`b
ġeġW Pviv `Zwi	DĒiġc Rig cġZ Kti exR ecb KiġZ nġe ecġbi ci gvj wPs w`ġZ nġe Pviv MRvġbvi ci gvj wPs mvi ġq tdj tZ nġe Ges cġqRbgZ tmP w`ġZ nġe Pvivi eqm 30-45 w`b ntj gj RigġZ j vMġZ nġe

Avštciw Ph [®]	gwU Si St ⁱ i vLv, mgqgZ t ^m P c ⁰ vb Ges AvMvQv g ³ i vLv
dmj msM ⁰ ni mgqKvj	80-140 w ⁰ b
dj b	140-180 †KwR/kZK

L) w⁰g⁰ Kgov (RvZt ev⁰i vgv^mx, ⁰vbxq RvZ I ksKi RvZ)

gwU	me gwUtZB te ⁰ _b Pvl Kiv hvq Zte t ⁰ w ⁰ Avk gwU DEg
Rwg c ⁰ ZKi Y	4-5wU Pvl I gB w ⁰ t ⁰ q Rwg ⁰ Zwi Ki tZ nte Rwg ⁰ Zwi i mgq ch ⁰ ß cwi gvY t ^m vei mvi c ⁰ qM Ki tZ nte
MZ ⁰ c ⁰ ZKi Y	45x 45x 45 t ^m t wgt gv ⁰ ci MZ ⁰ Zwi Ki tZ nte c ⁰ Z M tZ ⁰ 5 t ^m R t ^m vei mvi ev ⁰ Re mvi, 30 M ⁰ g TSP Ges 20 M ⁰ g MP mvi 10-15 ⁰ vb Av ⁰ M M tZ ⁰ gwUtZ w ⁰ gk t ⁰ q i vL tZ nte
ecb mgq	RvZ t ⁰ f t ⁰ mvi v eQ ⁱ B Pvl Kiv hvq Zte kxZKv t ⁰ dj b fvj nq
ecb ⁰ tZ ⁱ	mwi -mwi = 1.5 t ^m t wgt w ⁰ cU w ⁰ cU = 1 wgt
exR nvi	8-10 M ⁰ g/kZK c ⁰ Z w ⁰ c tU 5-6 wU exR ecb Ki tZ nte
exR ec ⁰ bi Mfxi Zv	2-2.5 t ^m t wgt
AsK t ⁰ i v ⁰ M t ⁰ gi mgqKvj	4-7 w ⁰ b
Avštciw Ph [®]	w ⁰ c tU i Pvi v cvZj v Kiv (2-3wU i vLv), AvMvQv g ³ i vLv, w ⁰ c tU mgqgZ t ^m P t ⁰ qv, e l ⁰ f ⁰ mgq gvPv/Rvsv v ⁰ Zwi Kiv, Ab ⁰ mgq L ⁰ GKUv ⁰ i Kvi nq bv
dmj msM ⁰ ni mgqKvj	80-140 w ⁰ b
dj b	250-350 †KwR/kZK

M) Kj w⁰g kvK (RvZt w⁰Mgv Kj w⁰g)

gwU	th tKvb gwUtZ Zte tetj t ⁰ w ⁰ Avk Ges G tUj t ⁰ w ⁰ Avk DEg
Rwg c ⁰ ZKi Y	Rwg Pvl w ⁰ t ⁰ q DEg f ⁰ ve Si St ⁱ K t ⁱ v b tZ nte
ecb mgq	eQ ⁱ i th tKvb mgq tde ⁰ qwi -Rj vB DEg mgq
ecb ⁰ tZ ⁱ	mwi -mwi = 30 t ^m t wgt w ⁰ cU w ⁰ cU = 15 wgt
exR nvi	40 M ⁰ g/kZK
exR ec ⁰ bi Mfxi Zv	1.5-2.0 t ^m t wgt
AsK t ⁰ i v ⁰ M t ⁰ gi mgqKvj	6-8 w ⁰ b
ecb c x wZ	w ⁰ Q u t ⁰ q A ⁰ ev mwi tZ ecb Kiv hvq exR ec ⁰ bi c ⁰ te ⁰ GK w ⁰ b cv ⁰ b tZ w f ⁰ w R t ⁰ q i vL tZ nte
Avštciw Ph [®]	teW cwi ⁰ vi I AvMvQv g ³ i vL tZ nte Ges c ⁰ q v Rb Ab ⁰ hvq t ^m P w ⁰ tZ nte
dmj msM ⁰ ni mgqKvj	ec ⁰ bi 40-60 w ⁰ b ci ⁰ xN ⁰ b a t ⁱ msM ⁰ h Kiv hvq
dj b	120-140 †KwR/kZK

N) c⁰ß kvK (RvZt Dbz meR)

gwU	myb ⁰ wkZ tetj t ⁰ w ⁰ Avk Ges G tUj t ⁰ w ⁰ Avk gwU
Rwg c ⁰ ZKi Y	Rwg tZ ch ⁰ ß cwi gvY K t ⁰ v ÷ c ⁰ q M K t ⁱ fvj f ⁰ ve Pvl w ⁰ tZ nte
ecb mgq	eQ ⁱ i th tKvb mgq/Zte tde ⁰ qvi x-R ⁰ ch ⁰ DEg mgq

ecb `i Zj	mwi -mwi = 40-50 tmt wgt, MvQ MvQ = 20 tmt wgt (cvZj vKiYi ci)
exR nvi	15-20 MŃg/kZK
exR ectbi Mfxi Zv	1.5-2.0 tmt wgt
AsKŃiv` MŃgi mgqKvj	5-7 w` b
ecb c xwZ	mwi tZ j vMvŃv DĚg exR ectbi cŃeGKw` b cwbtZ wfiRtq ivLŃZ nŃe cŃZ MŃZ ² /3 wU exR ecb KiŃZ nŃe
AvŃŃcwi Ph ^Ń	gvPv t` qv thŃZ cvŃi AvMvQv `gb KiŃZ nŃe Ges cŃqvRbgZ mvi l tmP w` tZ nŃe
dmj msMŃni mgqKvj	exR ectbi 60-70 w` b ci Ges MRvŃvi 40 w` b ci t_ŃK msMŃ Kiv hvq hZ tewk cvZv l KvĚ KvUv hvq ZZ tewk dj b evto
dj b	60-90 tKwR/kZK

0) wPwPw (RvZt Sgjs)

gvU	teŃj Ges GtUj t` w-Avk
Rig cŃZKiY	60x 60x 60 tmt wgt AvKvŃi i wU `Zwi KiŃZ nŃe cŃZ wŃtU exR ectbi 10-12 w` b cŃe ⁵ -8 tKwR KŃŃv÷ Ges tMvei mvi cŃqvM KiŃZ nŃe
ecb mgq	gvP ^Ń Rj vB
ecb `i Zj	mwi -mwi = 2 tmt wgt wU wU = 1.5 wUvi
exR nvi	15 MŃg/kZK
exR ectbi Mfxi Zv	1.5-2.5 tmt wgt
AsKŃiv` MŃgi mgqKvj	5-7 w` b
ecb c xwZ	exR ectbi cŃeAek`B 24-26 NvUv cwbtZ wfiRtq ivLŃZ nŃe cŃZ wŃtU 5-6wU exR ecb KiŃZ nŃe
AvŃŃcwi Ph ^Ń	wŃtU wŃtU 2wU mŃ' Ges mej MvQ tiŃL ewK_Ńjv ZŃj tdj tZ nŃe Ges gvPv w` tZ nŃe
dmj msMŃni mgqKvj	exR ectbi 70-80 w` b ci dmj msMŃ i i" Kiv hvq
dj b	60-90 tKwR/kZK

P) tXŃk (RvZt ewi -1, ewi -2, ksKi RvZ BZ`w`)

gvU	mjb ^Ń wkZ th tKv gvU ZŃe t` w-Avk Ges teŃj t` w-Avk gvU DĚg
Rig cŃZKiY	chŃŃ cwi gvY KŃŃv÷ mvi wŃkŃtq fij fvte Pv l w` tZ nŃe
ecb mgq	eŃti i th tKv mgq ZŃe tde ^Ń qwi -Ńg ch ^Ń DĚg mgq
ecb `i Zj	mwi - mwi = 60-75 tmt wgt MvQ- MvQ = 45 tmt wgt
exR nvi	60 MŃg/kZK
exR ectbi Mfxi Zv	1-1.5 tmt wgt
AsKŃiv` MŃgi mgqKvj	6-8 w` b
ecb c xwZ	mwi c xwZŃZ ecb Kiv fij exR ectbi cŃe ^Ń w` b cwbtZ wfiRtq ivLŃZ nŃe cŃZ MŃZ ² /3wU exR ecb KiŃZ nŃe
AvŃŃcwi Ph ^Ń	cŃZ MŃZ ^Ń wU MvQ ivLŃZ nŃe AvMvQv `gb KiŃZ nŃe, tcvKvgvKo `gb KiŃZ

	n̄te Ges c̄l̄qvRb Abhvqx̄ t̄mP w̄ t̄Z n̄te
dmj m̄sM̄ni mgqKvj	60-90 w̄ b
dj b	35-40 †K̄wR/kZK

Q) W̄wUv̄ kv̄K (RvZt̄ Kv̄Uz̄v, ev̄kcv̄Zv BZ̄ w̄)

ḡwU	tētj̄ ḡwU Q̄ov̄ th̄ †K̄vb̄ ḡwU, † w̄-Avk̄ Ges tētj̄ † w̄-Avk̄ ḡwU DĚg
R̄vḡ c̄l̄ZKiY	R̄vḡ Pvl̄ w̄ t̄q̄ DĚgfv̄tē ḡwU Sī S̄t̄ī K̄t̄ī w̄b̄t̄Z n̄te
ecb mgq	m̄vī v̄ eQī Z̄tē gv̄P̄R̄j̄ v̄B̄ ḡvm̄ ch̄S̄-DĚgmgq
ecb `t̄Zj̄	m̄wī - m̄wī = 25-30 t̄mt̄ wgt M̄vQ̄ - M̄vQ̄ = 5-8 t̄mt̄ wgt (cv̄Zj̄ v̄ Kī t̄Yī cī)
exR nvi	20 M̄Ńg/kZK
exR ec̄t̄bī M̄fxī Z̄v̄	0.5-1 t̄mt̄ wgt
AsK̄t̄ī v̄ M̄t̄gī mgqKvj	4-5 w̄ b
ecb c̄x̄w̄Z	ec̄t̄bī m̄jeavī Rb̄ ex̄t̄Rī m̄v̄t̄ w̄K̄Oȳc̄wī gv̄b̄ Q̄v̄B̄ A_ev̄ Sī S̄t̄ī ḡwU w̄gv̄k̄t̄q̄ w̄ t̄Z n̄te exR ec̄t̄bī cī ḡwU w̄ t̄q̄ n̄vj̄ Kv̄ fv̄tē t̄X̄t̄K̄ w̄ t̄Z n̄te
Av̄št̄c̄wī Ph̄P̄	tēW̄ c̄wī v̄ī Ges Av̄M̄v̄Q̄ȳḡ v̄ īv̄L̄t̄Z n̄te Ges c̄l̄qvRb Abhvqx̄ t̄mP w̄ t̄Z n̄te
dmj m̄sM̄ni mgqKvj	25-30 w̄ b (cv̄Zv̄ w̄t̄m̄tē) 50-60 w̄ b (K̄v̄Ě w̄t̄m̄tē)
dj b	70-100 †K̄wR/kZK (K̄v̄Ě Ges cv̄Zv̄mn̄)

R) w̄S̄v̄ (RvZt̄ v̄b̄x̄q̄ RvZ)

ḡwU	th̄ †K̄vb̄ aīt̄bī ḡwU t̄Z w̄S̄v̄ Pvl̄ Kiv̄ hvq
R̄vḡ c̄l̄ZKiY	45x45x 45 t̄mt̄ wgt Av̄K̄v̄t̄ī ī w̄cU `Zwī Kī t̄Z n̄te c̄l̄Z w̄c̄t̄U exR ec̄t̄bī 10-12 w̄ b c̄t̄ē 5-8 †K̄wR K̄t̄v̄v̄ ÷ Ges t̄M̄veī m̄vī c̄l̄q̄M̄ Kī t̄Z n̄te
ecb mgq	gv̄P̄R̄b̄
ecb `t̄Zj̄	m̄wī - m̄wī = 2 wgt w̄cU w̄cU = 1.5 t̄mt̄ wgt
exR nvi	8-10 M̄Ńg/kZK 4-5w̄U exR/w̄cU
exR ec̄t̄bī M̄fxī Z̄v̄	10-1.5 t̄mt̄ wgt
AsK̄t̄ī v̄ M̄t̄gī mgqKvj	5-7 w̄ b
ecb c̄x̄w̄Z	exR ec̄t̄bī c̄t̄ē 24 N̄v̄Uv̄ c̄w̄b̄t̄Z w̄fv̄R̄t̄q̄ ī v̄L̄t̄Z n̄te
Av̄št̄c̄wī Ph̄P̄	c̄l̄Z w̄c̄t̄U 2/3w̄U m̄ȳ Ges mej̄ M̄vQ̄ tī t̄L̄ ev̄K̄x̄ t̄j̄ v̄ Z̄t̄j̄ t̄dj̄ t̄Z n̄te Ges gv̄P̄v̄ w̄ t̄Z n̄te
dmj m̄sM̄ni mgqKvj	exR ec̄t̄bī 60 w̄ b cī dmj m̄sM̄nī ī ī Kiv̄ hvq
dj b	35-40 †K̄wR/kZK

P) eīēw̄ (RvZt̄ †K̄Mī bv̄UK̄x̄, UK̄x̄)

ḡwU	ch̄P̄S̄ `Rē c̄ v̄ w̄j̄ th̄ †K̄vb̄ ḡwU, Z̄tē † w̄-Avk̄ t̄ t̄K̄ tētj̄ † w̄-Avk̄ ḡwU DĚg
R̄vḡ c̄l̄ZKiY	5-6w̄U Pvl̄ Ges ḡB̄ w̄ t̄q̄ R̄vḡ c̄l̄Z̄ K̄t̄ī w̄b̄t̄Z n̄te ch̄P̄S̄ c̄wī gv̄Ȳ K̄t̄v̄v̄ ÷ Ges t̄M̄veī m̄vī R̄vḡ c̄l̄Z̄ī c̄t̄ē c̄l̄q̄M̄ Kī t̄Z n̄te
ecb mgq	b̄t̄f̄v̄t̄ Ges w̄w̄t̄m̄v̄t̄ ev̄t̄ m̄vī v̄ eQī ecb Kiv̄ hvq

ecb `i Zj	mwi - mwi = 80 tmt wgt MvQ- MvQ = 30 tmt wgt (cvZj v KiYi ci)
exR nvi	40 M0g/kZK
exR ectbi Mfixi Zv	2-2.5 tmt wgt
AsKti v` Mtgi mgqKvj	4-5 w` b
ecb c xwZ	mwi tZ ecb Ki tZ nte, Zte teW c xwZ DEg
Avstcwi PhP	MvQi D"PZv hLb 15-20 tmt wgt nte ZLb c0Z teW 2 mwi MvQi Rb` 120-150 tmt wgt D"PZv c xwZ tZ gvPv w` tZ nte
dmj msM0ni mgqKvj	exR ectbi 70-75 w` b ci t_ tK dmj msM0n i i" Kiv hvq
dj b	80-120 tKwR/kZK

Q) kmv (RvZt evi vgvmx, wkj v BZ`w`)

gwiU	th tKvb ai tbi t` u-Avk gwiU Zte tetj t` u-Avk gwiU DEg
Rig c0ZKi Y	45x45x45 tmt wgt AvKv t i i wCU `Zwi Ki tZ nte c0Z wctU exR ectbi 10-12 w` b cte5-8 tKwR K t u v ÷ Ges tMvei mvi c0qM Ki tZ nte
ecb mgq	RwZ tft` mvi v eQi Pvl Kiv hvq
ecb `i Zj	mwi - mwi = 1.5 tmt wgt wCU-wCU = 1 wgt
exR nvi	2-3 M0g/kZK; 4-5wU exR/wCU
exR ectbi Mfixi Zv	1.5-2 tmt wgt
AsKti v` Mtgi mgqKvj	4-6 w` b
ecb c xwZ	exR ectbi cte24 N0Uv cwbtZ wfwRtq ivL tZ nte
Avstcwi PhP	c0Z wctU 2/3wU my' Ges mej MvQ ti tL evKx_ t j v Z t j t d j t Z nte Ges gvPv w` tZ nte
dmj msM0ni mgqKvj	exR ectbi 70-80 w` b ci t_ tK dmj msM0n i i" Kiv hvq
dj b	40-50 tKwR/kZK

R) Kij v (RvZt MRKij v)

gwiU	myb0wKZ DeP tetj t` u-Avk Ges G t U j t` u-Avk gwiU
Rig c0ZKi Y	40x40x40 tmt wgt AvKv t i i wCU `Zwi Ki tZ nte c0Z wctU exR ectbi 10-12 w` b cte5-8 tKwR K t u v ÷ Ges tMvei mvi c0qM Ki tZ nte
ecb mgq	mvi v eQi Zte DEg wbaifc: `PZvj x t Rvbpvwi -gvP0 el 0Z t GwC0 -R0 i ue t A t u vei -wW t m = t
ecb `i Zj	mwi -mwi = 1 wgt, wCU-wCU = 1 wgt
exR nvi	25 M0g/kZK 4-5wU exR/wCU
exR ectbi Mfixi Zv	1.5-2.5 tmt wgt
AsKti v` Mtgi mgqKvj	5-7 w` b
ecb c xwZ	exR ectbi cte24 N0Uv cwbtZ wfwRtq ivL tZ nte
Avstcwi PhP	c0Z wctU 2/3wU my' Ges mej MvQ ti tL ewK_ t j v Z t j t d j t Z nte Ges j = 0 Rv t Zi Rb` gvPv c0qvrB Ges Lv t U v Rv t Zi Rb` Lo wewQtq w` tZ nte

dmj msMñni mgqKvj	exR ectbi 50-60 w` b ci t_ĩK dmj msMñ i i" Kiv hvq
dj b	20-25 tKwR/kZK

mviv eQi Drcv` b Kiv hvq Ggb kvK-mewR

- j vj kvK
- Kj gx kvK
- KPz kvK
- tctc
- te_b
- wguó Avj ykvK
- j vD
- wguó Kgov
- ei ewU
- Kij v

wewfbokvK-mewRi exR nvi (cñZ kZtK)

MñŠKvj xb mewR cB kvK	
ei ewU	15-20 Mğ
Kj wq	30-40 Mğ
WvUv	40-50 Mğ
wPwP½v	15-20 Mğ
tXom	10-15 Mğ
wguó Avj yj Zv	30-40 Mğ
kmv	250-300 Mğ
Kij v	3-4 Mğ
Pvj yKgov	20-25 Mğ
wguó Kgov	1.5-2.5 Mğ
wS½v	

kxZKvj

j vj kvK	20 Mğ
cvj s	120-150 Mğ
Utg†Uv	0.7-0.8 Mğ
MvRi	10-12 Mğ
gj v	25-30 Mğ
wguó Kgov	4-5 Mğ
mvg	30-40 Mğ
te_b	0.8-1.0 Mğ
j vD	4-5 Mğ
ewU kvK/Pvqbv kvK	1.5-2.0 Mğ

I j Kic	3-4 Móg
kij Mg	10-12
dj Kic	

mgwšZ ejv vB e'e'vcbr (AvB,wc,Gg)

IPM wK?

mgwšZ ejv vB e'e'vcbr nj Ggb GKwU e'e'v hvi dtj tcvKvgrKo, ti vMej vBtK A_šwZK ųwZKi mxgvi bxtP `wgtq ev wbcwšZ Kti i vLv nq| Bnv tcvKvgrKoųK m=úY©Dų'Q` ešvq bv hv mvaviYZ i vmvqwbK `gb e'e'vq ešvfbv ntq _vųK| th cųuqvq GK ev GKwAK `gb e'e'v cųqvųMi gra'ųg KwU cwi ųetki KwU cwi ųetki fvi mvq" i ųv Kti dmj ųK A_šwZK ųwZmxgvi wbtP ti ųL km'mgrųK tcvKvgrKtoi nvZ t_ųK i ųv Kiv hvq ZvųKB mgwšZ ejv vB e'e'vcbr etj |

IPM Gi cKvi /Dcv`vbmgr t

1. cwi PhP`gb c×wZ
2. hwšK `gb c×wZ
3. `Re `gb c×wZ
4. i vmvqwbK `gb c×wZ

1. cwi PhP`gb c×wZ t

- DĚgi#c KIų
- ecb wKsev dmj msMųni mgtqi tni ųdi
- ti vM cųZųi vax RvZ e'envi, thgb-gwųK (UųųųUvi Rb"), ųXųųmi Rb" evi x-1 RvZ|
- km" chųq Aeų ųb
- cwi @vi Pvl vev`
- Kųųúv÷ Ges `Re-i vmvqwbK mvi e'envi |

2. hwšK `gb c×wZ t

- nvZ w`ųq gvi v, thgb Bwųj vKbv wUj , GwUW, wUv tcvKv BZ"wi` |
- Av`ųv Kg tewk Kti, thgbt KvUB tcvKv, ų`vgRvZ tcvKv|
- wU tUvc Ges Avųj vi dų` e'envi, thgb dtj i gwU tcvKv|

3. ორეკ ოგ ცხიZ t

მუგK bs	ტკვი bvg	ტბვი Dcvq	Avμvš mīā/dmj	AvμgtYi aib	ოგ eēv
1.	WMv I dj wᵒ`Kvix ტკვი	AᵗbKᵒv tj`v ტკვი gZ hv AvμgtYi j ᵒY ᵗ`tL mnᵗRB ᵗPbv hvq	te_b, tXom, wng, eiēw	WMv Ges dtj i AvMvi Astk wᵒ` ^a ᵗ`Lv hvq Avμvš- cvZv iᵗktq	1. nvZ w`tq Avμvš WMv I dj msMh Kᵗi aYsm KiᵗZ nte 2. cvZv I WMv ᵗ`tK ტკვი wWg msMh 3. WwqwRbb 50 Bm/ᵗRvj b/ᵗdbg 2 wgvj /wv Uvi nvᵗi ᵗ`cᵒKiᵗZ nte G Qvov dā Wvb MᵗQi ᵗMvovq wQwᵗq nvj Kv ᵗmP w`tqI GB ტკვი Avμgb Kgvᵗbv ᵗᵗZ cᵗi
2.	cvgkKb wēlj	j vj , bij I ev`xg eiYᵒ gvSmi AvKwZ I k ³ wcvGj ³ ტკვი hv AvμgtYi j ᵒb ᵗ`tL mnᵗRB ᵗPbv hvq	Kgov RvZxq mīā thgb,		
3.	dtj i gᵗQ ტკვი	Lp tQv AvKwZi big meR ev Kvj ᵗP ტკვი Giv AᵗbK_wj GKmᵗz `j teta_wᵗK	wPbvkvK, emUkvK, gvv, evavKwC, dj KwC, wng, eiēw	Giv MᵗQi cvZv, KvÉ I dtj `j teta Ae`vb Kᵗi tᵒtq ᵗdtj Ges im PᵗI ᵗLᵗq MᵗQi ᵒwZ Kᵗi	1. nvZ w`tq tᵗi ᵗdj vB DrKᵒ cᵗwZ 2. wbgexR cwbᵗZ wgvᵗtq ᵗ`cᵒKiv ᵗᵗZ cᵗi A_ev mveᵗbi cwb 25 wgvj /wv Uvi cwb GB nvᵗi ᵗ`cᵒKiv ᵗᵗZ cᵗi 3. wci gi 50 wWic 1Mᵒg/wv Uvi nvᵗi dj cvZv wᵗRᵗq ᵗ`cᵒKiᵗZ nte

- Lv K ტკვი Ges ci Rxei gra`tg, thgb- ᵗj wWewwēlj , I qvUvi evM, e`vᵒ, tevj Zv, W`vgᵗmj dᵗB, gvKomv BZ`w` |
- ტკვი wēKl PᵒDwᵗ e`envi ;
- ოRe wKsev DᵗwR JI a e`envᵗi i gra`tg|

4. i vmvqwbK ოგ ცხიZ

Dcᵗiv³ ოგ ცხიZ_wj AKvhRi nᵗj AZ`š-mZKᵒvi mᵗz i vmvqwbK ოგ ცხიZ AbᵗmiY Kiv ᵗᵗZ cᵗi |

kvK-mewRi ტკვი I ᵗivM`gb

მუგK bs	ტკვი bvg	Avμvš mīā/dmj	ᵗivMi j ᵒb	ოგ eēv
4.	QᵒvK	me ai ᵗbi mewR	`vM cvZvq ev MᵗQi ᵗh ᵗKvb Astk Kᵗj v/ev`wg/mv`v`vM cPb MᵗQi wKko, cvZv, KvU ev ᵗh ᵗKvb Astki	QᵒvKRwbZ mKj ᵗivMi ᵗᵒᵗᵗ wᵗWwvj Gg, ᵗRW-72 A_ev Wwqvᵗ_b Gg-45 `ᵒ Mᵒwv Uvi nvᵗi ᵗ`cᵒKᵗi mKj ᵗᵒᵗᵗ mdj Zv mᵗe Gi cᵗi I wKQzwKQzmeᵗRᵗZ wᵗkI wᵗkI QᵒvKbvK e`envi Kiv ᵗᵗZ cᵗi hv mᵗbw`ᵒfite KvRwi thgb 1) gvj v, emUkvK, wPbvkvK, evavKwC, dj KwC i cvZvq Pμ

			cPb	Kvi `vM t`Lv w` t j i`fi v j 50 WweDwc t`c0(2 M0g/wj Uvi) Kiv thtZ cfti 2) cPkvK, cvj skvtKi cvZvq tMvj vKvi Kvj tP ev`vgr `vM t`Lv w` t j tewfmlUb 1 M0g/wj Uvi nvti t`c0Ki tZ nte Kgov RvZxq MvtQi cvZv mv`v cvDWi hjP `vM t`Lv w` t j w` t qvFU 80 WweDwc 2 M0g/wj Uvi nvti t`c0Ki tZ nte
5.	fivBivm	UtgtUv, wmg, eiwU, tXom, Kijv	1) cvZvq nvj Kv meR, nj j tQvc tQvc `vM t`Lv hvq A_ev cvZvq wkv, wj nj j ntq `u0 ntq Dtv 2) MvtQi cvZv ev mg`-MvQ Kkvotq Avtm	Avmvs MvQ Ztj gmltZ ctZ tdj tZ nte Ges emK dmj i`v Kivi Rb` AtbK mgq bfvub 15 w` b ci ci KtqKevi t`c0 Ki t j tivMi Avmgy AtbK Kg nq
6.	tbgvtUw	te_b, UtgtUv, tXom, cPkvK	3) Avmvs MvtQi wkvto wmtUi mjo nq MvtQi evx Ktg hvq Ges `eP ntq hvq	1.gmltZ di vWb A_ev wgi v j 150M0g/100 nvti c0qvM Kti nvj Kv tmP w` tZ nte 2.GKB RvgtZ evi evi te_b, ev UtgtUv Pvl bv Ki t j GB tivMi c0Kvc wKQlv Kg nq 3. tetWi KvQvKvQ Mv`vd t j i MvQ_vKtj G tivM Kg nq 4.Mv`vd t j i wkvtoi i m cvbtZ wgvktq gmltZ c0qvM Ki t j fij dj cvl qv hvq (100 M0g wkvKo/100 wgvij cvb)

Avw_R mnvqZvi cwi wa

exR I mvi mtqi t`v t`v eivl KZ A_@`envi Kiv hvte| mvBbtewW® `Zwi, teov t`l qv BZ`w` LiP
DcKvi t`fvMxi Ask t`tK enb Ki tZ nte|

emZwFUi Avtkcvtk evmK ev JIwa MvQ tivcY

~v~B mKj mLi gj | my~ eRvq tiL Rieb hvcb mevB Pvg GUVB gvbtli ~fweK cE | mgea@vb Rj evqy
cwi eZ@bi dtj gvbl AitZB Amy' ntq cotQ Ges wPwKrm#Ki kivYvcbent'Q| Gfite c@ZnbqZ wPwKrmv eve` c@i
UvKv LiP nq| M@tgi Mixe Afvex gvbtli me mgq wPwKrmv Kivi #lgZv _vtKbv| ZvB gvbl _tjv wKQlv ntj I MvQ-MvQiv
Ges KweivR wPwKrmvi Dci wbfPkxj | ZvQvon mgvbtq gvbl nvefj JI#ai I c@vabxi Rbw@Zv I e'envi ep#
tctqQ| Avgv# i t#k Qwtq wQwUtq A#bK JIax MvQ thgb evmK, Zj mx, kZgj x, Kvj #gN, AkMUv BZ'w` cvl qv
hvq| Dvj w-Z JIax MvtQi gta` evm#Ki gj, cvZv I Qvj tFIR JIa wnt#te e'vcKfite e'envi ntq _vtK| ZvB
cwi Kvi Zfvte h# evmK cvZv Drcv` b I evRvi RvZ Kiv hvq Zvntj GiU GKwU m#ebvgq jvFRbK dmj wnt#te
cwi MvYZ nte|

evsj vt`tk c@q 85% tjvK M@tg evm Kti | Zvt` i Rieb I RweKv KwL Kv#Ri Dci wbfPkxj | Kl.#Ki gta` tFIR Dv#
Pvlvev` I e'envi Rbw@Z Ki#Z cvi#j Ab'vb` Avtqi cvkvcmk Kl.#Ki GKwU evovZ Avtqi ms`vb nte Ges wPwKrmv
eve` A#bK UvKv mvktq nte| mtefcwi t`tki mweK A_@wZ#Z GKUv e'vcK fvgKv cvj b Ki#e|
evmK GKwU JIwa _Y m#ub#euel Rvex, wPi meR, _j#ev tSv RvZxq MvQ| cvZv ej #gvKvi I Mvp meR| dtj i is
mv`v| dj K'vcwDj RvZxq| evmK Dv#wU D'PZvq 1 wgt t#k 1.5 wgt ch#-j #nq| evmK nucwb, h#v, Kwk mn
Ab'vb` wUv RvZxq tiwM, tctUi Avj mvi Ak# K@, u`tiwM, ewg five, RvUm, Rj, M#bwi qv, g#Li mgm'vi c@ZtivaK
wnt#te KvR Kti | ZvRv cvZvi im dmdm ntZ i# #jiY I i# ewg etU DcKvix | GQvon ~wZkw#3 mn evPvt` i kviwii K
ep#tZ KvRwii fvgKv ivtL| tKvb tKvb mgq evmK ewoi teovi KvR Kti | evm#Ki gj, cvZv I Qvj tFIR JIa wnt#te
e'vcKfite e'envi ntq _vtK| KBt#vtRwvj b, G'vj Kv#qW, t#vntKwvj b, Gvbt#vUj b I Gw#vVwW bvgK ivmvqubK
Dcv`vb _tjv tFIR Dv# evmK t#k cvl qv hvq|

evmK PvtI Avw_# mjeav

- evmK cvZv Pvl GKwU jvFRbK KgRvE wnt#te wete#PZ ntZ cvi# |
- evmK MvtQi Pvi# tivctYi 6 gym ci t#k cvZv msMh` i i" Kiv hvq|
- cvZv msMh` i i" ci t#k 3 gym A#t 1evi Kti eQti tgvU 4 evi cvZv msMh` Kiv hvi |
- Gfite c@g eQi GKwU evmK MvQ t#k 1 tKwR` i Kbv cvZv msMh` Kiv hvte |
- w@Zxq eQi c@ZwU evmK MvQ t#k 2 tKwR Ges ,
- ZZxq eQi t#k GKwU evmK MvQ t#k mte#P 4 tKwR ch#-cvZv msMh` Kiv hvq|
- mvavi Yfite GKwU MvQ t#k 20 eQi ch#-cvZv msMh` Kiv hvq|
- c@g eQi Pvi# tivcY eve` LiP Kivi ci 2q eQi t#k mgv#` cwi Ph#Qvon tKvb ai#bi w#btqW c@qRb
nqbv|
- eZ@v#b w#f#b#temi Kwii tKv#vbx thgb, Avq#w` K tKv#vbx, BDvbx tKv#vbx (mvabv, kw#3, K#k#x, nvgv#
j`ve#i Uvi R) BZ'w`, dvga#wUK'vj tKv#vbx (thgbt` qvi dvga#wUK'vj , tRmb dvga#wUK'vj , G'vKug
j`ve#i Uvi R), M@tgi KweivR, Pv tKv#vbx c@Z tKwR` i Kbv cvZv 32 UvKv wnt#te #q Ki#Q|

evm#Ki PvtI i m#e` `vb

- th#Kvb RvgtZ evmK MvQ R#b#| Zte Zj bvgj Kfite Avs#kK Qvqvh# tFRv RvqMvq evmK fvj R#b#|
- eo MvtQi b#tPi Qvq#Z Gi Pvl Kiv hvq|
- cwZZ Rvq emZewoi Avtkcvtk I Lim RvgtZ Ges t#e#e#t# Pvl Kiv hvq|
- evmK mv_x dmj wnt#te RvgtZ Ges c#Ki cv#o, meiwR evMvb I Ab'vb` dmtj i Rvgi Pwii w`tk teov wnt#te Pvl
Kiv th#Z cvi# |

thmKj ~v#b evmK Pvl Kiv hvtebv

- cw#b Rtg _vtK Ggb RvgtZ evmK R#b# bv|
tctU#j Pwvj Z hvbevb th iv`vq P#j tmme iv`vq evmK MvQ j vMv#bv hvte bv| tKbbv evmK cvZv tctU#j P#
tbq| Ggb cvZv w`tq JIa nqbv|
- Liv c#b Gj vKvq evmK Pvl nq Zte cvZvi AvKwZ tQvU nq|

evmK Pvi# Drcv` b tK#kj

teW ^Zwi i ^vb ubePb

- teW ^Zwi i Rwg Atc¶vKZ DPznI qv c¶qvRb hvfZ e¶o ev eb^vi cwb mn¶R bv Rt¶g|
- Avtj vhp³, cwi^vi Ges evZvm Pj vP¶j i Dchp³ ^v¶b teW ^Zwi Kiv c¶qvRb|
- cwb i Dr¶mi KvQvKwQ teW ^Zwi Ki¶j c¶qvR¶b tmP m¶eav cvl qv hv¶e|
- teW ^Zwi i gwU tetj t^v-Auk Ges DeP ntj fvj nq|

teW ^Zwi

- GKKfv¶e evm¶Ki KwUs j vMv¶bvi Rb^ mvaviYZ 2 nvZ PI ov 10 nvZ j ¶¶ teW j vMv¶bv th¶Z cv¶i |
- c¶qvR¶b eo Rwg¶K f¶M K¶i GKwaK teW ^Zwi Kiv th¶Z cv¶i |
- teW mvaviYZ Rwg t_¶K 8-10 Bw^ DPzK¶i ^Zwi Ki¶Z nte|
- eo Rwg¶Z teW ^Zwi Ki¶j tet¶Wi Pwi w ¶K 8 Bw^ Mfxi tWb Ki¶Z nte|
- gwU i mv¶_ tMvei/K¶¶uv÷ mvi w¶g¶ktq tet¶Wi gwU ^Zwi Ki¶Z nte|

tet¶W gwU tkvab

KwUs ti vct¶Yi c¶e¶tet¶Wi gwU w¶w¶fbcx¶wZ¶Z tkvab Kiv hvq| GtZ gwU i At¶bK tcvKvqvKo Avs¶kK ev m¶u¶Y¶¶c `gb Kiv hvq| thgb

- mhZvc e^envi Ki¶j |
 1. KwUs j vMv¶bvi 10-15 w^ b c¶e¶tet¶Wi gwU h_vh_fv¶e ^Zwi K¶i fvj fv¶e cwb w^ ¶q t¶Rv¶Z nte|
 2. Gici ^¶Q A_ev Kv¶j v cwj w_b w^ ¶q evqv¶bt¶i vaK K¶i t¶X¶K i vL¶Z nte|
 3. GtZ mvi w^ ¶bi mh¶¶j v¶K cwj w_¶bi w¶FZ¶i tet¶Wi gwU i Zvcg¶v evote I At¶bKv¶tk gwUew¶Z ti vM-RxerYya¶sm nte|
 4. GOvov I At¶bK ¶¶wZKi tcvKvqvKo I AvMvQv `gb nte|
- tet¶Wi g¶a^ Li K¶lv c¶v¶tq tawqv I Zvc m¶v Ki¶j |
- i vmvqvbK `e^ e^envi Ki¶j |

Duj w¶Z w¶w¶fbcx¶wZ¶i g¶a^ t^ e^¶q, mnR I Kv¶¶i c¶wZ ntj v mhZvc e^envi K¶i tet¶Wi gwU tkvab Kiv|

KwUs msM¶h

^R^o-fv^ g¶v¶m 6-8 Bw^ j ¶¶ 3 wU wMUmn evm¶Ki cwi c^ Wj m¶ZR, mej I ti vMg¶p evm¶Ki Svo ev MvQ t_¶K msM¶h Ki¶Z nte| GLv¶b D¶j ¶^ th evm¶Ki KwUs ^R^o g¶m t_¶K fv^ g¶m chS-msM¶h Kiv hvq| Z¶e Avl vp-k¶eY (R¶p-Rj vB) g¶mB KwUs msM¶h ni DEg mgq| Gmgq msM¶xZ KwUs j vMv¶j 100% KwUs-G tkKo MRvq|

KwUs Gi t¶¶¶¶-

- cwi c^ Wv¶j i e^vm c¶q 1 Bw^ ntj ZvovZw¶o tkKo MRvq|
- cwi c^ Wv¶j i w¶¶Pi Ask t_¶K AvMvi Astk wMU te¶k Ges wMU t_¶K wM¶Ui `¶Zi Kg nI qvq fvj KvR K¶i |
- 4-6 Bw^ Wv¶j i g¶a^ Kgct¶¶ 2/3wU wMU _vKv c¶qvRb|

tet¶W KwUs j vMv¶bvi c¶wZ

- c¶¶tq 2 nvZ evB 10 nvZ mvB¶Ri teW ^Zwi Ki¶Z nte|
- c¶e¶Zwi KZ tet¶W 4 Bw^ cici KwUs j vMv¶Z nte|
- tet¶Wi Pwi w^ ¶K 2 Bw^ RvqMv ti¶L GKmv¶_ 352wU KwUs j vMv¶bv hvq|
- KwUs j vMv¶bvi c¶e¶c¶Z¶i vaK w¶¶m¶e Wvq¶_b Gg-45 w^ ¶q w¶v¶R¶tq j vMv¶j KwUs G tKvb ti vM evj vB Av¶¶gY K¶i bv|
- msM¶xZ KwUs GKUzew¶ktq (45 wM¶¶) K¶i tet¶W j vMv¶Z nte|
- tLq¶j i vL¶Z nte th KwUs-Gi GK¶U wMU thb gwU i w¶¶P _v¶K Ges 2wU wMU thb gwU i Dct¶i _v¶K|
- GB wMU t_¶K 15-20 w^ ¶bi g¶a^ ti w¶cZ KwUs-Gi Mv¶q bZb K¶i Wvj I cvZv MRv¶Z i i^ K¶i ¶e|
- GKB m¶¶_ gwU i w¶¶Pi Astk¶i g¶j MRv¶Z i i^ K¶i | Z¶e g¶j i t¶tq Wv¶j ea¶ nq c¶q w¶_Y|

evmK Pvi v/KwUs ti vcb c¶wZt

- GK eQi eq¶mi KwUs el¶¶ i i^¶Z g¶v¶V j vMv¶bv hvq|
- AvMvQv cwi^vi K¶i ti vct¶Yi Rwg ^Zwi Ki¶Z nte|

- cwi e`m A_er exRZj v n`Z Priv mveatb msMh Kti mi vmi RwtZ/iv`wi avti j vBb Kti tivcY Ki`Z nte|
- evmK MvQ tivcYi Rb` gr`v ev MZ`Ki`Z nte|
- 1 dU X 1 dU X 1 dU mvBtRi gr`v `Zwi Ki`Z nte|
- gr`v tMvei/Kt`uv÷ mvi gwU w`tq fivU Kti 7 w`b tXtK ivL`Z nte|
- 7 w`b ci gr`v Dj U-cvj U Kti Priv j vMv`Z nte|
- bvmf`x t`tK Dt`Evj Z Privi e`m tKtU Priv mveatb tei Kti grtV 2 dU `t`Zj vMv`q w`tZ nte|
- tKKomn 1wU evm`Ki Priv RwtZ tivcY Kiv n`j GK eQti Zvi D`PZv `wovq 3 dU|
- evm`Ki Priv j vMv`bvi 3 grtmi gfa` 4-5wU kvLv tei nq|

Drcv`b DcKiY

2 dU `t`Zj evmK Priv j vMv`j 5 kZisk RwtZ tgvU 500wU Privi c`qRb nq|

μ.bs.	DcKiY	cwi gvY
1	evmK KwUs/Privi msL`v	500 wU
2	tMvei/Kt`uv÷	3 f`vb
3	kigK/gRpi	01 Rb

cwi PhP

- grtV j vMv`bvi ci eQti `β evi AvMvQv cwi`vi Ki`Z nq|
- grtS grtS tMvovi gwU Kuctq Avj Mv Kti w`tj Dw`f`i evx` fivj nq|
- tivcYvEi PrivtK Mew` ci i AvμgY n`Z i`v Ki`Z nq|
- tFIR JIa wntmte evm`Ki m`úY`Dw`m`c wU e`envi nq|
- th tKvb mgqB evmK Priv j vMv`bv hvq Zte el`f` tgSmg Dchp` mgq (Rj vB- tm`P`af)|
- evm`Ki PrtI i tej vq Wvj -cvj v AZ`š-Ri`wi Kvi Y hZ Wvj -cvZv QuUvB Kiv nte ZZB cvZv teik MRvte|
- wovqZ Wvj -cvZv QuUvB Kij MvQ c`Z cvZvi Drcv`b A`bK teik nq|
- Liv tgSm`g Mv`Qi tMvovi gwU Avj Mv Kti w`tq tmP` c`vb Ki`Z nte|
- Mv`Qi ti vMv`vš-Wvj -cvZv QuUvB Kti w`tZ nte|
- Mv`Qi tMvovq thb cwb bv Rtq tmRb` cwb w`w`k`b`i e`v`v Ki`Z nte|

dmj msMh, i Kv`bv I msi`Y c`x`Z

- c`Z`K tgSm`g evmK cvZv msMh Kiv hvq| Zte 3 gvm ci ci A`f` eQti 4 evi cwi c` cvZv msMh Kiv thtZ cvti
- Priv j vMv`bvi 3-4 gvm ci 1g evi cvZv msMh Ki`Z cvti |
- Ggbf`vte cvZv msMh Ki`Z nte hv`Z cvZvi mvt` tKvb c`Kvi kvLv c`kvLv bv`v`K|
- cvZv msMhni ci Avj tZv`vte atq w`b`Z nte Gici cwi`vi PU ev gr`ji nvj Kv tivt` i Kv`Z nte|
- Ggbf`vte i Kv`Z nte hv`Z cvZv nrtZ tbqvi ci gwU Kij givi Kti tft`½ hvq| tLqj ivL`Z nte thb cvZv i Kv`bvi mgq evBti i gaj v-AveR`bv bv`v`K|
- cvZv i Kv`bvi ci Zv eo P`Ui e`v`M msi`Y Ki`Z nte Ges grtS grtS cvZv tei Kti nvj Kv tivt` w`tZ nte|
- mi vmi m`h`P` Avtj vq cvZv i Kv`bv hvtebv|
- Qvqvh`p` `v`b i Kv`Z nte|
- cwi e`v`M cvZv msMh Kiv hvtebv|

dj b

- c`g eQti MvQ c`Z 4-5 tKwR cvZv msMh Kiv thtZ cvti |
- 4-5 tKwR cvZv msMh i Kv`bvi ci c`q 1 tKwR (i Kbv Ae`vq I Rb) cwi gvY nq|
- c`g eQti 1wU MvQ t`tK 3 tKwR Kiv cvZv msMh Kiv hvq hv i Kv`bvi ci 0.750 tKwR I Rb nq|

mveatfvMx wbe`P`bi w`bqg

- th mKj mveatfvMx` i ewo Dp`Z Kiv nte Ges hv` i ewo`Z ch`f` MvQ j vMv`bvi RvqMv`v`Kte|

- Dī` vMx mjeavfMx Ges GKB Gj vKvq „QvKvī j vMvībvi mḡhvM AvtQ Ges mnḡR evRvi RvZKiY Kiv hvq|
- thvMvḡhvM e`ē`v fīj Ggb Gj vKvḡK cḡav` w` ḡZ nḡ|
- emoi cvḡki iv`vq mwi Kḡi j vMvḡbvi mḡhvM AvtQ Ggb Gj vKv|
- hvḡ` i emoi Pricvḡk 2-3 dU cici mwi Kḡi j vMvḡbvi chḡB RvqMv AvtQ|

emK j vMvḡbvi mḡhvM bv`vKḡj wK Kiḡeb

th Gj vKvq emK j vMvḡbv mḡē bq tmLvḡb vḡgḡj wLZ JI wa MvQ j vMvḡZ nḡ

K) vḡg (L) ḡej (M) Avḡj wK (N) ni ZvK (O)ēḡnov (P)ARḡ (Q)ḡZZj (R)Wvḡj g (S) Pj Zv (T)Rvḡḡv
(U) Kḡivḡv (V) KiḡPv (W) bvīḡKj (X) Wḡj BZ`w` |

Avw`ḡ mnvqZvi cvī wat

ḡKej MvQ μḡqi Rb` eivī KZ A_ē`envi KḡiḡZ nḡ| Abḡḡḡḡ thgb teov ḡ` I qv, cvī Phḡelḡqi LiP GLvb ḡ_ḡK
enb Kiv hvḡe bv| GB A_ḡmī vmi DcKvī ḡfMvḡK ḡ` I qv nḡ Ges ḡvmK vḡUḡs -G vel qvU Avḡj vPbv KiḡZ nḡ|